

NAIDOC IN KURANDA 2018 'Because of Her We (AN!'

NAIDOC is an acronym. Its letters stand for National Aborigines and Islanders Day Observance Committee, these days it is better known as NAIDOC Week and its purpose is to bring awareness of and acknowledgment to the histories of Indigenous Australia, as well as what is going on right here and now in the present.

NAIDOC Week has a different theme each year...which means we get to celebrate all the different and unique people and things that make us US. This year's theme was BECAUSE OF HER, WE CAN! which meant we could acknowledge

all of the amazing women in our lives.

This year we celebrated the brilliant, strong, resilient and empowering women of our community. We are blessed to have many strong and special women around to guide us in Kuranda and as they cannot all be named we would like to acknowledge and say thank you to all the mothers, daughters, grandmothers, aunties, sisters, cousins, nieces and special girlfriends for all the light and strength you bring.

Celebrations on Thursday July 12th began with a colourful street parade, joined by Kuranda Police, Kuranda SES, Kuranda Rural Fire Brigade, Mareeba Shire Council and quite a few visitors who happily jumped in and were carried along with us to the main event at the Kuranda Amphitheatre.

A morning tea was held for the Elders where they were entertained by the judging of a Damper Competition, along with a Poster and Writing Competition by students of Kuranda District State College. Thanks to Kuranda HACC and staff for contributing and making sure everyone had a good time.

There were many displays and stalls on the Amphitheatre terrace including Queensland Health, Kuranda Medical Centre, Kuranda District State College, Mulungu, Ngoonbi Sport & Rec, Bulmba Rangers, face painting, fundraising stalls and live radio from Bumma Bippera Media (BBM).

The Top Pavilion was beautifully decorated with coloured tables, posters and many interesting life stories written by local women.

The stage was immaculately set by Russell, Imogen and Stillwell and we were entertained throughout the day by MC Willy Brim, who had many colourful stories to tell. Wonderful music was provided by members of Zennith, Koahlition, Mantaka with an impromptu performance by "Kamo Koala and the Vaggaphonics". Great sound engineering was

provided by Dave Hart and Lunar Moon.

Then came a delicious Kup Mauri lunch cooked and prepared on site by Scotty Sam and the Oui and Gutchen families. Wow, it was amazing! The Kup Mauri pit was well used on the day, with two separate pits dug to hold the vast amounts of minya (meats), vegies and dampers.



PHOTOGRAPH LEFT VIA KOAHLITION REGGAE BAND BANNER PHOTOGRAPH VIA MORVA COLEMAN (RISE KURANDA)



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Conditions apply to acceptance of material. All articles submitted will be printed at the discretion of Production/Management and may be subject to editorial changes.

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The Association's stated objectives are to provide means of open communication in order to provide the spirit of community involvement and reflect the ongoing aspirations of the residents of the Kuranda area.

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Note: The views expressed in *The Kuranda Paper* including letters to the editor are not necessarily held by the Management Committee of this paper.

The **Management Committee** of the Kuranda Paper and the Kuranda Media Association Inc. is: Garth Owen – President

Helen Douglas – Vice-President Gayle Hannah – Treasurer David Gormley – Secretary.

Paper Production: Layout and Design Halley Design (David Gormley and Helen Douglas), Garth Owen, Gayle Hannah, Seren Starlight (Arts Page and Website maintenance), Kitty Clignett (Music Page), Toni Rogers, Sue McArthur and Wendy Day (Proofreading) as well as numerous valued paper folders, distributors and of course, our many literary contributors.

THE KURANDA PAPER IS ONLINE www.kurandapaper.com

DEADLINES

Edition 302/2018 All copy by 10.00am Thursday 23rd August 2018

however, we would appreciate you not waiting until the deadline to send it.

The earlier the better! Thank you.

Paper Published Thursday 30th August 2018

Management cannot be responsible for any copy missing deadline.

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Artwork preparation by	v aunte	(See note above.)	



Please keep your letter to the point and under 250 words. All letters are subject to editing. Anonymous letters or those of doubtful origin may not be published. Correct name, street address and phone contact are to be submitted with your letter. See left for postal and email addresses.

Wonderful Workshop

I had the delightful pleasure with 10 others of attending a two day workshop over the weekend 14th/15th July at Cantata Studio, Kuranda. We were privileged to be taught and entertained by USA master fibre artist Polly Jacobs Giacchina.

Grateful thanks to celebrated local artist Toni Rogers who kindly hosted the workshop at her studio. Toni's extensive preparation, steadfast hard work to ensure we all enjoyed ourselves was very much appreciated by all in attendance. Loved your date loaf.

Well done Toni. Can't wait to see what and who you host next time.

Sandy Ryan, Kuranda Resident

Recycling

Mareeba Shire has installed recycling bins in Kuranda which saves those of us in the village a trip to the tip. I'm sure most of us appreciate this and leave only the recyclables indicated (glass, plastic, tins...). But under the sign NO CARDBOARD OR PLASTIC BAGS I often see cardboard, and some folks put their bottles etc. in plastic bags in the bins. If this is a message to Council to include cardboard and plastic bags in their recycling regime, it isn't working. Try a different approach. In the meantime, I'm sure the extra, unnecessary handling required by this lack of respect is not appreciated. We risk losing this convenient 'inner village' recycling depot if we all don't do the right thing.

Name Supplied

Opt Out of Deliver of LocalSearch?

Recent "deliveries" of LocalSearch paper phone books to Kuranda left a lot to be desired. Dozens were left on the dirt outside homes and if not picked up before the overnight rain were left soggy if not totally destroyed.

I contacted Localsearch through Facebook, and the lovely Louise offered to send me out a new one.

When I explained I didn't want any at all thank you and had tried to find out how to cancel future deliveries, Louise took my address for their distribution manager.

I asked for an email address for others who also want to opt out of Localsearch directories. And received this message:

"At this point in time, to ensure your friends' requests are processed correctly, it is best if they can contact us via email at angus@localsearch.com.au with their home address details, letting us know they would like to opt out of the directory. That (my suggestion for an opt out of deliveries button for the LocalSearch website) is an excellent suggestion, and I do believe this is an avenue that is currently being explored! Thanks again Gayle and have a lovely day."

So to cease getting LOCALSEARCH paper phonebooks, send your address with a request to stop future deliveries of directories to angus@localsearch.com.au

And to opt out of the WHITE/YELLOW-PAGES directories

follow this link – https://www.directoryselect.com.au/action/cancel.

Millions of unwanted and unnecessary paper phone books go into landfill every year in Australia. What a waste. OPT OUT NOW.

Gayle Hannah



COMMUNITY MEETING

FRIDAY 24TH AUGUST 2018 6.30PM at the Sports and Recreation Centre

"Proper Planning for Our Region"

- Barnwell Road/Leila's Way Subdivision Update
- KUR-World Environmental Impact Study Update
 Koah Airstrip Update
- * MSC Decision Making Code vs Impact Assessments
 - Lack of Representation and more

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MERDJANIC, Hasan

Passed away peacefully on 16th July 2018 Aged 66 years

Hasan will be missed by all who knew him.

A Memorial Service was held at Hasan's home on 26th July 2018.

Voluntary Conservation Program Commences

Thank you to Kuranda Region landowners who have already helped start the conversation around protecting our forest and wildlife for our families of the future. The local **Kuranda Region Voluntary Conservation Agreement Program** kicked off with the Info Session on 19th July 2018 where landowners had the opportunity to gather information from Scott Buchanan (WTMA), Keith Smith (DES) and Lisa Gale (DNRME) about the best available mechanisms to save native forest mapped as 'Essential habitat' on freehold land.

Only 20-25% of former cassowary habitat remains and much of it is still under pressure. Kuranda Region is 100% Cassowary Country. Protecting what is left of the narrow north-south ecological corridor (in Kuranda) is critical to the overall health of the Wet Tropics bioregion and the gene-transit of all species.

The rural land buy up by 'treechangers' in the 1980s and 90s started critical work to repair the damaged corridor here in Kuranda Region. The work continues to secure freehold land for wildlife to prosper now and to secure habitat for future generations. Customised mapping has already been provided to 50 properties and will be provided to all freehold landowners in the coming months. Thank you to everyone for your participation!

The KRVCAP Team krvcap@kurandaregion.org

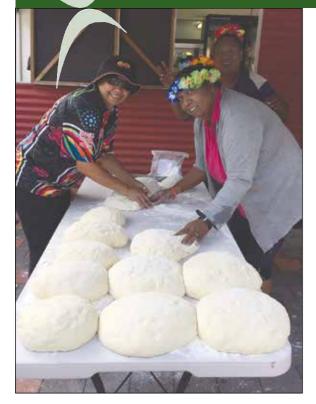


Protect My Habitat



2 August 2018 THE KURANDA PAPER

NAIDOC IN KURANDA





continued from front page

For the Kuranda NAIDOC organising team, NAIDOC in Kuranda is a pretty special way to bring our entire community together to celebrate a day of learning, sharing, yarning and growing from our experiences throughout NAIDOC Week, not only as individuals but as a collective...an all-inclusive community – Kuranda, the place we are so proud to call home.

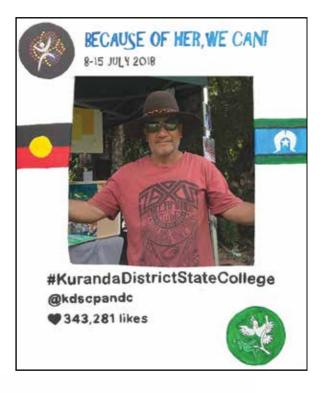
For the last five years Kara Dewey Ross has helped coordinate Kuranda's NAIDOC celebrations, with each year getting bigger and better. This year's planning started in November 2017 with open invitations to community members to be a part of the team. There are many people and businesses to thank, but the biggest thanks goes to the Kuranda NAIDOC team – Kara Dewey Ross, Nicky Gibson, Beatrice Sam, Mandy Dewey, Sonya Richardson, Liza Dewey, Candice Hunter and Summer Campbell. Because of them, we could!

Many local residents and local and regional businesses kindly donated prizes/vouchers for the day so we had Best Dressed, Poster, Writing and Best Damper competitions, raffles and lucky door prizes. All winners were extremely happy with their prizes and we'd like to take this opportunity to thank all sponsors of the event, and thank you to financial supporters RISE, Kuranda Amphitheatre, DTAC, Ngoonbi, Dept Prime Minister & Cabinet, and in-kind support from Mareeba Shire Council. And thank you to Thea Buthmann, Irene Hunter and Gayle Hannah for the donation of their beautiful hand-made blankets.

Many community members gave precious time to make sure the event was the great success it was, big shout out to Lynda Bell for the posters, flyers, and everything advertising, to Tim Gronwold for taking the time out to help get the venue set up, to the RISE crews who assisted heaps in the week leading up to and after NAIDOC Day including the great photography recording of the day, your help is always greatly appreciated. All in all it was a massive effort to hold this event and we hope next year to see even more community involvement in the organisational side of the day.

We hope that everyone who came enjoyed themselves and look forward to next years' Official Kuranda NAIDOC Day!
Thank you from NAIDOC Kuranda.























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"The view from here"

A monthly column by Michelle Murray-Beckman offering a glimpse into Kuranda's bespoke rainforest architecture along with interviews with residents who share with us why they have chosen to call Kuranda home.

You may be forgiven for thinking that Peter Potter is related to Harry Potter – for like Harry, Peter is an alchemist.

To get to his studio where the magic happens, a path winds its way past the faded glory of claw-footed enamelled cast iron bathtubs full of purple waterlilies, tadpoles and guppies. Guarding one is a porcelain figure of Poseidon and in another, sitting

in quiet contemplation of his generous girth and navel is a glazed representation of Shiva as a young man.

Once past the porcelain guardians, the next crossing to be made is through Bar Shouldered doves, Peaceful doves, native finches and my favourite — the Emerald pigeon — all jostling for the seed that Peter throws on the grass at the entrance to the studio. The pigeons make their way in and out of the studio, sharing the spaces and calmly picking up any stray crumbs. Wind chimes and the cooing of the doves set the scene for a practice devoted to artistic expression achieved via the art of high temperature fired ceramics.

Peter's studio is a series of open timber structures that house his workshop, his three kilns, wood storage, and a space where the finished items such as drum stools, figures, and vessels are kept. Overall the spaces are clean, neat and humble – there is not a whiff of pretension in this work space. What is immediately apparent, however, is a joyful sense of creative intent underpinned by technical knowledge – both the scientific and the philosophical side of the ceramic equation.

According to Peter, you must know your ceramic chemistry – I see notebooks with recipes for glazes, there are test rings and glaze colour palettes on benches. We talk about the composition of different clays and Peter reels off the recipe for Celadon (equal parts Calcium, Kaolin, Silica, Feldspar and 1% iron). He shows me rock dust (Basalt) from Tichum Creek and holds two finished mugs up to the light to demonstrate different clay bodies.

He enlightens me on the required temperatures for earthenware (1000–1100 degrees) and I now know

that if I can get my Smeg oven up to that temperature I can make my own bricks. However, if I want to go pyroplastic then I will need to push it to more than 1220 degrees and then I'm making high temperature stoneware and porcelain.

Woven into this discussion is more detail about how different features occur in the glaze and that the management of the heat is vital to achieve the desired outcome. Peter points out areas where ash has landed on the object and affected the surface – a little blob of hardened ash which to some may be considered an imperfection, to me makes the character of the piece – gives it its life. It is quite extraordinary how complex and how delicate the process is to create a simple rice bowl. Which brings me to the philosophical aspect of Peter's ceramic practice.

"Wu Xing". This phrase in English and Chinese characters is written on the studio wall. Also known as the Five processes or the five types of Chi dominating at different times, Peter explains it as 'No Mind No Form' and so to him, it is to use those five elements – wood, fire, earth, metal and water and 'be loose with the concept and the action' of making a pot.

I ask him if it means that one employs intuition to make a pot and we discuss that there may be two pathways to arrive at this destination. The first by using technical knowledge and intuition and the second using intention and intuition to achieve a purely serendipitous result. At this point in the discussion, Peter refers to the Taoist potters being esoteric and the Confucians as being scholastic. He talks of 'The Eccentrics' in all of the Arts of the Tang Dynasty. I think to myself that we have a marvellous eccentric right here in Clay Lane.

I ask Peter about his training and he describes himself as a ceramic student, such is his humility after 50 years of constant artistic practice. One of his great influences is the English potter Bernard Leach. Leach teaches that in the making of a pot are hidden all the potter's experience of beauty. That the pot is the man: his virtues and his vices are shown therein — no disguise is possible. And that the fundamental truth of making a pot is 'the breathing of the universe in the particular.'

Peter began his studies at the National Art School in Sydney returning later as Artist in Residence; won The Australia Council grant to study with Dennis Parks in the United States; was invited to participate in the Honours program at Monash University; completed his Graduate Diploma in Fine Arts in Nanging China; and as Artist in Residence at the Sri Ambullo Ashram in India, built the only Japanese style Anagama kiln in India which operates to this day. He is represented in many public and private collections both in Australia and internationally.

And whilst he may view himself as a student he has, for many years, hosted interns from all over the world so that they can work on their craft with Peter's guiding eye. I meet one of Peter's fellow potters who also works as an architect and ask him his opinion of Peter. Peter rushes to leave the studio so that his friend,

Russell, can speak freely of Peter's work "...a lifetime of experience informs an unconscious creative ability". Peter pops back in on the tail of that quote and laughs "I am an aficionado of the happy accident" which of course is another way of saying 'No Mind No Form', but it is clear that Peter is dedicated to his art and that his art is his life and his life his art.

He has a wonderful sense of curiosity about his work and is constantly working on research and development using alchemy in an attempt to make the 'golden egg'. This brings a palpable sense of freshness to his work. During one of my visits to the studio I am fortunate to witness the firing of one of Peter's three kilns, the "MacDonald Leslie", and the subsequent unpacking – it feels like opening a gift box and I hold a still warm tea cup that feels right in my hands. It is inscribed with the scholarly quote "theory evolves from successful practice". In my support of the Arts I will be taking this home with me.

Peter is understandably proud of his kilns. The largest of the three is an imposing curved structure approximately 4 metres in length – an Anagama kiln named Little Dragon III. The Anagama kiln is a Japanese version of the climbing dragon kiln of

South China and indeed it does climb up a specifically calculated slope to the chimney. With the fire at one end and the flue at the other, objects are stacked up the slope. When fired up Little Dragon III will burn for 80 hours continuously. Peter and his interns take 6 hour shifts to ensure the correct temperature is maintained. It will then take 4 days to cool down. There is a second smaller wood fired kiln with a fancy French firebox that burns for a mere 20 hours and takes only 1 day to cool down.

Behind the kilns a path leads to Peter's house which he describes as 'the Hideout'. The path is overshadowed by a sprawling Fig tree which, as a sapling, was planted in the crook of an existing Wattle tree in the early 1970s. Around the Fig's base are porcelain figures, a small porcelain Temple and bits of broken pots. In fact, all around the pathway the rainforest floor looks like an archaeological dig site – the history of over 40 years of making – some pieces intact and others broken shards. Interestingly, it is quite beautiful – tree roots have grown around some pots and figures and the soft forest floor gathers around the bits and integrates them so that they become part of the natural terrain.

