# 

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# KOAH HALL AWARD WIN

The Koah Sports and Social Club (KSSC) has started 2024 with a bang!

In conjunction with Dream BIG! Circus School, KSSC was awarded the Mareeba Shire Council's Australia Day Junior Group Arts and Culture Award for their Jingle and Mingle "Twisty Cindy" Fundraising Event, held at the Koah Hall on Saturday 2 December last year.

The Koah Hall is managed by the Koah Sports and Social Club Committee, a dynamic group that loves organising great events and facilitating community-building bonanzas such as the Jingle and Mingle, and the Koah Monthly Market BBQs.

Along with not-to-be-missed monthly markets (held March to December), the Hall is also well respected as a wonderful community venue, with a jam-packed schedule of activities all year round, including Pilates, Men's and Women's circles, Circus, and Fighting Fit, to name but a few. See the back page of each edition of *The Kuranda Paper* for what's on at the Koah Hall, or check out the Hall's online calendar at www.koahhall.com.

As well, during times of hardship, the Hall is a place to provide support and shelter, bringing community together. During the floods of March 2018, and again in the wake of ex-Tropical Cyclone Jasper, the Koah Hall was declared available as a 'Best last place of Refuge' for those in need.

It has been a rewarding run for the Club. Late last year, it was successful with its grant application to the Community Gambling Benefit Fund for the revitalisation of the Koah Hall tennis court area. Plans are to re-paint the court, adding basketball markings and new gates to make the court more accessible. This work will be done in 2024.

Previous recognition of the hard work and inspiring vision which embodies the vibrant Koah community and the Hall which is at its heart, include the award winning Nature's ARK playground, which also is evidence of the community's strong commitment to the generations of the future.

A message from the Koah Hall Committee:

"The Koah Sports and Social Club AGM is coming up soon! We are looking for folk keen to join our fun and dynamic team. There will be an information stall at the Markets on Saturday 2 March, – come for a chat. We believe that community





Above L-R: KSSC Committee Samantha Jurgens, Sophie McGrath, Simone Cislowski and Nicky McKillop. Right: The 'Dream BIG! Circus' – Show Class 2024

connection is beyond value, and sporting and social events are a great way to achieve this while strengthening our community. If your values align with this, please join us at 5pm on Saturday 16 March at the Koah Hall AGM, and YOU can be a part of our 2024 programme's fruition... and dream up the future!"



# **ASSPRETED FALE** Kuranda Media Association Short Story Competition See page 3 for details

Photo: Tobias Tullius – Unsplash



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   The Kuranda Paper

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Conditions apply. All articles submitted will be printed at the discretion of the Management Committee and Production Team and may be subject to editorial changes.

The Management Committee of The Kuranda Media Association Inc. (KMA) does not accept responsibility for financial, health or other claims published in *The Kuranda Paper*. Factual errors in material submitted are the responsibility of the contributor. All submissions received, including photographs, are deemed to be authorised for publication by the contributor.

The Kuranda Media Association Inc. is a not-for-profit voluntary association est.1991. Advertising revenue from *The Kuranda Paper* enables us to provide this community resource, which supports local community groups and projects. Our stated objectives are to provide a means of open communication in order to foster the spirit of community involvement and reflect the aspirations of the residents of the Kuranda area.

Note: Views expressed in *The Kuranda Paper*, including letters, do not necessarily reflect the views held by the KMA Management Committee.

KMA Management Committee 2024 President: Nettie O'Connell Vice President: Kerstin Brown Secretary: Trish Green Treasurer: Gayle Hannah Members Representative: Toni Rogers

Paper Production this edition: Nettie O Design (layout and design). Gayle Hannah (production), Toni Rogers and Garth Owen (proofreading). Thanks to all our volunteers, contributors, advertisers and distributors.

# DEADLINES March

Edition 362/2024 All copy and advertisements due by 10am **Thursday 22 February** 



#### We welcome your letters via email or post

#### COUNCIL ELECTION 2024

# "MEET THE CANDIDATES" FORUM

The Mareeba Shire Council Elections are being held on Saturday 16 March.

Kur-Alert Inc. has organised a *Meet the Candidates* forum for Wednesday 28 February.

Come along and hear what the candidates have to say. This public forum also gives you the opportunity to ask pertinent questions of the candidates.

Light refreshments available.

Date:Wednesday 28 February 2024Time:6pmPlace:Kuranda Recreation Centre

Fallon Road, Kuranda

Contact: Steven Nowakowski 0402 810 411

#### **2024 LOCAL GOVERNMENT ELECTIONS**

#### Queensland's local government elections will be held on Saturday 16 March 2024. Voting is compulsory.

**Note from The Kuranda Paper:** The election was officially announced as we were going to print, therefore the only election content published in this edition is that which was submitted by that date. For the March edition we will make available equal space for every candidate to directly address our readers. Candidates are requested to contact us for inclusion via email at **mail@kurandapaper.com** no later than Thursday 22 February.

Information regarding the election and lists of Mareeba Shire candidates for Mayor and Councillors is available on the Electoral Commission Queensland website **www.ecq.qld.gov.au**. You can also enrol to vote, update your enrolment details, apply for postal votes and find details of early voting and election day voting venues near you.

#### **ELECTION TIMETABLE**

The timetable for the 2024 local government elections is set in accordance with the *Local Government Electoral Act 2011*. The elections officially commenced following publication of the notice of election.

- Notice of election Monday 29 January 2024
- Postal vote applications Monday 29 January 2024 to 7pm on Monday 4 March 2024
- Candidate nominations Monday 29 January 2024 to 12noon on Tuesday 13 February 2024
- Ballot paper order draw 10am on Wednesday 14 February 2024
- Early voting\* Monday 4 March to Friday 15 March 2024 (excluding the weekend).