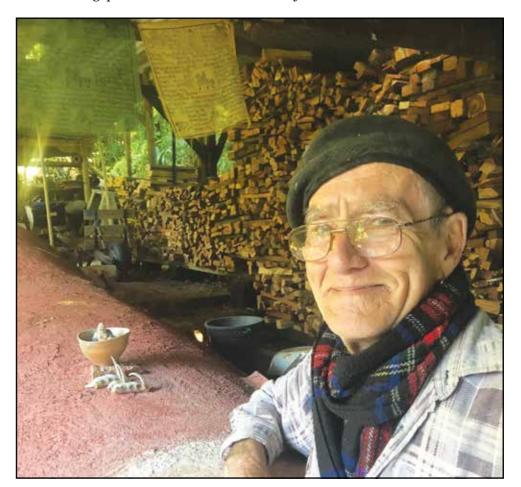
The Hideout sits on a ridge overlooking a palm studded slope and is constructed of mostly second-hand materials. It has the sensibility of a pavillion – open sides that cantilever out over the slope and free flowing spaces. Peter shows me a brick inscribed with 1974, which means the house pre-dates any requirement for Council approval. There is art everywhere – marvellous paintings by local artist friends, pottery of course and a central fireplace which

forms the centre of the home. The house is painted a pale blue both inside and out and as such feels to me as if it floats gently above the ground.

There is a very particular energy at Peter's studio and house which is difficult to describe. It is gentle yet playful. Serious yet light. Some might say very Koan Zen. It is reflected in a quote that sits above Little Dragon V "Not for the fish I go fishing".

I will finish with another quote by Bernard Leach which for me sums up Peter and his environment: "to make a thing as well as it is possible to make it, is close to admiration of life itself. It is man's necessity, and at the moment of perfection there should be no gap between the maker and the object."













KURANDA DISTRICT STATE COLLEGE is the regional award winner in Far North Queensland for The QUT Showcase Award for Excellence in Inclusive Education. Our project – *Unity in Diversity* – Whole School Support Model, is now a State finalist in the Showcase Awards for Excellence in Inclusion, to be announced on Monday 30th July 2018.

In 2016, the 'Whole School in Class Support' model was redeveloped to align with the professional learning, support and values of Kuranda District State College. This model includes all support staff; specialists, Head of Inclusion, Teacher Aides and learning support, as well as leadership. This model of inclusion moves away from segregating students with learning difficulties and special needs in separate learning environments. Our model uses data to identify individual student needs for all students ensuring we meet the legislative requirements to guarantee all students are able to access and participate in quality education. What we have seen at Kuranda District State College is an increase in confidence in all students to engage in mainstream education, an increase in all teachers to meet the needs of all students, and an increase in co-operation between students as they recognise and value the diversity each individual brings.

The Whole School in Class Support model has been externally and independently assessed and then shared across the Department of Education in late 2017, with the new 'Every Student with Disability Succeeding' web page (http://education.qld.gov.au/schools/disability/setting-expectations.html) featuring Kuranda DSC success, through a short vignette of our inclusion journey.

By embedding 'Unity in Diversity' across the college, every student is now accessing the Australian Curriculum in a mainstream classroom setting every day. We engage teachers and leaders to work collaboratively to improve student results, improve student behaviour and improve teacher capability. For Kuranda District State College, the challenge for continued improvement and success to ensure our school is a reflection of our community and commits to make certain that every child who walks into our school is included. Through ongoing support of instructional leaders, successional leadership training and the shared belief in that every teacher can teach every student, every day, in every class, we will continue to strive and improve all students learning.







Focus on Kuranda

Focus on Kuranda Photography Group is a Facebook group initiated by local resident Liz Tonkin.

The group aims to share images of Kuranda and the immediate region and is open to anyone – resident or visitor.

It's also open to photographers from beginners to professional and using any kind of medium from fancy cameras to smart phones.

The Moderator of the page has advised *The Kuranda Paper* that the photograph that has received the most 'likes' this month from 27th June to 24th July is Gerhard Hillmann's "Rainforest scorpion carrying a full back of young ones. Mother nature. (*Liocheles waigensis*)"



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Kuranda Historical Society

Objective: "To receive and preserve historical items from, or relevant to, the Kuranda region and display them appropriately to as wide an audience as possible."

We are happy to announce that we appear to be just one hurdle away from securing a home base from which to start receiving, cataloguing and digitalising items. That last hurdle is the bane of every community organisation's life... insurance. We now need to take out public liability, volunteers' insurance and of course contents insurance. We are actively seeking quotes but estimate in total it will amount to somewhere between \$1500 and \$2000. And we need to have it before we can occupy the space in Centenary Park Council has been generous enough to offer us. Thus far, we have been able to stand on our own feet, through personal donations by members of the working group, in covering the costs of incorporation and other small costs. But now we need to ask if any local business or local residents, interested in seeing Kuranda history preserved and shared, might be willing to either sponsor or donate towards our next lot of establishment costs. Insurance is the only big ticket item we have to cover at this point. Any support would be gratefully received. Please contact KHS at either kurandahistory@gmail.com or by post c/- PO Box 66 Kuranda 4881.

Our bank details are: Kuranda Historical Society Inc. BSB: 633000 ACC:163016926 (Bendigo Bank Kuranda).

In addition to meeting our costs so far, without needing to ask for wider community support, we have already received two small grants from the GLAM (Galleries, Libraries, Archives and Museums) Peak Digital Access to Collections project (supported by the Commonwealth Government through the Catalyst Arts and Culture Fund). The result being that we now have a basic but adequate technical set up to begin collecting, cataloguing, recording and digitalising items. And we hope to begin doing so within a month or so, soon as we can move into our office space.

Having reached this point we are now pleased to be able to say... come join us. Annual membership fees for the Kuranda Historical Society (INC) are: \$15.00 single, \$10.00 concession and \$20.00 family. Benefits, we hope, will increase as we grow and will include a monthly members' newsletter, assistance with historical items, special events and guest speakers, a vote at the AGM and the opportunity to participate in and help grow this community group. To join please email us at kurandahistory@gmail.com or by post c/- PO Box 66 Kuranda 4881. Welcome all.

KHS: President Dugg Stratford, Secretary Annie Clarke, Treasurer Gayle Hannah.

This month's Kuranda historical moment is the day "Big Mama" went down the mountain. From 1971 to August 7th 1978, if you were to pass by the Speewah turnoff you were met by the unlikely sight of a 57 foot ferro cement boat in various stages of completion. Over the years, it appeared in several magazine and newspaper articles including the old Australasian Post magazine. Usually with a jocular caption along the lines of "Do they know something we don't know?". This was before talk about "global warming" became common so most jokes were biblical in nature.

Those too were the days of big game marlin fishing out of Cairns and the Big Mama was built by various residents and guests of Rosebud Farm over seven years, under the skippership of Kim Haskell, with the dream of one day taking it down the mountain to Cairns before sailing it to its intended home port of Bloomfield.

That day came in 1978, on August 7th when it left Speewah, arriving in Cairns and being lifted into the ocean on August 8th. It travelled along the Old Kennedy Highway through Kuranda (this being previous to the highway bypass) recording a Kuranda landscape much changed over the past forty years.

Photo by Deacon Chapin, courtesy of Kim and Anni Haskell: *Riding the bow down the Kuranda Range Road.*



Kuranda Historical Society c/- PO Box 66 Kuranda 4881 e: <u>kurandahistory@gmail.com</u> Facebook: Kuranda Historical Society



KURANDA YCA COMMUNITY TASKFORCE

VOLUNTEERS NEEDED





🔀 yca@envirocare.org.au 📵 www.envirocare.org.au



Kuranda-Yellow-Crazy-Ant-Community-Taskforce

JUNE FIELD DAY A SUCCESS

The June field day was a huge success with 15 incredible volunteers coming out to help with the hand treatment of the 44ha infestation area in Russett Park. The aerial treatment in the open paddocks minimised the area we had to treat by hand and steep terrain was completed by the Wet Tropics YCA team. This ongoing support for the Community Taskforce is greatly appreciated.

The next delimitation survey in August will determine where YCA remain and this will be followed up again with another field day treatment session in late August or early September. We hope to see you

there, new volunteers are always welcome and no experience is necessary.

YCA numbers are at an all time low, with such low densities we have had to modify our monitoring methods to now include visual surveys as ants were not showing up on the lure cards due to lack of YCA presence. This is



great news so please stay tuned for the ongoing progress of this exciting eradication effort. If you would like to see the tracks map of where we treated please check out our FB page or contact us on the details below.

Date Claimers—Upcoming Activities

- Tuesday August 7: Monitoring (every 6 weeks)
- Saturday August TBC: Boundary and delimitation survey
- Saturday September 8: Field Day

For more information or to get a check on a suspected YCA, email vca@envirocare.org.au or call project coordinator Sylvia Conway 0409 647 714

Photo: YCA Taskforce volunteers and WTMA staff taking a break after their awesome efforts treating at Russett Park.



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Anzacs and Far North Queensland

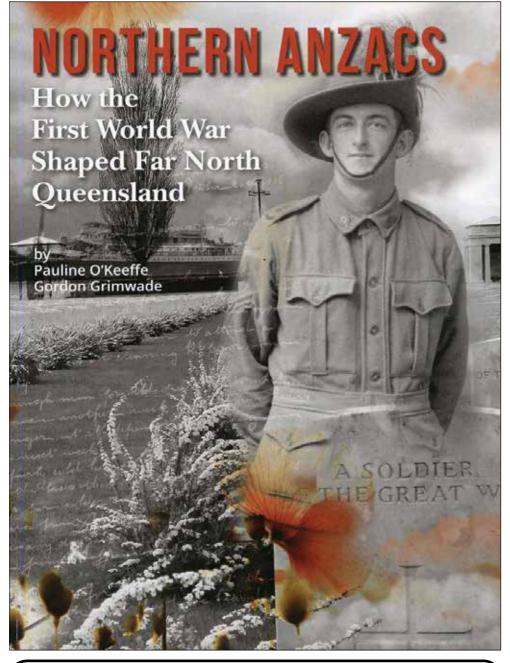
Cairns Historical Society recently celebrated the launch of a new publication, Northern Anzacs: How the First World War Shaped Far North Queensland in conjunction with the opening of the exhibition Northern Anzacs in the Museum's temporary gallery space.

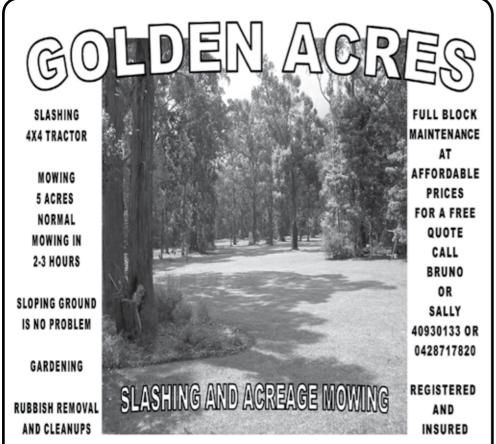
The authors spent many months gathering information on all aspects of the war and its effects on the local population in north Queensland. The publication features photographs from the Cairns Historical Society collection and vignettes of the people involved.

"Modern Far North Queensland has evolved dramatically since the First World War when over 1,500 of its population enlisted as part of Australia's war effort.

"Those left behind provided support and solace and lived in hope that they would not receive sad news from the front lines. It was a conflict that resulted in 17 million deaths worldwide, the displacement of even greater numbers and unimaginable pain and suffering that took many more to early graves."

Copies available locally from Kuranda Visitor Information Centre.





DJINDJIMUNDJI (2)

Djindjim malara-djada wuna-wunang bulngan-da Ngunbanydja

Dewdrops and spiderwebs lying on the ground here in Platypus Place



Haiku and photograph by Michael Quinn

This time of year, wintertime, is called DJINDJIMUNDJI time of the morning dew, here in Ngunbay, Platypus Place (Kuranda).

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The Red House 24 Coondoo Street Kuranda

August 2018 THE KURANDA PAPER



NEXT MEETING:

Wednesday 22nd August 7.00pm at the Green's house, Kuranda

Ring David on 0439 700 040 Everyone welcome.

Land Clearing Controls Tightened

A few months ago the Queensland Parliament finally passed amendments to vegetation management regulations across the state. This effectively reinstates the laws that were gutted by Campbell Newman and his short lived LNP government in 2013. It's taken five years, but the Labor Government has delivered on its election promise. Tellingly, the LNP and Katter Party all voted against the new laws, once again displaying limited regard for the natural environment.

The new laws control highly destructive practices such as thinning, as well as protecting remnant forests and habitat for threatened wildlife. Also protected is high-value regrowth, including the river catchments along the Great Barrier Reef, which should prevent clearing of regrowth along the Barron River. There will also be increased compliance by government departments to reduce illegal clearing.

Since 2013 over a million hectares of forest and bushland has been wiped out across Queensland, killing tens of millions of native animals. In the Reef catchments, official data shows that 596,000 hectares of forest was cleared between 1st July 2012 and 30th June 2016. This is simply a disaster, increasing sediment and runoff that smother coral reefs and sea grass meadows. Queensland now has the dubious record of achieving some of the highest rates of clearing anywhere in the world, with most of it done by the cattle industry. Let's hope the new controls stop the bulldozers and achieve a massive reduction in the clearing rate.

These laws are a start to protecting and restoring the land – but we need to do much more. Reforesting cleared land should be the focus of efforts over the coming decades. Much work has been carried out in the Barron River catchment and this is a great foundation to reforest the landscape in Far North Queensland. We need to bring back the tall lush rainforests and eucalypt bushlands to those areas that have been lost. Governments should set ambitious targets for reforestation programs, and provide good incentives for landholders who want to achieve large scale outcomes.

Being paid to grow forests to soak up carbon has great potential – but there needs to be a complete change in how land is managed. Many landowners protect habitat and wildlife on their land – but many still do not and have limited incentive to do so. Sustainability needs to be more than clever marketing and advertising, and a complete shift in practice by everyone who owns or is responsible for land.



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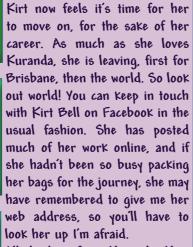
Sorry there's hardly any white space on the page this month. It's nearly all pictures, but this is Kuranda, we don't mind. I'm hoping all nad a great time at the NAIDOC celebrations. did. And what a great experience it was (as always) to see the sharing of cultures and the recognition of Australia's first people. As all who live here know, Kuranda draws the creative in, and draws their creativity out. It's ust like an eternal fountain of art, music... life. So this August let's all make like the neurons n Kuranda's collective consciousness and start etworking. Happy August Art Lovers,

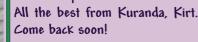
Artist Kirt Bell, "The Blue Fairy", is leaving Kuranda

















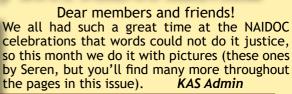


Farewell Kuranda, love you, Kirt ...



Amphitheatre News - August 2018 NAIDOC at the AMPHITHEATRE

Images from the July 2018 NAIDOC festivities











Membership Forms available from: www.kurandaamphitheatre.org or "The Honey House", Therwine St. All enquiries: www.kurandaamphitheatre.org email: support@kurandaamphithre.zendesk.com Support enquiries are accessed daily.





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Masterclass Coming Up for Mollie Bosworth

Mollie Bosworth is travelling to New Zealand as an invited demonstrator at "Express Ceramics" Ceramics New Zealand's 2018 Convention in Wellington, from 10th-12th August.

The theme this year is surface exploration and Mollie will be demonstrating her unique decorative techniques and doing a presentation of her artwork. While in Wellington, Mollie will also be teaching a masterclass workshop with her colourful clay techniques.

Drawing Time in Ubud

On a recent visit to Ubud, Bali, Arts Co-op member William Wakefield was curious to know if there were any life drawing classes. He found Pranato's Art Gallery on Goa Gajah Road. Pranato has been at this particular gallery for over seven years and is now well established as 'the place to go in Ubud for life drawing'.

Classes were available with varying drawing sessions from 5 minutes, and ending up with some fairly long poses of 20 minutes.

Pranato is an accomplished artist himself with a lot of his colourful paintings on display in his gallery.

William recommends "a taxi to get there, but ask Pranato about the paddy field route back if you enjoy a good walk".



Not a Wasted Moment

Two full days of plant material weaving gave USA master fibre arts tutor, Polly Jacobs Giacchina, little time to take in the local sites.

Polly was hosted by Cantata Studio, Kuranda, for this intensive workshop. The results by the participants were spectacular, to say the least, each extending new-found techniques into the formation of colourful sculptural artworks.

Toni Rogers, Cantata Studio, would like to thank

neighbours and friends who donated vines and plant materials for this workshop. Thanks also to

Coralie Wason, Rhonda Brim and the Kuranda Weavers for inviting Polly, during her short stay in Kuranda, to join in a weaving session with them. These indigenous traditional weavers learnt something from Polly and she certainly learnt something from them.







KURANDA

Creativity is inventing, experimenting, growing, taking risks, breaking rules, making mistakes, and having fun.

Mary Lou Cook

20 Coondoo Street, Kuranda • 4093 9026 www.artskuranda.asn.net.au

Let's talk about a Cultural Art Centre in Kuranda

KURANDA is badly in need of a venue where local and visiting visual artists, performers, cinema buffs, movie makers and other artists can exhibit and perform for locals and visitors alike. Despite the wealth of creative talent in the village, there is no such purpose-built venue available year-round. As such, we are rarely considered as a venue for touring artists, and local artists have to go to Cairns or Atherton to set up professional shows. Why are they not able to exhibit/perform in Kuranda, which welcomes hundreds of people every day?

A six-member International chamber orchestra recently played in St Saviour's church and performed to a packed house. It was a great performance, complete with a warm welcome that included a lovely afternoon tea break, but the cosy church could only accommodate a limited number of people on its benches and there was limited performance space for the musicians. The Amphitheatre, with its Understage, is a unique and important venue, but can't accommodate visual artists. Kuranda is uniquely placed to draw large visitor numbers to a centrally located performance/gallery space which could serve as a venue for more that just those of us in Kuranda, showcasing talent from across the shire and beyond. The success of the End Credits Cinema Club in Cairns is a good example of a local initiative filling a gap for independent films and drawing people from beyond Cairns.

Our Dream, or What Do We Want and Where Do We Want It?

Let's imagine a space with three or four areas:

- A performance room with good acoustics, comfortable seating and a stage
- An exhibition room: easy access, good lighting and hanging system, secure, and with a stock room

- A retail shop similar to the Arts Co-op to sell local art and craft products. This is a way to provide income, possibly making such a centre partly self-supporting
- A multi-function room for demonstrations, workshops, etc.

While a workshop and performance room could be set up near the Library, an exhibition area and retail shop must be in the tourist centre of Kuranda, where it can cater to our national and international visitors.

Several land parcels and buildings are currently vacant in the Village and could be of interest. For example, the two lots for sale on Thongon Street opposite Foodworks, the Venom Zoo (no longer operating), the Fire Station (doesn't need to be in a prime commercial location in the Village centre), the land adjacent to the Police Station, the original Tjapukai Theatre (performance space). Or one could dream bigger and challenge an architect to design a centre on 'stilts' in the all-day parking area opposite the Post Office and Op-Shop, with a small entrance from Coondoo Street (the steps are already there), another on Thoree Street. Current parking would be preserved.

What Next?

- 1. See if support for this project is shared by others in Kuranda
- 2. Form a group to sell the idea to the Shire, the Queensland Government, the Commonwealth, the World (yes, we could involve visitors)
- 3. Research the way existing Cultural/Art/Performance Centres are set up and operate in other outlying parts of Australia.

If you are interested in being part of a working group to discuss and pursue this dream/project, please contact: artscentrekuranda@gmail.com. Thanks for reading.

Henri Hunsinger



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KURANDA UPCOMING EVENTS

SUNDAY 29TH JULY
Mandala Cafe
++ WIND & WOOD ++
10.00am - 1.00pm

FRIDAY 3RD AUGUST
Kuranda Recreation Centre
++ MAGGIE HELENA ++
Fundraising Dinner & Show
hosted by Krishnas Kitchen
See article for more info.
5.30 - 9.00pm

SATURDAY 4TH AUGUST Kuranda Riverboat Rainforest Concert with THE STRING FAMILY 4.15-6.15pm

> Koah Hall Markets ++ LIVE MUSIC ++ 9.00am - 12 noon

SUNDAY 5TH AUGUST

Mandala Cafe
++ BLUE REED ++

10.00am - 1.00pm

SUNDAY 12TH AUGUST
MANDALA CAFE
++ SOUL BUTTER ++
10.00am - 1.00pm

SUNDAY 19TH AUGUST
MANDALA CAFE
++ SECRET TUESDAYS ++
10.00am - 1.00pm

SATURDAY 25TH AUGUST
KURANDA REC. CENTRE
Fundraising Dinner & Show
++ MAGGIE HELENA ++
supported by
++ THE GECKOS ++
with Krishna Kitchen Food Van
From 6.00pm

SUNDAY 26TH AUGUST
MANDALA CAFE
++ MICKEY GEE ++
10.00am - 1.00pm

SUNDAY 2ND SEPTEMBER
THE BILLABONG
++ JEANETTE WORMALD TRIO ++
1.00 - 4.00pm

FRIDAY 12TH OCTOBER

Koah Hall

PUBS MEETS REGGAE

++ CHARLIE P (UK) ++

++ PUB TERMINATOR (NZ) ++

KING B FINE (Africa-Aus)

RAS STONE (Ghana-Africa)

Music in Kuranda



Maggie Helena

Fundraising Dinner And Live Music

Kuranda Recreation Centre Friday 3rd August & Saturday 25th August

Maggie Helena is a young Indie artist with ever so sweet sounds pouring out of her veins. Falling somewhere between the genres of dream pop and folk rock, Maggie's songs show maturity beyond her years. With a sound that is constantly changing and developing as she navigates her way through the latter half of her teenage years, Maggie's music eloquently depicts this complicated time through her exploration of themes such as love, loss and desperation. Having opened for Kate Miller-Heidke during the Commonwealth Games last month and playing around the Cairns region at venues such as the Tanks and NOA, Maggie's music career is gaining momentum.

With plans to release a debut EP in the beginning of 2019, this is only the beginning for what this young singer-songwriter will achieve. **Maggie** is now ready to record her EP but is needing help to fundraise the \$5000 needed to do so. **Krishnas Kitchen NQ** is hosting two special fundraising nights with **Maggie** performing upstairs at the **Kuranda Recreation Centre** on **Friday 3rd August**, and downstairs on **Saturday 25th August** supported by **The Geckos**.

For locals familiar with the regular Krishnas Kitchen offerings at the Rec Centre, 100% of the 'extra' on the ticket price is going to **Maggie Helena** to record her debut EP. Menu is to be released closer to the date. Limited seats available. Tix for 3rd August are \$30 p/adult and \$12 p/child. Bookings are essential for both takeaway and restaurant. Vegan and GF fully catered for. For all enquiries, call or text Krishnas Kitchen ph. 0473 439 405.





Kuranda Riverboat Rainforest Concert with The String Family

Saturday 4th August 4:15-6:15 pm

Join the Kuranda Riverboat for a Rainforest Concert with this wonderfully talented family.

A family of classically trained string players on the road full time, bringing new funky music to people around Australia. The String Family features 2 cellos, 2 violins, voice and percussion and incorporate their unique story of life on the road as Australian musical gypsies with toe tapping Celtic, folk, world and classical crossover music.

The String Family, started touring in February 2016. As they head towards 100,000 km, 24 months on the road and over 300 performances, this quartet of high calibre musicians give their audience quality music played with style and passion. All classically trained, a mixture of classical crossover and Celtic is combined with groovy beats and interwoven with their stories of full time life on the road. Often referred to as Australia's own *André Rieu*, they bring

the incredible versatility and tonal qualities of the classical violin and cello out of the orchestral context and to the people. You'll catch them busking, performing at festivals, headlining shows or providing entertainment at corporate functions.

On their musical journey they have received numerous awards for performance and songwriting including: New Australian Celtic Talent of the Year 2017, Australian Celtic Song of the year 2017, 2015-16 Australian National Busking Champions.

The String Family members are: **Joel** on cello, **Sarah** on violin and vocals, **Heath**, cello and percussion and **Ashleigh** on violin and vocals. Bookings online: https://www.cairnstoday.com.au/cairns/tours.95/kuranda-riverboat.1866/?show=deal-4775 \$30 Adult | \$10 Child. BYO drinks. See Gig Guide for more details.



Mickey Gee

Cafe Mandala Sunday 26th August

'A travelling musician with a thirst for perfect moments.'

on Sunday 26th August from 10.00 am, as part of their regular Sunday morning musical sessions, Café Mandala is featuring travelling musician, Mickey Gee. It was good to connect with Micky to bring this article to print...

Says Micky, "I've been performing around the country with my best friend Aaron Woodford as part of Euphoria Under Fire for the last 3 years, and this solo project is for me to delve into a more effects driven, festival vibe style of music. Drawing inspiration from the likes of Tash Sultana, Sticky fingers, Ed Sheeran, with touches of EDM, trap music and the greats of the old school era, I create tasty jams to take you on a journey that sits just left of centre. My only goal is to create a vibe that instantly puts you in a positive state of being".

"Riding on rhythms, flowing in the music and vibing on life is all part of the journey."

"On a more personal note, I was homeless in Sydney for a year and three months before my family helped me out of it, and then music gave my life meaning again, which is why I play every gig with passion and gratitude for the people paying their attention, as I've busked with no equipment but a busted up guitar."

"I love music. It saved me from an incredibly dark past and gave my future hope and beauty, now I get to share that with everyone I meet. Check the Gig Guide for more **Cafe Mandala** Sunday sessions' information for the month of August.

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Connecting our Community

Winter is here and there's nowhere better to be on a Friday night than the Kuranda Recreation Centre's Jumrum restaurant and bar. Krishnas Kitchen serves up their ever-delightful fare on 1st and 3rd Fridays each month.

FUNdraiser for Mareeba Animal Refuge

We have a special event on **Friday August 10** from 5.00pm. Join us for a FUNdraiser in support of the Mareeba Animal Refuge.

Enjoy delicious meals at \$15/adult and \$5 child and live local music featuring Maggie Helana and Lunar Sun.

We'll also have a Silent Auction and Giant Raffle with fabulous prizes generously donated by local businesses.

Soak up the ambience of the night, sitting around a bonfire and enjoying the slight chill of a Kuranda winter's

Hope to see you all there. RSVP to KRC email or phone Nathan on 0430 080 090.

Date claimer: Saturday August 25th. Fundraiser for Maggie Helana—help our young home-grown talent raise funds for her CD. Food by Krishnas Kitchen! Stay tuned to Facebook.

WHAT'S ON AT THE KRC

EIGHT BALL - Tuesday Team Comp - kuranda8ball@gmail.com KURANDA RANGERS - Training Thursday 4.30-5.30pm

PILATES - Monday, Tuesday, Wednesday, Thursday, Saturday - Jaide 0488 229 700 and Davini 0414 994 123

TAI CHI - Monday 6pm - Les 4093 8276

TENNIS (KIDS) - Friday 4.30pm (Term 2) - Nathan 0430 080 090

TENNIS (SOCIAL) - Aileen 0419 726 955

WING CHUN KUNG FU - Wednesday 7.30pm - Grant 0414 966 823 YOGA FOR ALL - Wednesday & Sunday - Aileen 0419 726 955

Check "What's On" calendar on website/facebook for more details.

CONTACT US

www.krc.org.au



krc4881@gmail.com

VENUE BOOKINGS -Janet 0405 092 957

Download membership form from website. Complete form, make payment online and return form in person or by email.

JUMRUM RESTAURANT & BAR hosted by

Guest chefs and KRC events

2nd & 4th Friday of month Check Facebook for details



Krishnas Kitchen 1st & 3rd Friday of month Bookings essential 0473 439 405



JUMRUM BAR OPEN TUESDAY 6.30 PM & FRIDAY 5 PM

Venue for Hire

Licensed venue and commercial kitchen available for functions, seminars and activities. Janet 0405 092 957

Tennis courts for use by members Nathan 0430 080 090

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kurandaeightball



What's On At Koah Hall

MONDAYS 10.00am & TUESDAYS 12.30pm CIRCUS LOVE! – ADULT FUN & FITNESS Get into some exercise using circus disciplines, aerial trapeze and silk, handstands splits training and more, you are welcome to bring your little ones, so you can come. Do something for you! By booking only Contact Sophie mobile 0409 333 404 or info@dreamstateentertainment.com.au www.dreamstatecircus.com

EVERY MONDAY - During Term Time Dream Big! Circus Workshops brought to you by Dream State Circus – Tiny Tots 1 (age up to 5) 3.00pm-3.45pm Tiny Tots 2 (age 5 to 7) 3.45pm to 4.30pm limited places, Contact Sophie - Please email Sophie or see our website www.dreamstatecircus.com

EVERY TUESDAY - During Term Time

Dream Big! Circus Workshops brought to you by Dream State Circus

Family Circus All ages welcome 3.45pm till 5.00 Aerial Kids Trapeze (age 8+) 5.00pm – 6.15pm Circus Ninja's Boys Club (age 8+) 5.00 – 6.15pm – Taught by Jacob McGrath! Under 85 FOR ALL CLASSES must be accompanied by an adult. Contact Sophie as above. EVERY THURSDAY 5.30 to 7.00pm

YOGA with Tanya Veld (or special guest teacher) EVERY 2nd THURSDAY – 9th and 23rd AUGUST 2018 Mankind Project MENS GROUP – Open to all Men. 7.00pm - Contact Simon 0459 755 553

KOAH MARKETS — Saturday 4th AUGUST and 1st SEPTEMBER 8.00am till 12.00pm. There will of course be an eclectic mix of market stalls including a BBQ and the new awesome #wastenotwantnot fruit and veggie stall. For expressions of interest for market stalls contact Nicky on

0488 961 660. **SOCIAL SESSION**– Friday 10th AUGUST from 5pm. Regular mid-month social get-together. Free to attend. Basic bar and food.

DANCE YOUR SOUL - 11th August 6pm - 9pm. Dance off the week then spiral deeper. Reconnect with the alive and dynamic soul which resides within you. Dance your dance. Contact Davini for information 0414994123

TRIBAL SESSION – 25th AUGUST Amazonian Tribe

Fundraiser - 2.00pm - DJ's music till 12.00pm FORMIDABLE VEGETABLE SOUND SYSTEM

SUNDAY 26th AUGUST -12 midday to 8.00pm. Picnic at Koah Hall – Basic Bar on premises but bring a plate to share and come enjoy the wonderful music of Charlie Mgee, and the good vibes of community

LABELLED by COMEDIAN JACCI PILLAR SATURDAY SEPT 1st. The first Comedy night at the Koah Hall, fancy a laugh, come enjoy this little show with big heart.

Email koah.hall@gmail.com www.facebook.com/koah.hall Hire fees: 1-2 hrs: \$10; Half day: \$30; Full day: \$60; Full day & Evening (24 hour block) \$110

\$200 refundable bond for one-off events (if space is left as you found it)

Community Calendar

Every Month KNC Management Committee Meeting 5.30pm Rob Veivers Drive; Ph 4093 8933 for details First Saturday March-December, Monthly Markets at Koah Hall

Every Saturday Pilates 8.15am at the KRC, Fallon Road. Contact Jaide 0488 229 700

Kuranda Envirocare Tree Planting, Ph 4093 9926 for details or check website www. envirocare.org.au

Kuranda Men's Shed every Wednesday 8.30-11.30am Every Sunday

Texas Holdem' Poker Mareeba RLFC, sign on from 12.00 noon, game starts 1.00pm. Prizes for 1st and 2nd. Details Terry 045 990 9900

Kuranda A.A. Group CWA Hall 9.30–11.00am Ph 4093 7599 Yoga with Aileen 10.30am Kuranda Recreation Centre: Contact Aileen 0419 726 955

Dream Big Tiny Tots 2 Class (5 years and under) 3.45pm-4.30pm Aerial Kids Trapeze 4.30pm-6.00pm Age 8+ Contact Sophie 0409 333 404

Kids Aerial Circus Louise Kohn. Bookings essential at the Amphi 3.30pm, 0424 928 917 Pilates 9.30am at the KRC, Fallon Road. Contact Davini 0414 994 123

Yoga - Gentle 8.15am for 8.30 start. Energise your life with HALS (Health across the Life Span) QCWA Hall, Phone Aileen 4093 7401 or Sheila 4093 7617

Last Monday Kuranda Addiction Community Support (KACS) 4.00pm Kuranda Amphitheatre Top Shed

Every Tuesday, Wednesday & Friday
Al-Anon Family Groups 6.00pm Ph Kate 4093 9668 or 1300ALANON Karate at CWA Hall Kuranda 6.15pm to 7.15pm for more info call Geoff 4093 7380 Koah Sports & Social Club 7.30pm Barbara La Baysse 4093 7026 Every Tuesday

Tiny Tots (5 and under) 3.15pm-4.00pm

Family Circus 4.00pm-5.30pm. All welcome. Under 8s must be accompanied by an adult. Contact Sophie 0409 333 404 **Pilates** 5.45pm at the KRC, Fallon Road. Contact Jaide 0488 229 700

General Yoga Class at Koah Hall 6.00pm. Ph Tanya 0428 590 203. Tae Kwon Do & Self Defence 6.30pm CWA Hall Ph 0437 438 196

8 Ball 7.00pm at Kuranda Recreation Centre

First Tuesday Kuranda Interagency Network Meeting venue rotates. 4093 8933

Second Tuesday Kuranda SES Training, 7.30pm sharp at Fallon Road. Ph John Baskerville 4093 7246, 0407 144 213 Second & Fourth Tuesday

Mareeba Toastmasters meets 7.30-9.30pm, Mareeba RSL.Phone Fran 4093 7288 or Lenore Wyatt 0447 757 336. Guests welcome

Third Tuesday Tourism Kuranda meets in the office, Centenary Park 4.30pm Every Wednesday

Rotary Club of Cairns Trinity: 5.45 for 6.15pm, Cairns Sheridan Hotel, contact Secretary Pilates 9.30am at the KRC, Fallon Road. Contact Davini 0414 994 123

Pilates 5.45pm and 7.30pm at the Koah Hall. Contact Jaide 0488 229 700 Yoga 5.30 pm Kuranda Recreation Centre: Contact Aileen 0419 726 955 Craft and Social Morning at QCWA Hall 9.00am. Contact Carol 4093 7187 **Mah Jong** at Kuranda Neighbourhood Centre 1.00 to 4.00pm. All welcome

Yoga for kids. Limited places. Please phone 4093 8283

uranda Men's Shed every Saturday 1.00–4.00pm Second Wednesday

Financial and Gambling Counselling by Salvation Army. Appts 4093 8933 **QCWA** meeting 9.30 am at QCWA Hall Ph: President 4093 7187, Treasurer 4093 7393

Every Thursday Pilates 9.00am and 5.45pm at the KRC, Fallon Road. Contact Davini 0414 994 123 Tae Kwon Do & Self Defence 6.30pm CWA Hall Ph 0437 438 196

Capoeira Training and Roda. 7:00 pm-8:30 pm. Phone Ole 0468 408 963 Kuranda Rangers Soccer: training 4.30-5.30pm Linda 0437 255 229 Yoga at the Kuranda Amphitheatre 9.00-11.00am

Second Thursday Ambulance 7.30pm Ambulance Centre, Fallon Road **Every Friday**

Pre-Natal Yoga at Koah Hall 9.30am. Ph Beth 0476 276 876 Mums & Bubs Yoga at Koah Hall 11.00am. Ph Beth 0476 276 876 Fourth Friday

CONTRIBUTORS: PLEASE CHECK DETAILS AND ADVISE CHANGES

Rotary Club of Cairns Trinity: 11.45 for 12.00 noon, Cairns Sheridan Hotel, contact

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Secretary 0402 253 673

Eat Your Anxiety

By Sarah Dobbs

Just the mention of anxiety will have every head nodding sagely as the effects these days are experienced by so many of us. Our lives have become inherently stressful. Our poor old nervous systems are spending far too much time in 'flight and flight' and far less time in 'rest and digest'— the very opposite of how it should less stressed) for giving these the old heave ho!

be. And everything is suffering. Our sleep, digestion, mental health, ability to cope, skin, concentration... it's a very long list.

Very few of us don't relate to waking in the middle of the night with our heart pounding and thoughts running rampant through our mind. But what can we do? Sometimes we can't reduce the external stress but there are a number of things that can be done to support our bodies to handle the stress that bit better.

There is a difference between anxiety experienced as an emotion and a diagnosed psychiatric disorder. For the purposes of this article I'll be referring to anxiety as an emotion or experience.

If you are struggling with anxiety please see your chosen healthcare provider. The information in this article is general in nature and not intended as a diagnosis or treatment plan.

Eat your anxiety literally as there are a number of foods that can help. Foods like oats, chicken, beef, legumes and dairy products are rich in tryptophan which is super important in the production of hormones that regulate our mood and sleep.

Not enough of these lovely hormones and we don't sleep well, have a greater tendency to anxiety, crave carbs and possibly experience constipation. So start the day with porridge and end it with a stew (meat or vego)! There's good reason these type of stodgy meals are known as comfort foods.

Up your magnesium and B vitamin uptake to cope better as well. These both get monstered by the body when we are coping with stress and anxiety. Get tucked into foods like eggs, almonds, leafy greens, organ meat (whoops, lost some of you again), and brewer's yeast (buy at healthfood shops and stick in smoothies) for a good hit of both.

Good fats are great at protecting our nervous system so give it some love and eat the avocado, munch on some walnuts, gobble some oily fish, dose your leafy greens in extra virgin olive oil and sit back happily knowing you've just given your nervous system a good oil bath.

And, of course, I have a list of food and drink to avoid! Starting with our beloved coffee. Not only does this interfere with nutrient absorption but can increase

anxiety if we are already stressed. And then alcohol is also on the reduce list as it forms part of that coffee to wake up and alcohol to sleep cycle. Sugar needs to be reduced as well.

Yep, I know but believe me you'll feel better (and

Simple lifestyle changes can help too. A slow evening walk without the phone, a quick meditation using the Smiling Mind app (it's free so download now), take a yoga class — it doesn't have to be complicated, in fact it needs to be easy. It needs to be stress-less.

https://medical-dictionary. thefreedictionary.com/anxiety Henry Osiecki, The Nutrient Bible

https://www.ncbi.nlm.nih.gov/pmc/articles/ PMC4290459/

https://www.ncbi.nlm.nih.gov/pmc/articles/ PMC5452159/









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homeopathy|nutrition|bowen

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13B Therwine St, Kuranda address

Is starting Tuesday 31st July @Kuranda Community Precinct Ararasi ((behind(the)fibrary)) Tuesdays 9830 - 11830 am Bringaplecooffruittoshare We are currently seeking donations of wooden toys and art materials For info contact Adrienne 0422840997

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Dr Linda Abenthum, Dr Lars Schneider, Dr Lucy King, Dr Agufana Pepela, Dr Yvonne Doveren

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Rare Road Hit Survivor

It's always an anxious time at Batreach Kuranda when a phone call flags the impending arrival of a road hit victim.

Kind tourists found an injured Striped Possum by the roadside at Port Douglas in early July. They took him to an emergency vet in Cairns from where he was picked up and transported to Batreach.

A very underweight young male, he was given all appropriate

medication, warmth and nourishment to give him the best chance of recovery. Second night in care he was not looking good. Pam and her Swiss volunteers, Sebastian and Ivana, were very concerned. However, to everyone's delight, next morning he was up and active, demanding food.

Sebastian (as the possum was named) will most likely be in care for several weeks to build his condition before being released back to the wild.

ing released back to the wild. The photographs clearly show the elongated finger of the species, used in conjunction with his sharp teeth to dig

under bark and in knotholes and cracks in search of insects and grubs.

The Striped Possum is found only in New Guinea and the far north of Queensland, in rainforests of Cape York to just north of Townsville.

He is amongst the smallest of our possums, weighing in at less than 500g (in comparison, the common Ringtail Possum weighs in at about 1100g, and the Brushtail at over 3 kilos).

Many internet sites describe the Striped Possum as having a pungent, unpleasant odour. These are unfortunate statements as can be attested to by most animal carers. The distinctive odour of the Striped possum is described as pleasant and 'addictive' by carers, and visitors to Batreach have been known to swoop up an orphaned possum and clasp it to their nose, inhaling deeply.

Whenever a story and photograph referring to a Striped Possum is put up on the Batreach Facebook page, it is guaranteed that there will be numerous comments from

both Australian and overseas viewers that they 'have never heard of this animal".

He is a shy and silent nocturnal visitor to your yard, and you may only be aware of his presence when he swings

noisily between trees, or hear his disproportionate 'roar' as he encounters another of his species.

Although very restricted in his habitat area, he is not regarded as endangered. His major concern is the usual: habitat clearing, domestic and feral dogs and cats and, as in Sebastian's case, vehicular traffic.

Keep up to date with Batreach Kuranda on their Facebook page.

Left: Sebastian on the mend Right: A healthy wild possum in the photograper's backyard Photos by Helen Doualas



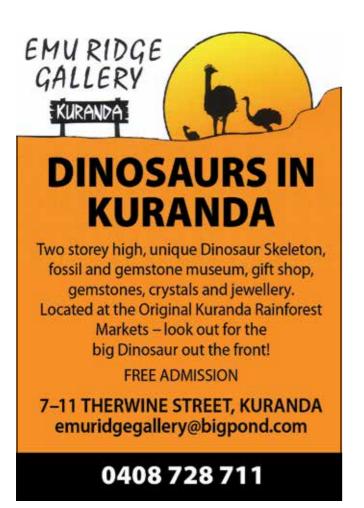














The face of a Peppermint Stick Insect.
The two nozzles that spray the chemical are located just behind the insect's head.



A mating pair of Peppermint Stick Insects on Pandanus at Cape Tribulation.



PEPPERMINT S

feed solely upon Pa Cape Tribulation, a

They have a unique of the body sets the of brilliant turquois Perfectly adapted to no doubt provide the

Avoiding predation the thorax which c skin). Strangely the forcefully sprayed a or backwards deperor so. Small mamm Stick Insect after repeppermint blast q Like all stick insects

it contains the sacs vulnerable immedi obviously one of he



Shot of Peppermint

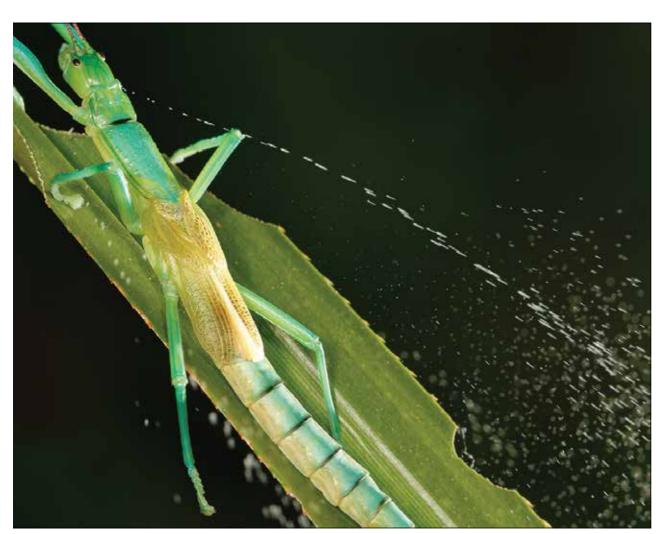
TICK INSECTS (*Megacrania batesii*) are remarkable insects found right here in the Wet Tropics. While they idanus which is widespread throughout the region, oddly they are restricted to only a few locations; around site near Innisfail and also near Mission Beach.

ppearance, looking somewhat like a plastic toy rather than a real live insect. The striking blue-green colouration apart from all other Australian stick insect species. Some are a rich uniform green while others have patches upon their linear bodies. They are flightless; both sexes have short-wings, too small to carry their body weight. their habitat, they lie flat along the centre of the Pandanus leaves. The spines on the edges of the prickly plants insects with a degree of protection from predators.

however is taken to the next level by these stunning insects. They produce a defensive chemical in glands in n cause burning pain if exposed to sensitive areas of other animals (eyes, nose, mouth and other sensitive 1gh, this chemical cocktail smells much better than it feels – it smells just like peppermint! The chemical is any threat through two nozzles located just behind the head of the insect. The spray can be directed forward ding on where the threat is coming from, and they can spray with surprising accuracy over distances of 30cm ls such as Melomys, rats, and Antechinus would no doubt think twice about continuing to attack a Peppermint eiving a face full of the spray. Other predators such as birds, frogs, lizards and spiders would also find such a ite off-putting.

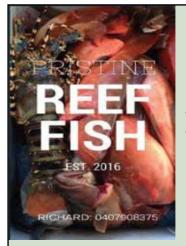
Megacrania batesii sheds its exoskeleton in order to grow. The exuvia left behind is typical with one exception; in which the peppermint scented defensive fluid is found. The result is that the insect is not only soft and tely after moulting, but has to replenish the chemical before being able to defend itself fully. This period is the physical properties of the prope

Alan Henderson, Minibeast Wildlife



The chemical blast squirting out from the insect's directional nozzles.





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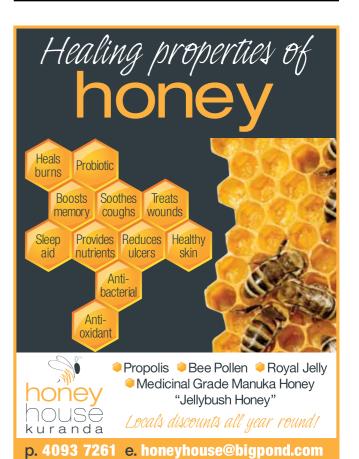
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CONTINUING THE SERIES ON KURANDA R.S.L. MEMBERS

P.J BARNETT (Warrant Officer, Royal Australian Navy (RAN) – Retired WOMTP (Warrant Officer Marine Technician Propulsion) Phillip John Barnett, RAN, was born and raised in Wellington, NSW. Nicknamed 'Barney', he was the second son of five children and educated at Wellington High School.

Wellington was a small country town of approx 5000 people and the District relied on wheat, sheep and cattle for its survival. Job opportunities were very limited, so in 1973, at 16 years of age, Barney applied for an apprenticeship with the Royal Australian Navy (RAN). After a 3-month selection process, he was selected to join the RAN in July 1973, as an apprentice fitter and turner at the RAN Apprentice

Training Establishment, *HMAS Nirimba*, Quakers Hill, NSW.

His initial enlistment was for a 9-year period and his parents had to sign consent paperwork to allow him to join the RAN because of his age. This would be the start of an adventurous 20-year full-time career in the RAN.

In 1976, after an initial 2 ½ year training period at *HMAS Nirimba*, Barney's first sea posting was to the steam powered Destroyer, *HMAS Hobart* (DDG 39). With a crew of 333 men, she was a fast, slick and powerful ship, capable of speeds of more than 30 knots.

In May 1976, HMAS Hobart deployed on Operation 'Phineas Fogg' to represent Australia in the participation for the United States Bi-Centennial Celebrations in New York. This was a memorable deployment as HMAS Hobart circumnavigated the world,

visiting 17 ports in 12 different countries.

After progressing through the ranks of Able Seaman and Leading Seaman and gaining his Boiler Room Watchkeeping Certificate (BRWC), Barney was posted to the Destroyer *HMAS Brisbane* (DDG 41) in 1980 for training and progression towards his Engine Room Watchkeeping Certificate (ERWC). During this posting, *HMAS Brisbane* conducted Indian Ocean (IO) deployments, maintaining an Australian presence during the 'Cold War'.

In 1981, at the rank of Petty Officer and having gained his ERWC, Barney was serving back on *HMAS Hobart* when he was selected for commissioning crew for the new Frigate, *HMAS Sydney* (FFG-03) being built in the USA.

After several months of pre-ship training at *HMAS Cerberus*, Crib Point, Victoria, he flew to the USA in October 1981, as part of the nucleus crew for NUSHIP Sydney. This overseas posting was originally for 18 months, but due to a fire in the ships Communication Centre (COMCEN), during the ships build, Barney would not return to Australia for 2½ years. The engineering training in the USA was outstanding. As the new frigate was powered by gas turbines, it was a whole new ball game coming from a steam plant background. Initial training was at Service School Command, Great Lakes, Illinois and then at the FFG-7 Hot Plant, Land-Based Test Site, Philadelphia, Pennsylvania.

On completion, Barney travelled to Todd Shipyard, Seattle, Washington, where NUSHIP Sydney was being built. After extensive Builders and Contractor Trails off Canada and the west coast of America, *HMAS Sydney* (FFG-03) was commissioned at Seattle, USA on 29th January, 1983.

HMAS Sydney sailed home to Australia on her maiden voyage and entered Sydney Heads on 27th March, 1984. Barney remained on HMAS Sydney until August 1986, when, after being promoted to the rank of Chief Petty Officer (CPO), he was posted to the FFG Project at Campbell Park, Navy Office, Canberra, ACT. He didn't' enjoy life much there, working in a building and "driving a desk", so after about 10 months, he managed to wrangle a posting out of Canberra and joined the Frigate HMAS Adelaide (FFG-01) as Chief Engineer in September 1987, remaining on her until March 1990.

During this period, *HMAS Adelaide* underwent a helicopter modernisation project (HMP), where the ship was dry-docked at Garden Island Dockyard, Sydney NSW. The entire stern of the ship was removed and the helicopter flight deck extended and a new stern manufactured and welded on. This was a major naval engineering task and was a credit to the skills and capabilities of an Australian dockyard.

In March, 1990, Barney was selected to do a marine engineering course at *HMAS Cerberus*, Crib Point, Victoria. After 7 months of full-time study, Barney achieved an "Advanced Certificate in Naval Marine Engineering" and "Diploma of Engineering in Marine Systems".

The Gulf War broke out later that year, when Iraq invaded Kuwait. In March 1991, recently promoted to Warrant Officer, Barney flew to Dubai, United Arab Emirates (UAE), to join *HMAS Sydney* as Deputy Marine Engineering Officer. After a fairly hairy flight over, he joined the ship and sailed a few hours later to resume operations in the Persian Gulf, where *HMAS Sydney* had been operating with the UN Multi-National Task Force during the Gulf War.

Returning back to Sydney, NSW on *HMAS Sydney* in April 1991, the ship conducted a short maintenance and leave period. During the next few months, the ship was exercised and worked up again in preparation for her next deployment.

On 2 September, 1991, *HMAS Sydney* sailed to the north Red Sea as part of the Multi-national Interception Force (MIF) enforcing United Nations Security Council sanctions against Iraq. Specifically, the forces had to board and inspect cargoes of all merchant vessels entering or leaving the Jordanian Port of Aqaba. Boarding's were conducted by using Rigid Inflatable Boats (RIB) and by helicopter 'Fast Rope' insertions. *HMAS Sydney* carried out 219 boardings in addition to air and surface surveillance being constantly maintained and supported in the operational area.

HMAS Sydney returned to Australia on 28th February, 1992. During the next few months of 1992, *HMAS Sydney* underwent a well-earned refit at Garden Island

Dockyard and then became the first Australian Frigate (FFG) to have women, of various ranks and categories, posted on board as permanent crew. This was a major milestone for the RAN and it was quite a sight when a bus pulled up on the wharf and 33 women joined the ship.

The ship commenced work-ups again and with its new now multigender crew, proved the critics wrong, achieving integration of men and women working together at sea on a major warship platform.

In 1993, Barney discharged from the RAN and moved to Cairns, Qld. Upon discharge, he transferred to the RAN Standby – Naval Reserves. He remained in the Standby Naval Reserves until July 2013. Work with the Naval Reserves was on an 'as available' and 'when required' basis, as Barney had commenced a

busy new civilian career as a Marine Engineer working with Tourist and Shipping companies operating out of north Queensland.

When available to do Naval Reserve Service, Barney mainly worked at the Engineering Workshop at *HMAS Cairns* and also for the RAN Minor War Vessels Sea Training Group, conducting pre-sail readiness assessments, sea checks and operational readiness evaluations and other related sea-training activities.

During this period, Barney had the pleasure to catch-up with and serve at sea again with current President of the Kuranda RSL Sub-Branch, Mick Forde.

In 1997, Barney also deployed on *HMAS Canberra* (FFG-02) to assist in engineering maintenance and engineering crew training. During this deployment, *HMAS Canberra* was present in Hong Kong Harbour for the transfer of Sovereignty over Hong Kong from the United Kingdom to China on 1 July 1997.

In 2017, Barney decided it was time to hang up the overalls and boiler boots and sold his unit in Redlynch and bought a block at Kowrowa. He now enjoys his time working on the block and with the Rural Fire Brigade; Kuranda RSL Sub-Branch and the company of friends in the Kowrowa, Kuranda, Speewah and Koah communities.

WORDS OF WISDOM: Play with the cards you are dealt; listen to your consciences – adapt, improvise, overcome and success will come from your endeavours. Photo: Barney on the throttles in No2 Engine Room, *HMAS Hobart* (DDG-39).



July was a great month for our branch. Our craft displays at the **Innisfail and Cairns Shows** were very successful. One of our craft ladies, Jill Pummell, received a trophy for Champion Needlework in both shows. WELL DONE Jill. Hope you all checked out the craft displays at the Show.

A big THANK YOU to *Honey and Spice Ukulele Group* for providing the fantastic entertainment at the **Biggest Morning Tea**. You are all so amazing. We have had much feedback from many people on how much they enjoyed your performance. Apologies for this omission from last month's news article. We would also like to acknowledge the help from the members of Kuranda Men's Shed, Sheila Wilhelm, and Linda Smart. We really appreciate your contribution to this very successful event.

Just a reminder that the CWA Hall is available for meetings, functions and groups. We have a very functional kitchen, tables, chairs and a very big floor space.

For more information and bookings phone Sarah MacPherson 4093 7599.

NOTICE OF ANNUAL GENERAL MEETING

We would like to extend an invitation to the Kuranda Community to attend our **Annual General Meeting on Friday 3rd August**, 1.30pm at the CWA hall, Kuranda. Come and join us for afternoon tea and meet the new executive committee.



August 2018



CAIRNS TROPICAL WRITERS FESTIVAL announces six headliners that are just the tip of the local and visiting talent lined up for the biennial Cairns Tropical Writers Festival at The Cairns Hilton on the weekend of 10th-12th August 2018.

Richard Fildler, a former *Doug Anthony All Star* and now a popular broadcaster, will feature in three festival events. The author of two award-winning books, his daily Conversations with Richard Fidler broadcast nationally on ABC Radio is the most popular podcast in Australia, averaging over three million downloads every month. At this year's festival guest at the literary dinner, the tables will be turned on Richard, with the interviewer putting Richard's own life in the spotlight.

Alexis Wright as a *Waanyi* woman from the Gulf of Carpentaria won five national literary awards, including the Miles Franklin in 2007, for her novel Carpentaria. Her most recent non-fiction book, Tracker, a collective memoir of NT Aboriginal leader, Tracker Tilmouth, won the 2018 Stella Award. The only person to ever win both a Miles Franklin and a Stella award, Alexis will be 'in conversation' about her writing life on Friday evening 10th August as a free event, and will appear again on the weekend to talk specifically about her *Tracker* book.

Julian Burnside AO QC is celebrated nationally as a barrister, human rights and refugee advocate, and author. Well known for his strong opposition to the mandatory detention of asylum seekers, he was awarded the Sydney Peace Prize. In Cairns, Julian will host a breakfast, give an address, launch a new book by Iranian journalist Behrouz Boochani who has been on Manus Island since 2013, and hold a conversation titled Is our Democracy Working? with Richard Fildler and filmmaker Anna Broinowski. Two festival fringe events include a screening of his doco *Border* Politics by EndCredits at Event Cairns Central Thursday night, and an address to the Cairns for Refugees group on Friday night.

Jane Caro (right) is the author of nine books, but is probably best known for her appearances on Channel Seven's Sunrise, ABC television's Q&A, and as a regular panellist on *The Gruen Transfer*. To her great surprise, she was awarded a Walkley this week !!! At a festival luncheon, Jane will talk about two of her books, Destroying the Joint: why women have to change the world, and Unbreakable: women share stories of resilience and hope. Jane will also launch Flesh and Blood, the final book in her young adult trilogy about Queen Elizabeth the First, and well as join a panel on writing for young adults.

Robert Drewe is an Australian literary legend with more than 20 highly acclaimed books - novels, short stories and memoirs - that have won state, national and international prizes, been widely translated, and been adapted for film, television, theatre and radio. At the festival, Robert will be interviewed about the essential elements of writing a successful short story, and join a panel to discuss the beach and a place, and what it means in narratives of who we are as Australians. This coincides with the launch of his latest short story collection, *The True Colour of the*

Ashley Hay started writing in science but now writes novels. Her awards include the Foundation for Australian Literary Studies' Colin Roderick Award and the New South Wales' Premier's Literary Awards' People's Choice (for The Railwayman's



Wife. The New York Times celebrated her first novel, The Body in the Clouds. Her most recent novel, A Hundred Small Lessons, was shortlisted for the 2017 Queensland Literary Awards. At the festival, Ashley will join both fiction and nonfiction panels, as well as running a masterclass.

These six are only a fraction of the long list of authors gathering in Cairns for the biennial festival, with a large youth and schools program, workshops for professional development in screenwriting, playwriting, documentary, poetry and slam poetry, biggest book club, book launches and a Festival Book Fair to celebrate writers and writing in the deep north.

> **LOOK OR BOOK:** www.CairnsTropicalWritersFestival.com



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A Grinter's Tale

It was a sad day for Kuranda when we learned of the demise of Foodworks as we know it. Eight years of dedication by its hard working owners, and the future of this wonderful boon to our community is in the balance.

With the duopoly of Coles and Woolies mirroring the downsizing trend of other large retailers, you wonder whether they will look to the rainforest to open a boutique supermarket. I say this tongue in cheek, but stranger things have happened on earth. Please, no!

I find myself thinking what a shame the community itself couldn't buy the store and operate as a cooperative. A pipedream of course, but it's good to ponder on these things at 4.00am when your mind is having its most genius moments, or at least they seem so at the time, then you realise you aren't, and have never been, a genius.

We've done it, with the help of government; we've fed the duopoly, although probably far less so in areas like Kuranda, where so many residents grow their own produce organically, or buy at local markets, or have fresh food delivered to their doorsteps.

I recall 20 years ago becoming quite distressed at the lack of choice in the shopping centres, not just supermarket items, but the preponderance of chain

stores. Every Australian high street, shopping centre sports the same chain stores: clothes, shoes, sports products, pharmacies, coffee shops. Airports all over the world house the

same overpriced designer clothes stores. Boring.

I would furtively attach posters to the Trinity Beach community noticeboard, urging people to shop at the smaller supermarkets to prevent duopoly. I lay awake at night imagining a world where everyone wore the same clothes.

Choice is under siege, and truly Australian products are becoming harder to find. We all know that, but we continue to buy cheap, plastic, shoddy goods made in Asia, to the detriment of our own country, and particularly to those in small business.

Today, I hung my hessian bag on the back door handle and it fell off. Why? Because once again it is so full of products that don't work, it weighs a ton, but I obviously haven't learnt. However, it's getting harder and harder to find something made here in Australia. We all know that, but our buying habits are feeding the dual headed monster and killing Australian enterprise. I keep reminding myself that the dual headed monster was a purple furry thing on Sesame Street, but although it has little credence, it won't die.

We're all guilty of buying online, but for some it is the rule, rather than the exception, and every purchase from Wish or Etsy or Amazon puts a nail in the coffin of small business.

I've just performed an audit of my desktop. It's quite depressing. A blue plastic pen holder, unrecyclable, Chinese; Uniden phone, Vietnam; Seagate hard drive, China; Dick Smith stopwatch, China; Korbond sewing needles, India (I have no idea why they are on my desk). Lenovo Mouse (alive), China; Samsung phone and two printers, 99% sure China; Emporium candle, Vietnam; Boom Box speaker, China; Lever arch files, China; pens, China; Duracell battery, China; filing trays, China; multi USB hub, China; Dettol disinfectant wipes, China; two dead mice to add to the bag outside, computer variety, China. I found myself reading that like the Greek Zorba Dance music, faster and faster, almost manic in my desperation to find something Australian.

Look, I only covered part of the desk surface, but I can see you're getting bored, and hopefully I have made my point. I have nothing against the Chinese whatsoever, I just see Australia crumbling at a

frightening rate of knots now, and successive governments in the two truly Australian products are party system that are allowing it to happen. Don't even get me on our poor farmers and foreign aid, this article is already

uncharacteristically serious.

"Choice is under siege, and

becoming harder to find."

In the end, I went to the pantry and plucked three random things out into the light, put my glasses on and yes! The kangaroo chewies were Australian made! Surprise, surprise! No kangaroo road kill in China, yet. And honey, yes, good Australian honey, one container being from a friend in Speewah, the other a supermarket, but Australian brand. I breathed again, and Zorba was ab-zorbed.

And those dead solar lights, the clocks I've mentioned in previous articles, the snapped hair brush, the two printers, the rusting cutlery, another two dead mice (of the technological variety) the hundred and one other things I have taken back already this year, none of those things were recyclable here. We're not only encouraging the closure of Australian business, we're creating a huge quantity of plastic waste. From Asia to us with love. Please don't tell me you have plastic chopsticks at home.



Kuranda Men's Shed Shoulder to Shoulder

Tales From The Shed

Kuranda Men's Shed has had yet another successful month. We would like to welcome some more members to our team, and we look forward to working with you! Donations have continued to come in a steady stream. Our sincerest thanks to those who have donated.

One of our members has designed a prototype for the folding stools that we plan to sell on market days, along with planter boxes. Speaking of which, two have now been successfully constructed. More will be built once appropriate materials have been obtained. On 14th August, an informal meeting was held at the shed and some headway was made on the future direction that the shed would take. First, the floor plan for the larger shed has been decided upon by the members and will soon be submitted for approval and certification.



Second, rather than striving to achieve building the new shed in one big go, the plan for all construction and improvements on the Men's Shed site will be considered over five phases. Phase one is our first priority to get sufficient power to our existing storage/ workshop; it is hoped that once this is achieved, we can generate more funding for the next phase.

We move into August with high hopes, and a bright outlook for our coming months. If members would like to donate, you can either head to our Go Fund Me page, or direct deposit into the Kuranda Men's Shed account!

Go Fund Me: https://www.gofundme.com kuranda-meno39s-shed-needs-power

Direct Deposit: Name - Kuranda Men's Shed BSB 633000

Account No. 146439021

If you're interested in what we're up to, why not stop by and have a cuppa! We're open Wednesdays 8.30am-11.30am and Saturdays 1.00pm-4.00pm.



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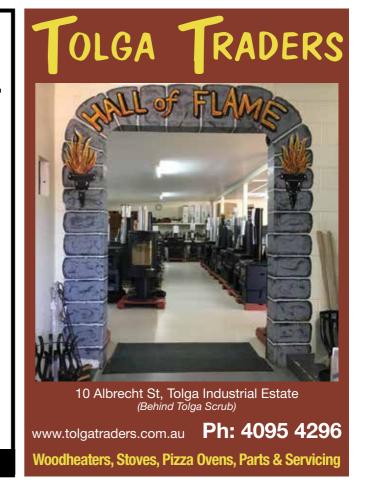
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Kuranda Horse and Pony Club

GREAT WORK to all riders and their families. Your achievements are great. The monthly rally day is going well and all riders are improving.

Our Kuranda riders have been out and about in the Far North, travelling to several competitions – in Babinda and the Mareeba gymkhana. In Babinda, Ashanti received second and Amaya fourth overall for the nine and under, and in Mareeba, Amaya was second in the under-nines and Ashanti third in the under-tens.

As well, we have had riders competing in Dressage, Eventing and Show Jumping over the Far North. We can't wait for all the stories that we will be sharing soon. Go Kuranda Team!

This year we have welcomed new caretakers, new families and new riders and we are very proud to welcome them all. We hope you enjoy all our Club has to offer.

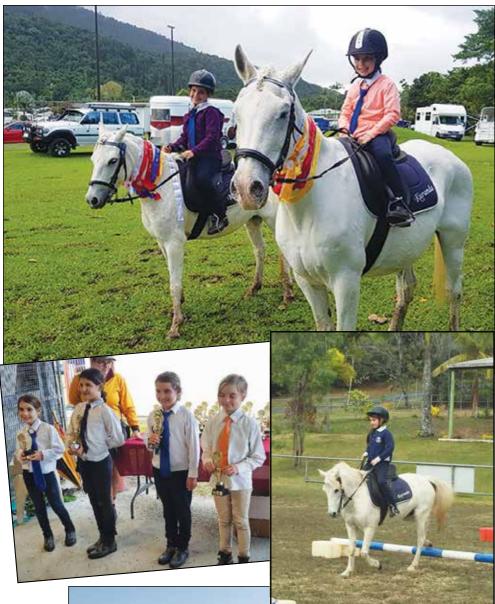
Our Club is planning its annual two-day Gymkhana and Horse Sports on the 25th and 26th August. We would like to ask any businesses who would like to offer sponsorship for this event to send a message to our Facebook page. We would love you to jump on board with this event, which includes promotion of your business throughout this process and event.

Our club would like to thank the following businesses and people for kindly being our 2018 sponsors for trophies, ribbons and medals for the weekend. This is an invaluable support to our club and we are very grateful. Please support where you can: Kuranda Veterinary Surgery, Solahart Cairns, Councillor Nipper Brown, Jarawee slashing Kuranda, Chiropractor Works Cairns, Farmall, Kuranda Landscape, Kur Cow, Mareeba Central Vet, Lane Family, Tjapukai.

Next rally day is 5th August. 19th August is a rally setup for our Gymkhana. Any updates please check our Facebook page

See you soon. Happy riding.

Fionna Lane Club President and Instructor







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August 2018 23 THE KURANDA PAPER

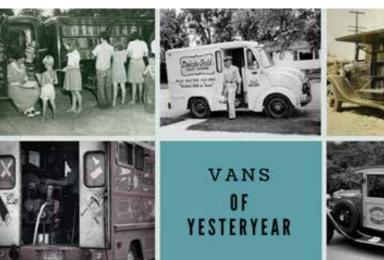


Home Delivery Old Style/New Style

Remember the days of mobile services coming to your community, to your door? The milkman, the fruit van or the knife sharpening gentleman, who even came on a bicycle. The calls or jingles echoing through the streets to entice housewives to peruse their wares. Some of the neighbourhood children even resembled the milkman or the library man. But one by one they disappeared, with the advent of supermarkets and cars to get you there. Though one of the only ones to survive was the ice-cream truck. Most of us with Australian childhoods would remember the Mr Whippy jingle coming up the street. Always a time of great excitement on a hot summer day.

I was wondering if it might be time to bring back the mobile service to our suburbs. Woolworths home deliveries seems to be on the rise and food trucks are certainly beyond popular nowadays. New jobs are needed for people to take-up. A sense of community is increasingly being called for. Additionally, local vans delivering to homes would reduce individual car use and reduce "food kilometres". The vans would have to come on the weekend of course when people might be home. These days of double income families means the weekdays might mean lean pickings.

I can see a raft of services and goods coming back and even some new ones. Mobile massage and osteopath vans, acupuncture vans, garden vans selling seeds and seedlings, DVD vans, organic vegie vans, fix-it vans, the "I can't be bothered cooking on Friday night food van". The options are endless. What is your secret mobile van wish?









DJINDJIMUNDJI (1)

Gambarr wunang wuru:-la djindjim ngirri-ngirrindji bulnganda

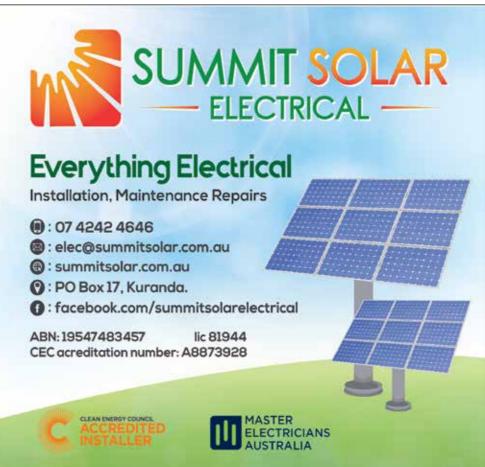
Mist lying on the river bejewelled dewdrops on the ground around

Haiku by Michael Quinn

Photograph Misty Morning Oak Forest by Greg Hillman

This time of year, wintertime, is called DJINDJIMUNDJI time of the morning dew, here in Ngunbay, Platypus Place (Kuranda).





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24 August 2018 THE KURANDA PAPER

Turmeric

When my friend Kate gifted me a bag of her freshly harvested turmeric roots this week I realised many people will also be lifting their annual harvest from the soil – and also that that means for us lucky Far Northerners fresh harvested turmeric is now both cheap and easy to access. A rainy day in the kitchen, and some time on Google, soon had things simmering and the house redolent with spicy aromas and some delicious new food discoveries on the table.

Turmeric is easy to grow here and a beautiful addition to a garden – the leaves appear in summer like bright green flags and the flower is extraordinarily beautiful. You can add a little knotted green leaf to the top of your cooking rice for a subtle spicy taste, removing afterwards. Then the plant dies down and you would never know it had been there – a signal that the roots can be checked to see if ready to lift. Leave a few to grow again. Often around the end of the year, the roots will shoot again even if sitting on your bench, saying "plant me please". So do.

Turmeric (*Curcuma longa*) is a member of the ginger family. The roots resemble to my mind orange witchetty grubs. Most people have experienced dried, ground turmeric in curry pastes and powders but fresh has only recently become popular in the West, although a traditional food and medicine in India and Asia for centuries. Recently, the web is full of turmeric lattes, juices, soft drinks and even pills. But it's great for many savoury and sweet dishes in the kitchen when fresh in season too. So I have a few tried and ticked turmeric recipes to share this month. Enjoy!

Queenobeans

Note: Fresh and dried turmeric can stain the skin temporarily (it is an important commercial dye as well) so use gloves while prepping if you want to avoid yellow hands and fingernails, or use a little baking soda and lemon juice on nails, coconut or castor oil on skin after finishing, and then wash up with soap and water.



Image: Please Plant Me Turmeric (watercolour pencil, black pen) by Gayle Hannah

Fresh Turmeric Root and Green Pea Curry

(Rajasthani style, gluten free, vegan) adapted from HolyCowVegan.net

(a wonderful food blog, highly recommended)

Serves 4-6

Ingredients: 6 x 2-inch pieces fresh turmeric root, scrubbed clean or peeled and finely grated, 1 cup fresh or frozen green peas, 1 tbsp coconut oil, 1 tsp finely grated ginger, 1 small moderately hot green chilli pepper (optional), 1 tsp fennel seed powder, 1 tsp coriander powder, 1 tsp garam masala, 2 tbsp finely chopped fresh coriander leaves or fresh curry leaves (optional), 1 cup large fresh tomato, pureed, (or use canned tomato puree), 1 x small can of coconut milk or cream, cracked black pepper and salt to season.

Method: Heat the oil in a medium-large heavy bottom pot, add the turmeric root and saute over medium-low heat, for 10 minutes until the turmeric starts to slightly brown, stirring occasionally. IMPORTANT: DO saute for the FULL ten minutes on low heat as this takes any bitterness out before proceeding.

Add the grated ginger, chilli pepper if using and coriander leaves and saute another minute. Add green peas. Add the powdered spices, including the fennel seed powder, the coriander powder, and the garam masala. Add the tomatoes and stir well to mix. Let the mixture cook about two to three minutes or until it boils. Add the coconut milk and bring to a boil. Add at least 1 cup water, depending to how thick you would like the finished curry, it will thicken up a bit once cooked. Bring the curry to a boil, then cover with a tight lid and cook the curry for 15 minutes over medium-low heat, checking it is not sticking. Turn the heat off and let it stand for a few minutes before serving. Garnish with fresh coriander leaves, parsley or mint before serving (optional).

NOTE: You can use this as a curry base, adding other cooked vegetables such as diced potato, sweet potato, sautéed eggplant or zucchini and substitute other green vegetables for the green peas. Also you can substitute plain, unsweetened coconut yoghurt for coconut cream.

Fresh Turmeric Tahini Dressing

(rawfood, gluten free, vegan) via <u>abraskitchen.com</u>

Serves: 2-4 as a dressing

Ingredients: 2 tbsp tahini, 1 tsp freshly grated turmeric (recommended to use a fine grater or microplane), 2 tbsp fresh lemon or lime juice, 1 tbsp water, 1/4 tsp fresh black pepper 1/4 tsp sea salt.

You might need more water to add to achieve desired consistency.

Optional: add a small pinch of dried turmeric (or saffron) for added colour.

Method: Whisk all ingredients together until well combined. Add more water to thin if necessary. Store in a small airtight glass jar in the refrigerator for up to 7 days.

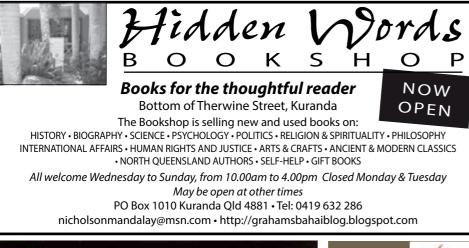
NOTE: Recommended to double ingredients and make a double batch – IT IS that good.

Mango and Turmeric Raw Cupcakes (rawfood, gluten free & vegan) via <u>nirvanacakery.com</u> Makes 8 cupcakes

Ingredients: CRUST LAYER: 80g almonds (½ cup), 70g sunflower seeds (½ cup), 6 medjool dates (pitted), 1 tbsp coconut oil, ½ tsp cinnamon, pinch Pink Himalayan Salt. MANGO TURMERIC LAYER: 200g creamed coconut/coconut butter (1 cup), 2 tbsp coconut oil, 2 tbsp maple syrup (optional), 1 large mango (about 1 cup pureed), 2 tsp fresh turmeric, 1 tsp fresh ginger, 1 tbsp lime juice, ¼ tsp cinnamon. NOTE: Mango could be substituted with banana.

Method: Place almonds and sunflower seeds into a food processor or high speed blender and pulse few times until they have broken down into a coarse texture. Add the rest of the ingredients and blend until the mixture comes together. Divide the mix evenly into 8 cupcake moulds, spread onto the base and press tightly down to form bottom layer. Set aside.

In a small pot gently melt coconut butter, coconut oil and maple syrup stirring frequently. Set aside and leave to cool down for a bit while preparing the mango. Peel mango, turmeric and ginger and place into a blender with lime juice and cinnamon. Blend until smooth. Stir into the melted slightly cooled coconut butter and mix well. Spoon the mixture onto the crust layer and smooth out evenly. Place into a freezer until set and the top feels firm. Once set leave on the counter for a bit and then run sharp knife carefully around the edges to release the cupcakes from the tin. Store in a fridge or freezer in an airtight container.















K.N.C. Operated by KURANDA INFORMATION & SUPPORT CENTRE ASSOC. INC.

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Email: knc@qld.chariot.net.au ABN 62 198 192 130

Solar Power for KNC:

KNC is very happy to announce that the full capital amount has been received by the Corena Fund https:// corenafund.org.au/ for our no interest loan for solar power at the centre. We are very excited and are awaiting installation in the next month or so.

Kuranda Family Day:

A Big THANK YOU to all the services and agencies that came together to make the July Family day happen on the 10th in Centenary Park — it was a great success. Many families, agencies and community members attended and included cultural activities as part of NAIDOC week celebrations.

These events occur three times per year in the second week of the mid-term school holidays and are aimed to increase awareness of healthy lifestyle choices. If you wish to showcase your program or services and deliver an activity on the day or contribute in any way, please let the Interagency Network know via coordinator@ kurandanc.org.au. The next event will be held on Tuesday October 2nd.

KNC Food Program and Pantry:

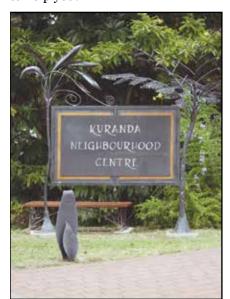
KNC is still requesting donations of nonperishable food items for our food program and for distribution through a 'food pantry'. This is for those individuals and families in Kuranda who don't have enough food. KNC is partnering with OZ Harvest http://www.ozharvest.org/news-location/cairns/ to distribute food to those in need in the District and so there will be items for people to take when available from the Centre.

This will usually be on the table in reception or labelled items in the fridge in the kitchen. Items available will be determined by those that either are delivered by Oz Harvest or by other donations (from the community or surplus from farmers etc).

KNC No Interest Loan Scheme (NILS) Changes:

Good Shepherd Microfinance has continued to provide reduced funding which affects our capacity for loan applications and processing. For the time being we are still only doing one or two loans per week. Once the appointments are made we cannot do any more loans. We will inform the community when any future changes occur as we are in negotiation with Good Shepherd and Shelter Housing Action Cairns to work on a potential transition arrangement to increase access for Kuranda applicants.

There are other NILS providers that we can provide referral information for if our NILS program is unable to help you.



QuIHN Counsellor:

A counsellor is at KNC on Mondays. Peter works as a psychologist for the Cairns Therapeutic Service offering a counselling service, providing support around drug use and mental health concerns, relapse prevention and management, referral to specialist services such as detox and rehab, self-care, stress management and enhancing motivation to change. There may also be some group sessions if there is demand. Referrals and appointments can be made directly to QuIHN on 4032 1463.

Be Connected:

Support for people over 50 to improve their computer and digital skills — funded by The Good Things Foundation. Come in or call us for more information about this great online resource. Alternatively, you can log onto https://beconnected.esafety.gov.au/ and register yourself. Computers are available for free use to access Be Connected at KNC Monday-Thursday 9.00-5.00 and Fridays 9.00-1.00. Just ask reception or staff how to access.

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WITH THOMAS

NBN Switchover Deadline for Kuranda and Top-of-the-Range residents approaches – be ready What you need to know:

For Kuranda and Top of the Range residents on fixed lines:

With the rollout of the NBN in Kuranda having completed nearly 15 months ago, the disconnection date for all analogue telephone and ADSL services is now looming. NBN have provided migration areas with an 18 month period from service ready dates to switch off. This means that for most of Kuranda the forecast date of disconnection will be 14th September 2018!

NOTE: A little reprieve for some Kuranda Residents (in the Top-of-the-Range area), as your area only became active for NBN in mid 2017, your switch off date is scheduled for January 2019 — BUT it is still a good time to prepare to make the switch if you have not already done so.

Alarmingly, little more than half of Kuranda has actually already migrated to the NBN, meaning that the time to act is NOW, otherwise you will be left behind! According to NBNCo, all home and landline phone services (provided by Telstra or another provider) and all ADSL, ADSL2 and ADSL 2+ Internet services will be permanently disconnected for those living in 'fixed-line' NBN areas, if you don't arrange to move them to the NBN network before the advised date.

If you are in Speewah, Koah and Myola areas:

Disconnection does **NOT** apply to residents in NBN Fixed Wireless or NBN Skymuster Satellite areas. (These areas include Speewah, Koah and Myola areas). You will retain a landline service IF you desire. I have had a number of worried calls from residents in these areas. I can of course help with any problems you might have but you should not be worried by the September deadline to switch as it DOES NOT apply to you.

More detail: The only other exceptions to the switch-off are specialised business services such as ISDN lines, and previously identified services in place that are not yet compatible with an NBN service. These lines will be placed into quarantine and disconnected later. You should have already received mail from NBNCo if this is the case.

As well as phone and internet, it is important to also consider other services running off the old copper network that will be affected after the switch off date. These include:

- Medical Alarms, auto diallers and emergency call buttons contact your alarm provider for advice.
- Monitored Security Alarm Systems you may require an upgrade module to communicate via the 3G/4G network or an IP module to communicate via your new NBN internet service.
- EFTPOS and health claim terminals contact your service provider to upgrade to mobile or IP terminals
- Monitored fire alarms contact your Fire & Safety installer
- Fax and teletypewriter devices you may need to upgrade these or purchase a fax compatible VoIP device to attach these to.

If your home or business uses any of the above equipment do not leave it to the last minute to determine if your setup is compatible or requires an upgrade. Time is running out and you won't want to be left with services that are not working.

What happens if you don't switch to the NBN?

Unless you are in an NBN Fixed Wireless or NBN Skymuster Satellite area, or in a small amount of areas that are in quarantine, the switch to the NBN is mandatory. If you do not switch, you run the risk of losing your home and business broadband internet and phone services.

What do I do now?

For most customers it is as easy as contacting your telephone and internet provider and asking them to make the switch. Since the evolution of NBN, there are over 300 providers out there all fighting for your business. If you are out of contract with your existing provider, you may wish to shop around to find the best deal. Typically, a switch from ADSL to NBN takes approximately three weeks, and in most cases you will require a new modem compatible with VDSL and VoIP if you are keeping phone services active under the NBN. Allow an additional two weeks if you are transferring or keeping your phone number too. (Note: keeping a home phone is optional after the switch). DON'T, whatever you do, leave switching to the last minute. You will find that there may not be enough time to switch and, with the influx of people making the switch, additional delays in switching may occur.

Need more help or advice? Feel free to contact me at Cairns Computer Support in Speewah on 07 4222 1111. Cairns Computer Support are NBN 'Advantage' and NBN 'enAble' accredited. We are also agencies for ANT Communications, a leading Aussie owned and operated NBN Service provider that specialises in regional and remote NBN Broadband Internet and NBN telephony services – for fixed line, Fixed Wireless and also Skymuster Satellite services. We can help you make the switch, take care of migrating your phones, help you with any upgrades you may need for essential equipment and above all offer a local service, and a support team that is based right here in Australia! We also have the ability to conduct line speed estimates on your current line to assist you in choosing what NBN speed and plan would be best suited to you. And I am happy to advise that I'm also a qualified NBN installer/tech now so if I can help just contact me.

Visit www.cairnscomputersupport.com.au/nbn.html for info.







showcased in many mediums for its members, but I get to meet and chat with a lot of visitors and locals who frequent the Co-op. I enjoy chatting to the locals, fellow volunteers and artists about 'all things Kuranda', as well as keeping abreast with local issues and developments. As Councillor, it is my pleasure to provide the following update for the Kuranda Community.

Animal Management

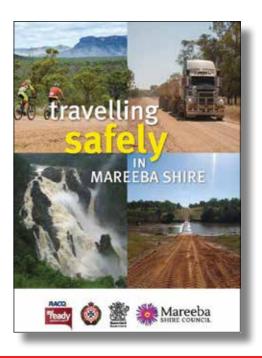
Kuranda is home to a diverse range of wildlife and wandering animals, particularly domestic dogs and cats. These are responsible for the death or injury of many wild animals and this could be prevented by responsible pet ownership. Please make sure your pets are kept in a safe and secure enclosure at all times. If you see a dog wandering at large, contact Council on 1300 308 461 and our staff will follow up. By law your dogs must be registered with Council. It is also just as important to let us know if any details to your dog's registration have changed – if you move house, you no longer own the dog, or you move away from the Shire, make sure you let us know so that we can update our records.

Therwine Street

JMAC Constructions began works on the long-awaited redevelopment of Therwine Street in Kuranda this week. Construction will commence on the lower Therwine Street, with works expected to continue for a period of 12 weeks, weather dependent. Once the works in the lower section are completed works on upper Therwine Street will commence. We appreciate the patience and ongoing support of businesses, residents and visitors in delivering the exciting project.

Council recently released a community awareness guide, aimed at keeping locals and tourists safe when exploring the Shire. Funded by the Queensland Government's Get Ready program, the resource includes tips on how to prepare for different types of weather events, driving on unfamiliar road conditions and how to deal with other hazards that may occur when travelling around the Shire. The document will be available online and at selected retail outlets across the Shire.

Cr Angela Toppin



Thank you for the opportunity to provide an update on Mareeba Shire Council. I was elected Councillor for the Mareeba Shire Council in 2016, following my retirement as Principal from Cairns State High School. I have had the pleasure as Councillor to represent Council on several committees in Kuranda – the Kuranda Interagency Network (KIN) and Kuranda Infrastructure Advisory Committee (KIAC). Both include several representatives from the Kuranda Community, and I enjoy interacting with them and keeping abreast of local developments. I also volunteer at the Kuranda Arts Co-op Gallery on a monthly basis, where I get the opportunity to not only immerse myself in the wonderful art works which is



Rainforest Aboriginal Homelands Map

by Timothy Bottoms

The rediscovery of the Aboriginality of the landscape opens a fascinating and exciting new perspective on our Australian history. The Rainforest Aboriginal Homelands map (Bama Bulmba) of the Cairns Region, FNQ gives an approximate indication of tribal boundaries for our area.

Some prominent features from the traditional owners have been included, such as 'Bird Barrier Mountain'/Bunda Djarruy Gimbul (or Lamb Range), which referred to certain species of coastal birds that would not fly over the range unless a cyclone was expected. Also Bunda Djarruga Murrgu/'Hill of the Scrub Hen's Earth-mound Incubator Nest' (Walsh's Pyramid), which refers to the Storywater ('Dreaming') telling of the Scrub Hen flying over the Malbon Thompson Range from Buddabadoo and building a huge nest with her partner. In 1873 G.E. Dalrymple renamed it in honour of the Speaker of the Legislative Assembly, W.H. Walsh, who never visited North Queensland and after a structure unrelated to Australia.

To the coastal Bama the Great Barrier Reef was referred to as Yurrbing or 'Grinding Teeth' as that was what it sounded like underwater.

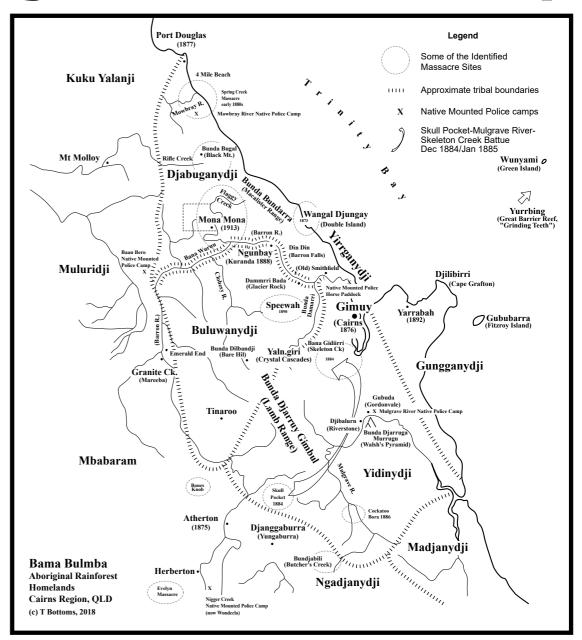
Major nineteenth century massacres of Bama, which also occurred elsewhere on the colonial frontier, are also delineated for our region. Four Native Mounted Police camps are identified: Baan Bêro, Mowbray River, Nigger (sic) Creek (now Wondecla) and at Gordonvale. These were a part of colonial Queensland's frontier policy to protect settlers by 'dispersing' (shooting) local Aboriginal groups. On average a white Sub Inspector led between four and eight Aboriginal troopers from other Queensland regions. These contingents were stationed on the frontier as it expanded North and West until the Gulf and Cape York Peninsula was reached. The Clohesy River was named after one of the Sub Inspectors.

The Indigenous perspective of how they viewed their world through Bulurru (religion/lore) and the dramatic landscape that we now all share, demonstrates the ancient nature of our region and how incredibly knowledgeable and clever our Indigenous people were to have lived and survived over 65,000 years.

Find out more about local history from Timothy Bottoms books:

- 1999 *Djabugay Country* An Aboriginal History of Tropical North Queensland
- 2013 Conspiracy of Silence Queensland's frontier killing times
- 2015 CAIRNS City of the South Pacific A History 1770-1995

More: www.cairnshistory.com.au



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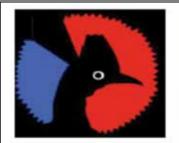
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KURANDA

conservation

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1 Pademelon Lane, Kuranda 4881

Email: kurandaconservation@hotmail.com Website: www.kurandaconservation.org

The KCons community nursery is nearly always open at 1 Pademelon Lane (cnr Fallon Rd and Kennedy Hwy).

It's early, but fabulous coloured new leaves are bursting forth on the trees, the bees are busy and there are signs of blossoms. That promises new fruit and seeds for a new season. We're madly potting up seedlings now that we've made space for new stock. Nursery's looking good and visitors are always amazed by the variety of plants we have.

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ABC National TV's program

GARDENING AUSTRALIA

(Friday evening 7.30pm)

to feature in one of their episodes sometime in the coming months. Filming took 11 hours, some of which was taken up with filming cassowaries, the rest in the nursery talking about what we do and why we do it.

They had heard that we were an innovative group, active in researching cassowaries and involving the community in naming them and reporting sightings. They were interested in our revegetation projects on private land, that we collected cassowary poo as a way of collecting the right plants to grow in the community nursery and our large worm farm.

There were lots of hilarious moments making the two days fun but tiring.

Many thanks to the Gregory family of Cassowary House for their notifications that the cassowaries were around so the filming team could get some terrific footage.



LEFT: The filming team take-5 and allow themselves to be photographed. You can see that they are a jolly lot.

We'll let you know when the show will be on. It will be a great advert for Kuranda and its environment.

We received the first call for a year in the past week reporting a subadult (young cassowary coming into its adult colours) on the Kuranda Range Road.

Fortunately it was on the other side of the steel barrier, but let's be warned that they are out and about looking for food.

IF YOU SEE A CASSOWARY in the Kuranda region PLEASE CALL **4093 8834** so we can build up our database.



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30 August 2018 THE KURANDA PAPER



Trees in History

is the talk internationally renowned forester Peter **Hitchcock AM** will give to the Friends of the Botanic Gardens on Wednesday August 8. His presentation will cover five tree species that have played distinctive roles in human history. They are laurel, tamarind, cinchona, Brazil wood and ginkgo. Laurel appears in mythology and for culminated purposes. Tamarind is an ingredient in Asian cuisine and played a role in the history of migration to Australia. Cinchona is the source of quinine used to treat malaria. Brazil wood is a source of red dye and used to make musical instruments. Ginkgo is one of the living fossils or 'green dinosaurs'. The event, to be held in the Botanic Gardens visitor centre, starts at 6.00pm with a light supper. Cost: \$5 for FOBG members. \$10 for visitors.



Kuranda Garden

A very informative meeting was held in July at 'The Kuranda Precinct'. Thank you to John Baskerville for bringing us up to date with all the perseverance needed and hard work that has been done thus far. What a great project and use of public space by locals for locals. More news to come.

Thanks also to Cathy Retter for information on 'Electric Ants'. They are spreading and it is up to us to take responsibility to save our lifestyle and our beautiful environment.

If you are giving or accepting plants (even bromeliads can harbour electric ants) think twice ... are they ant free? By plant swapping we are helping Electric ants to spread and thrive. Have you had your garden checked yet?

August Meeting: Saturday 4th 2.00pm to 4.00pm

to be held at Kuranda Envirocare Nursery 284 Myola Road (not far past the school & pool)

We will have a tour of the nursery, learn about propagation, why it's important to grow natives and what grows well where. Plants will be available for sale.

The AGM will follow

Please bring a plate to share for afternoon tea.

New members welcome, come and enjoy a cuppa and chat about anything "gardening" Contact: Deb Maslowski 0488 215747



Only five games to go!

Hard to believe there are only five games left in the 2018 season! We're now planning our end of year presentations.

We are also seeking volunteers to run the club in 2019 and to set up a small committee so the club can continue to prosper. If you are interested in helping out in any capacity, please let Nettie O'Connell know on 0416 120 852. A small group is all that is needed and it's very important for the community and our kids that this great club continues.



Kuranda Rangers Football Club



"Kuranda: a place where the environment is valued and protected" Nursery: 284 Myola Road, Mon & Thur 9.00–1.00pm; Sat 10.00–1.00; Phone: 4093 8989/0419 624 940

Kuranda Region Voluntary Conservation Agreements

Sorry if you missed the public meeting 19th July. About 40 residents learned the potential of the forest and wildlife in our Wet Tropics Kuranda area and how you might protect any part of your block for now and future generations with a management plan, defined by you. Some of you may have received a document about your block and its values. If you didn't, don't feel left out, we simply could not get to everyone in the area. You'll receive information in the months to come. Please contact us if you want to chat, need advice or need assistance. We're here to support your vision of the supportive environment of the future.

Below: Protectina the places we love – Ganuan creek, Speewah



It's not about the Plants, it's about the Ants. Ring 132523 for a FREE Yard check

Good on those of you who made the call for a FREE yard check for the pesky electric ant. Calls are a bit patchy, there are still lots of landowners who haven't called for a yard check. It'll take a few months to check all properties so please be patient for that

checkup. And we're going for all yards to be checked.

Just so you know, the yard check is just that: a check of your cleared yard area, where you might have brought material such



as pot plants and soil. The yard checkers are not interested in your "PLANTS" (different department!) just interested in the ANTS. So your weeds are of no interest.

We now have maps of the current infestation. Ring Cathy on 0419 624 940 if you'd like to check how close you are to the current infestation zones or if you have any concerns about people coming onto your block. Photo above: Life sized electric ants on pencil lead

Plant of the month Memecylon pauciflorum – Poor flower

Named poor flower for the size of the small purple blue tinged white flower, this little shrub is an ideal garden sized plant which grows fairly slowly to 1.5 m high.

Flowers in its second or third year, has an erect central stem, many short side branches, tolerates full sun or part shade.

At first glance quite similar to Eugenia reinwardtiana, the beach cherry, but the ripe fruits are fleshy, purple-black, instead of red, and up to about 8mm long. They produce a purple stain.



Date Claimers

- 2nd August 7.00pm. Speaker meeting Mia Conway, Children R Change after school environmental experience program for school kids. Kuranda Recreation centre, Fallon Road. Speaker on Children for Change. Light supper provided
- Frog Monitoring week 13th to 20th August monitoring days vary. Check FB page or text Cathy 0419 624 940
- Saturday morning conservation activities Meet at nursery 284 Myola Road at 8.00am or Call Cathy on 0419 624 940 for details.

Become a member, borrow the Box Trailer and receive mate's rates: Ring Garth on 0428 914 380 or Cathy on 0419 624 940

www.envirocare.org.au

info@envirocare.org.au

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GULA

"THE BODY"

BGDWTTBLNBBBUNGGUGT I A A A W U L N G G U W U L N G G U Y RNDNBDDYABALGUBINDA RYAGUJAUMANDIYLDWJB MDGGRIBNUNYUMBAILLM BJAIRNAGNDLWBADABBK IALRNGDGDIJZLJNLZLB RRMRYAJAJRNXWUDJALG RRUDAYIGIRBINYIIGGD NBLJJDNURADUGULPIVD GUAUNUALRRDMUDJILIZ UNBLNRAMIVJAULPLVZJ LUUUYUMBGDANLKRMTDV UWNIAQAUPIRUBINAKZT QAYWWDRDPDRNMKTBVBY ZLIIIBALAIAIDGIKDYM JUWQLLYNZRDUMUWTBTG

Wordsearch explanation and dedication

The Bama of this area shared a common ngirrma, language. The Djabuganydji, Bulwanydji, Nyagali, Yirrganydji and Gulunydji have lived here for millennia. The Djabuganydji called it Djabugay. The Bulwanydji called it Bulway. The Yirrganydji on the coast called it Yirrgay. The 'ay' sound at the end of these words sounds like archaic English 'aye' for 'yes'.

Some of their stories go way back in time. The Djabuganydji believe that once their hunting grounds stretched to the Barrier Reef. At the end of the last ice age there was a rise in sea-level that pushed the people back inland and created the present shoreline. Nowhere else in the world have a people been able to reside continuously in the one place for so long, passing on their stories to the present day.

The actual word "bulmba" has many meanings: home, camping ground, territory, the world itself, time, the weather and the authority of the elders, upholders of the Law. This bulmba is constantly changing, depending on the time of year, the season, the weather.

Thanks to the Bulmba Rangers for this selection of words and to the Djabugay Tribal Aboriginal Corporation for its work in preserving the area's linguistic inheritance.

— Michael Quinn

- TRANSLATION - GULA THE BODY

BADA: head BALA: calf/shin BALGU: belly BINA: ear DJULU: cheek BINDA: shoulder BINYII: mouth/lips BIRRMBIRR: nasal mucus BUNGGU: knee **BUNU**: bottom BURRNYA: heart DABA: lower arm DADAGAL: bone DIDI: eyebrows DIRRA: tooth/teeth DJARRA: thigh DJILI: eye

DJINAA: foot/feet

DJINGAY: nostrils

DJIRRI: upper arm

DUGUL: nape of neck **DUMU:** chest **DURU:** tears GANYDJARR: armpit GULMBU: hair GUU: nose MANDI: wrist MANU: neck MARA: hand MULABUNY: brain NGAMUN: breasts NGULU: face NYAWIL: tongue NYUMBA: spit/saliva NYUNGGA: moustache/beard WALU: temple/side/shore WANGGIRR: ribs WUDJAL: eyelash WULNGGU-WULNGGU: throat

Word Search

(Please note: some words may share letters)

BADA BALA

BALGU

BINA DJULU

BINDA BINYII

BIRRMBIRR

BUNGGU

BUNU

BURRNYA

DABA

DADAGAL

DIDI DIRRA

DJARRA

DJILI DJINAA

DJINGAY DJIRRI

DUGUL

DUMU DURU

GANYDJARR

GULMBU

GUU

MANDI MANU

MARA

MULABUNY

NGAMUN

NGULU

NYAWIL

NYUMBA NYUNGGA

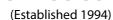
WALU

WANGGIRR

WUDJAL

WULNGGUWULNGGU

FNQ Wildlife Rescue Assoc. Inc.





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Tel: 07 4053 4467 (24 hrs)

Email: fnqwr@bigpond.com





August 2018 THE KURANDA PAPER



Need help with a drinking problem?



Ph: 1300 322 322 https://aa.org.au

St Christopher's CATHOLIC CHURCH Barang Street, Kuranda Our Sunday Mass held at 6.00pm Mass: First Wednesday of each month at 6.00pm

If someone in your family has a drinking problem, you can see what it is doing to them, but can you see what it is doing to you?

Al-Anon can help you!

MEETINGS IN KURANDA, **SMITHFIELD, CAIRNS**

Phone Kate 4093 9668 **1300 ALANON**





Kuranda Faith Community

Ph 4093 8730

Conversation as Prayer

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THE ANGLICAN CHURCH OF AUSTRALIA, ST SAVIOUR'S KURANDA

Invites you to Worship

SUNDAY

8.00am Holy Communion (BCP) 9.30am Sung Eucharist

9.30am Sunday school 5.00pm No services in August

TUESDAY 9.00am No services in August

The Patronal Festival of the

Transfiguration

Saturday August 4th

3.00pm Sung Eucharist followed by High Tea

Sunday August 5th 8.00am Holy Communion (BCP)

9.30am Sung Eucharist 5.00pm Evening Prayer **ACTIVITIES**

Home Groups • Alpha A life Worth Living • Sunday School POSSUM CORNER OP SHOP

Monday to Saturday 8.30am to 12.30pm

Enquiries: Chris Wright Tel 4093 8735 • Email: wrightc@iig.com.au

A Thought for August

THIS month we read from St John' Gospel Chapter 6.1-15

All of us are aware that there are many differences between the content and the styles of the four versions of the Gospel which we have in the Bible. There is also, of course, much similarity. But it is interesting that of all the miracles done by Jesus, this is the only one which is recalled and included by all four Gospel

writers. There must be reasons why it lived in all their minds so vividly. If, as we know, much of the Gospel's content was already in circulation as teaching material among that first generation or two of Christians, then this particular miracle must have held a special place in those early years.

One reason will immediately occur to any Christian. This is the miracle which we are reminded of every time we raise our hands for the bread of Eucharist. We begin by breaking a small piece of bread, and many come forward to share the meal which flows from that bread.

There are endless levels of meaning and teaching which flow from this miracle. Perhaps we might take one very simple and practical lesson from it.

We listen to the exchange between Jesus and two of the disciples, Philip and Andrew. As the crowd grows to immense proportions, Jesus asks Philip what he thinks they should do. Philip feels overwhelmed. He has a vision of the enormous bill for food, even if they could get it in this deserted area! Andrew does little better. He rather apologetically points out that there is someone nearby with a little food. Neither disciple is presenting a solution, yet there is an important difference between their approaches. Philip takes the position that the situation is hopeless, while Andrew sees some glimmer of possibility, however minuscule. It is this possibility that Our Lord then works with, and the result we know. From the tiny resource flows sufficient for all.

This is often true in our lives. There is a task to be done, a problem to be solved, a project to be completed. It seems far too big for us. We look about, seeking for whatever resources may be available. At first we search fruitlessly. Anxiety mounts. There is a feeling of fear and frustration. Sometimes panic sets in. Then we see something to cling to and work with. At first it may seem almost idiotic to hope that this will help. But we find that making a start, taking the first step, enables us to deal with the situation. From the small, pitiable initial resource, amazing results flow. It can be true spiritually. Indeed, it can be true in all sorts of practical everyday ways in our lives.

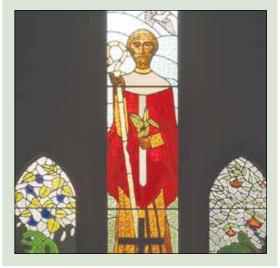
When confronted with daunting tasks, we might do well not to dismiss what seems at first a small and useless

NEWS FROM ST SAVIOUR'S

A magnificent concert by Chamber Philharmonia Cologne was held on Sunday 8th July 2018 at 2.30pm. Our thanks to all who came along and to Cathy and the Information Centre volunteers for selling tickets. It is a great honour to host the Chamber Philharmonia Cologne and we hope that one day they may return to Kuranda.

The objective of Chamber Philharmonia Cologne is simple - to inspire as many people as possible across all generations to enjoy classical music and they certainly do.

St Saviour's celebrates it Patronal Festival of the Transfiguration on Saturday 4th and Sunday 5th August with a special service on Saturday at 3.00pm followed by High Tea; on Sunday after the 9.30am Service there will be Special Sunday Brunch.



Baha'i Thought for the Month

"A new life is, in this age, stirring within all the peoples of the earth; and yet none hath discovered its cause or perceived its motive. Consider the peoples of the West. Witness how, in their pursuit of that which is vain and trivial, they have sacrificed, and are still sacrificing, countless lives for the sake of its establishment and promotion. The peoples of Persia, on the other hand, though the repository of a perspicuous and luminous Revelation, the glory of whose loftiness and renown hath encompassed the whole earth, are dispirited and sunk in deep lethargy.

"O friends! Be not careless of the virtues with which ye have been endowed, neither be neglectful of your high destiny. Suffer not your labors to be wasted through the vain imaginations which certain hearts have devised. Ye are the stars of the heaven of understanding, the breeze that stirreth at the break of day, the softflowing waters upon which must depend the very life of all men, the letters inscribed upon His sacred scroll. With the utmost unity, and in a spirit of perfect fellowship, exert yourselves, that ye may be enabled to achieve that which beseemeth this Day of God. Verily I say, strife and dissension, and whatsoever the mind of man abhorreth are entirely unworthy of his station."

(Baha'u'llah)

Meditations/Reflections: all welcome to meditations on the sacred writings of the great religions, also discussion evenings, by arrangement.

Morning Prayers every Thursday 8.00am, in the park in central Kuranda, followed by coffee

Study Circles by arrangement, please feel free to enquire Also regular events in Cairns, Atherton, Malanda, Tolga, Cooktown and other places

All enquiries welcome. Telephone 0419 632 286 /4093 9571

Baha'i Community of Mareeba/Kuranda



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Alterations And Dressmaking in Speewah. Karen is professional and very reasonably priced. Call anytime, seven days per week 4093 0502 or 0459 184 223

Always seeking new stallholders for Koah Community Markets... First Saturday every month Mar~Dec. We make it happen... YOU make it great!! Nicky: 0488961660 sms/voicemail for callback.

Backgammon enthusiasts: come and have a friendly game at Sweet Gossip, Kuranda Original Rainforest Markets, from 3.00pm.

Barking and nuisance dogs: Visit www.barkingdogs.net to read about the root cause of the Barking Epidemic and useful tips on how to alleviate the problem.

Blue Moon Boutique: Ladies Modern Dresses and Playsuits. Shop 7 Kuranda Original Rainforest Markets Arcade.

Bowen Therapy: Thursdays in Kuranda. Relief from pain and stiffness in joints and muscles, including head, neck and back ache. Realign your body, release stress. \$40 adults, \$10 kids. 0408 400 049.

Bowen Therapy & Homeopathy Sarah at Simply Healing 0402 804 591, www.simplyhealing.net.au Phone for an appointment to start on the path of healing today.

Carpets Shampooed: \$40 normal sized room. 0429 090 476.

Cleaning Needs: office, home and commercial, call 1800 MYCLEANER

Computer Repairs: Servicing home or business. Prompt, reliable & affordable 'no-fuss' same day come-to-you service. Cairns Computer Support. Local Kuranda based business! Ph 07 4222 1111 or visit

www.cairnscomputersupport.com.au

Experienced Reiki Master/Psychic Julie Bell available for Reiki, Energy Work, Aura Cleansing & Chakra Balancing. Psychic Readings including Past Lives, Angels & Spirit Guides. Shop 49 Original Kuranda Rainforest Markets FRESH CAUGHT Reef fish direct from the boat to your door. Local Business PRISTINE REEF FISH (Like us on Facebook). Call Richard on 0407 908 375 for catch and delivery details

Golden Sands Painting Services 25 years established in Cairns and surrounding area. Have just moved to Kuranda area. Free Quotes. Best Quotes. All work guaranteed. Malcolm QBSA No 067022

Ph: 0418 162 635 or 4093 8761 mal.or@bigpond.com **Hairdresser**: The Designers Den. Experienced Ladies & Gents hairdresser. Bookings essential. Please phone 0419 937 311 for your appointment. Also facial waxing and tinting. Located in the Original Market Arcade

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Herbcraft Apothecary (Speewah) Tarot Readings & Healing Sessions (Reiki, Chakra Balancing), Incense, Smudge, Herbs, Essential Oils, Resins, Wicca Accessories and Gifts, Herbal Teas for Wellness (eg Chamomile, Skullcap). 0422 174 409

Ji Ching readings: Chinese wisdom 3000 years old, foundational science behind Feng Shui. Worrisome issues personal/business can be dismantled/reassembled enabling greater confidence. \$20 p/hour. 0429 090 476.

Kuranda Community Kindergarten has vacancies for 2018 for children turning 4 by December 30. Contact us on 4093 8087, email kcka@westnet.com.au or visit us on Barron Falls Road.

KUR-World – Not yet decided?

Have an info pack emailed to you from your local volunteer Community Reference Group Member

– email your request to: eiskuranda@gmail.com OR –phone your request to: 4093 7297

Looking for that winning outfit? 'Just Gorgeous' can help with fascinators to suit any budget and fashions for all occasions. Open everyday 10.15 to 3.45 (later or earlier by appointment).

Marriage Celebrant: Cheryl Tonkin, your weddings designed just for you – and local. 0407 670 954 or email NQCeremonies@gmail.com

Martial Arts: Tang Soo Do Speewah: Monday & Wednesday, Mareeba: Tuesday & Thursday Rob McAlpine 0439 300 045

Massage, Health Food: Kuranda Health and Healing. Wonderful local care and service by fully qualified practitioners. 0431 388 568 10.00–5.00pm M-F; 10.00–3.00pm Saturday.

Massage with Sheree Scott: relaxation & remedial, 22 Williamson Drive, Ph 4093 9490; 0421 102 722.

Monte's Ride-On Lawn Care, 'LOCAL BLOKE YOU CAN TRUST'. Call Carlo 0458 309 899

Mould removal High pressure cleaning Reasonable rates ring Lennie 0488 060 476

Newest season Spring and Summer fashions are now arriving almost daily at 'Just Gorgeous'. First in best dressed. 16 Coondoo street, Kuranda.

Painter Available: Need to freshen up your home? 20 years experience. Clean, reliable and affordable, no job too small. Call Alan 0452 669 447

Email alanhopkinson@bigpond.com

Pristine Swimming Pools: Local business. Pumps, filters, chlorinators. Over 25 years experience. Free quotes. Call Richard 0407 908 375

Professional Photographer Robyn Hughes, 360 degree, Google streetview, commercial, drone/aerial and event photography Phone 0414 830 991.

Resume: In Speewah, Cairns longest-running resume writing business — over thirty years' experience. Resumes, Employment Applications, web text, all forms of copy writing, editing and proofreading. Word Factory (Suzy Grinter) Phone: 4093 0449

Social Sesh's @Koah Hall! Mid-month mixers, Sesh's are family friendly, free events.. Happy barkeep & chubby cook = always a good night! Next Sesh' Fri August 10 from 5pm!

Synthetic Hair Kuranda \$15 per packet, Box Braids, Marley, Faux Locs, Senegalese Twist, Afro Twist, Jerry Curl. Also beads, cuffs, clips Ph: Geua 0422 890 672

The Ironbark Gallery: Handcrafted local Australian hardwood creations by Trevor Brodie. A perfect gift or something special for yourself. Phone 0418 983 402. www.theironbarkgallery.com.au

Trailer for hire: cheap, as a community service. Discounted for members. Kuranda Envirocare Garth Owen on 4093 9926.

Tribal Grooves Dance Classes at Kuranda Yoga Shala. Express. Open to all levels, no previous dancing experience required. \$15 per class or 10 Class Pass \$100. Call Magnolia 0427 160 478.

Tropical Prestige Swimming Pools: Local family owned business, New Pools & Renovations, Water Features & Surrounds, Crack/Leak Repairs, over 13 years experience. Free quotes. Please call Jamie 0448 825 992

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Webdesign: webmaster services, friendly local professional can help you with anything website related. Reasonable rates. Info: www.geewhiz.me 0455 344 911.

#wastenotwantnotstall Got more garden goodies than you can eat? Bring them along to our community initiative stall – we sell them for you! Koah Markets, Saturday August 4 from 8.00am Rozana: 0428 741 350, Nicky: 0488 961 660

Justice of the Peace (QUALIFIED)

Robin Anscomb Phone 0409 046 932

JOIN YOUR LOCAL SES

Training held fortnightly
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Call John
for details on
0427 037 054

Justice of the Peace (QUALIFIED)

Please phone for appointment or leave a message, and I will get back to you.

Phone 4093 8780 Karen McLaren

Justice of the Peace (QUALIFIED)

Please leave a message, or see me at the housing office of Ngoonbi, 40 Coondoo Street, Kuranda.

Phone 4085 0083 Wendy Pritchard



Riding the Dragon. Eclipses of the Sun and Moon occur when Earth, Moon and Sun are in exact alignment, which happens every six months as we converge on the Moon's nodes. In ancient times the north node was the head of the dragon and the south node was the tail. Right now we are on the dragon with Solar Eclipses on 13th July and 11th August, and a Lunar Eclipse on 27th July so, yes, we really are riding the dragon.

Dragon's head (north node) is at 5°Leo and south node, dragon's tail is at 5° Aquarius.

Those points, and the surrounding degrees are very sensitive points right now. If, at birth, you had a planet, or angle, at those points 4, 5 or 6 degrees Leo or Aquarius you would be experiencing extreme turbulence in the area of life represented by the location of that point in your birth chart. If your rising degree (ascendant) is 5°Leo, then you're riding on the head of the dragon and need all your powers of leadership to direct your life where you want it to go. More power to you.

With a point of your chart around the early degrees of Aquarius; the Lunar Eclipse degrees, you're hanging on to the dragon's tail being carried along into the unknown and good luck with that!

An extended eclipse season around Leo and Aquarius obviously brings on major changes in world political structures and technological advances; both being pushed along at an accelerated rate over the next six months.

Trump watchers would be enjoying this: The old lion and the techno crats facing off... Mars over the Eclipse point really fires up the belligerence...

The brakes are pulled on during August with Mercury, Mars, Saturn, Uranus, Neptune, Pluto, and Chiron all retrograding; stopping, backing up and it would appear that we are dealing with a whole lot of stuff that will not just go away! Sticky and stuck, so the eclipse energy is going to have a job to do. Blasting off the mud and clearing away the debris before we can move forward again.

Jupiter, even though not retrograde, is ploughing through Scorpio going deeper into the mud until we hit a solid foundation and get back into balance. Venus in Libra will do it and keep the ship steady. The good ship Venus has always been a fun ride, no?

Saturn and Uranus are in retro-trine in the earth signs, all month really. It suits one, but not the other. In harness together but pulling in different directions. Not that different but moving in a jerky way that makes actual progress unlikely and a bit staccato.

Altogether, a dodgy sort of month that a careful analysis of your birth chart and the current transits would help sort out but jerky; stuck and chaotic seem to be the rhythms.

The Sabian symbol for the 11th August Solar Eclipse is a nice way to sum it up. The symbol "a houseboat party", the enjoyment of temporary freedom from rigidly structured social behaviour. Jump on board!



Rob Hart

Resident Astrologer & Tarot Card Reader Kuranda Heritage Markets Ph. (07) 4093 0218





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Mareeba Shire Kuranda Transfer Station
Opening Times

TUESDAYS, THURSDAYS, SATURDAYS, SUNDAYS 8.00am to 5.00pm

Kuranda Branch Library and Council Office

Arara Street • Phone 4093 9185 www.library.muc.qld.gov.au

LIBRARY

Monday to Friday 10.00am-5.00 (5.30 Tuesday) Saturday 9.00-12.00

COUNCIL SERVICES

Monday to Friday 10.00am- 4.30 Saturday closed

Rainfall Last Month

Total June: 64mm
Total July to 24th 60mm
Year to date: 2326mm
Courtesy of Kuranda Railway Station

Words of Wisdom from my Grandmother



Never be afraid to try something new. Remember that amateurs built the Ark. Professionals built the Titanic.

EMERGENCY CONTACTS

FIRE or other emergencies – please phone **000**SES Flood or Storm emergencies – please phone **132 500**

RURAL FIRE BRIGADE WARDENS

Davies Creek 4093 3181 Koah 4232 5468 Kuranda 0408 077 746

Myola 4093 7190 / 0408 151 199

Speewah 4093 0211

Permits required for ALL fires

JOHN'S KURANDA BUS

"The Local Bus"

		Monday 7	To Friday	Sat	Sun	P/Hol
To:	Speewah					
	Koah			1300		
		*1530	*1530	*1530		
		1750	1750	1750	1645	1645
Ex:	Koah	#0705	#0705	#0705		#0705
		#1315	#1315	#1315		
		*1550	*1550	*1550		
Ex:	Speewah	#0710	#0710	#0710		#0710
		#1320	#1320	#1320		
		*1540	*1540	*1540		
		1340	1340	1340		

*SCHOOL DAYS ONLY # BOOKING REQUIRED NO SERVICE EASTER FRIDAY, CHRISTMAS DAY & LABOUR DAY

Departs Bus Stop: Orchid Plaza, Abbott Street, Cairns

	wonday	io Friday	Sat	Sun	P/HOI
Departs Kuranda	#0720	#0720	#0720		0720
•	1330	1330	1530	1530	1530
	1530	1530			

*1510 from Smithfield to Koah Mon to Fri SCHOOL DAYS ONLY

 Departs Cairns
 **0825
 0825
 0825
 0825

 1645
 1645
 **1615
 1615
 1615

All services except 1000 go to Speewah & Koah if required
**Mareeba

Via Caravonica, Redlynch, Raintrees, Westcourt, TAFE, Cairns City NO SERVICE EASTER FRIDAY, CHRISTMAS DAY & LABOUR DAY

Ph. John 0418 772 953

Trans North Bus & Coach

CAIRNS TO KURANDA SHUTTLE

Departs From	Shuttle Runs Daily (Except Christmas Day)								
CAIRNS Central Rail Station	6.45am	8.45am	11.30am	1.30pm	*3.00pm				
CAIRNS 79 Abbott Street	6.50am	8.50am	11.35am	1.35pm	3.05pm				
SMITHFIELD Bus Shelter	7.05am	9.05am	11.50am	1.50pm	3.30pm				
KURANDA	7.25am	9.25am 12.10pm 2.10pm		2.10pm	3.55pm				
KURANDA TO CAIRNS SHUTTLE									
Departs From	Departs From Shuttle Runs Daily (Except Christmas Day)								
KURANDA	*7.30am	9.30am	12.30pm	2.15pm	4.10pm				
RAINFORESTATION	7.35am	9.35am	12.35pm	2.20pm	4.15pm				
CAIRNS Central Rail Station	8.30am	10.15am	1.15pm	3.00pm	4.55pm				

*7.30am Shuttle via TAFE, Trinity Bay High, Cairns High - Excluding Sundays & Public Holidays *3.00pm Shuttle via Cairns High, TAFE, Trinity Bay High - Excluding Sundays & Public Holidays

ATHERTON TABLELANDS TO CAIRNS

Departs From	Monday to Friday 1 2 3		Saturday 1 2		Sunday *1* **2**		
ATHERTON	6.00am	9.00am	3.30pm	6.00am	9.00am	9.00am	3.30 _{pm}
MAREEBA	6.30am	9.30am	4.00pm	6.30am	9.30am	9.30am	4.00pm
SPEEWAH	6.55am	9.55am	4.25pm	6.55am	9.55am	9.55am	4.25pm
KURANDA	7.15am	10.05am	4.35pm	7.15am	10.05am	10.05am	4.35pm
CAIRNS Service Terminates	8.30am	11.15am	5.35pm	8.30am	11.15am	11.15am	5.35pm
CAIRNS TO ATHERTON TABLELANDS							

Departs From	Monday to Friday			Saturday		Sunday *1* **2**		
	•					•		
CAIRNS Central Rail Station	8.45am	3.30 _{pm}	5.45pm	8.45am	3.30pm	3.30 _{pm}	5.45pm	
SMITHFIELD Bus Shelter	9.00am	3.45pm	6.00pm	9.00am	3.45pm	3.45pm	6.00pm	
KURANDA	9.20am	4.15pm	6.25pm	9.20am	4.15pm	4.15pm	6.25pm	
SPEEWAH	9.25am	4.20pm	6.30pm	9.25am	4.20pm	4.20pm	6.30pm	
MAREEBA	9.55am	4.50pm	6.55pm	9.55am	4.50pm	4.50pm	6.55 pm	
ATHERTON Service Terminates	10.30am	5.25pm	7.30 _{pm}	10.30am	5.25pm	5.25pm	7.30 _{pm}	

PUBLIC HOLIDAYS operate on Sunday Service *1* Timetable No Sunday 4.35pm or 6.25pm Services departing KURANDA on LONG WEEKENDS No Services operating on CHRISTMAS DAY or GOOD FRIDAY

Information on all *Trans North* Services including fares, timetables & service updates are available on our website.

www.transnorthbus.com.au

or by phoning 07) 4095 8644 during business hours.



THE KURANDA PAPER August 2018

NAIDOC IN KURANDA



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