\*Early voting times will vary depending on location. Check early voting dates, times and locations.

I am excited to announce my candidacy as Councillor for the upcoming local Council election. I am committed to the growth, opportunity, and sustainability of all communities within the Mareeba Shire. Having been on Council from 2014 to 2020, I want to step up and again be your local representative. Council is more than roads, rates, and rubbish. It is about building strong communities, enhancing liveability, ensuring safety, and promoting sustainability.

From Chillagoe to Kuranda, Julatten to Irvinebank and all communities in between, I will advocate for a stronger, safer, sustainable, and successful Shire for all of us.

Let's work together and make our Shire an even better place to live, work and invest.

Nipper Brown, 0429 931 061 3502 Dimbulah Road, Mutchilba

#### **COUNCIL ELECTION 2024**

As the Local Government election approaches, I am proud to announce my candidacy for the Mareeba Shire Council in 2024.

Having lived and worked in the Mareeba Shire for over three decades, I have a deep understanding of our community's unique opportunities and challenges. I believe, however, there is always more to learn and understand – which can only be achieved through genuine conversations, and listening. My commitment is to represent the Mareeba Shire with dedication and drive to ensure our communities continue to advance.

My focus is on fostering the Shire's growth, supported by robust Council infrastructure and initiatives that promote sustainable community, business and industry development. I am also dedicated to advocating for improvements in crucial areas such as transport infrastructure, telecommunications, community safety, and health at the Federal and State levels.

In the upcoming weeks, I'll be visiting various locations across the Shire and I welcome the opportunity to discuss your vision for the Mareeba Shire. Please feel free to approach me for a chat or follow along on Facebook by searching for "Amy Braes – Mareeba Shire Council Candidate" for the latest campaign news, event information, and updates.

For more insights into my background and key priorities, I invite you to visit my website at www.amybraes.com.au.

I look forward to connecting with you and working together for a brighter future for Mareeba Shire.

Sincerely,

#### Amy Braes,

Local. Dedicated. Driven.

Email: candidate@amybraes.com.au

Authorised by Amy Braes, 90 Rozel Close, Mareeba.

#### Election day\*\* – Saturday 16 March 2024

- \*\*All polling booths will be open from 8am to 6pm. Find your nearest polling booth – details for Kuranda voters will be in the next edition.
- Postal vote completion deadline 6pm Saturday 16 March 2024
- Postal vote return deadline Tuesday 26 March 2024

#### WAYS TO VOTE

Before the elections, check or update your enrolment details. You can vote:

- by post
- early (before election day)
- on election day
- by telephone (eligible electors only)
  - via mobile polling (eligible electors only)

#### Paper published Thursday 29 February 2024 Management is not responsible for any copy missing deadline.

The Kuranda Media Association acknowledges the Australian Aboriginal and Torres Strait Islander peoples as the first inhabitants of the nation and the traditional custodians of the lands where we live, learn and work. We pay our respects to ancestors and Elders, past and present. The Kuranda Media Association is committed to honouring Australian Aboriginal and Torres Strait Islander peoples' unique cultural and spiritual relationships to the land, waters and seas and their rich contribution to society.

#### Advertisement sizes and rates

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**Stockists** – A free copy is delivered to every postal box and street mail delivery in the Kuranda district (postcode 4881). If you don't receive a copy please contact the Kuranda Post Office. The current edition of *The Kuranda Paper* can be viewed online at kurandapaper.com, along with back issues. In addition you can pick up a hard copy of *The Kuranda Paper* at the following outlets:

**KURANDA:** Kuranda Post Office (Thoree St), Sprout Café (Coondoo St), Kuranda Visitor Information Centre (Centenary Park), Kuranda Neighbourhood Centre (Rob Veivers Dr), Kuranda Pharmacy & Newsagency (Coondoo St), Kuranda Arts Co-op (Coondoo St), Cornetts IGA (Thongon St), BP Service Station, Annabel's Pies (Therwine St), Honey House Kuranda (Therwine St). **KURANDA DISTRICT:** Speewah Service Station, Koah Service Station.

MAREEBA: Piagno's News (Byrnes St), Mareeba Heritage Museum & Visitor Information Centre (Byrnes St), Mareeba News (Byrnes St) TOLGA: The Humpy

**ATHERTON:** Atherton IGA (Silo Shopping Centre), Atherton Visitor Information Centre

**SMITHFIELD:** Totem Clothing (Smithfield Shopping Centre), Smithfield Library

**CAIRNS:** Cairns Library

#### THE KURANDA MEDIA ASSOCIATION SHORT STORY COMPETITION DEADLINE EXTENDED!

# ASPIRITED TALE

This year we will be running the competition in two parts – one for adults (open now), and one for young adults and juniors which will open in April. In addition, we will be running a poetry competition in the second half of this year.

We know there are some great storytellers in Kuranda and we know our readers love original local writing. This competition is open to all current residents of postcode 4881.

This first opportunity to tell us *A* **Spirited Tale** is open to eligible adults (18 years and over). The work must be no longer than 1500 words, be your own original work and not previously published. Entries close midnight Friday 15 March 2024. The winning story will be published in the April edition of *The Kuranda Paper* on Thursday 28 March. The prize for the winning story is \$400 – so sharpen your pencil or clean your keyboard and get cracking.

#### HOW TO ENTER:

Email your story in a Word doc to mail@kurandapaper.com. Also please send with it a signed cover sheet detailing your name, address, age and contact details (phone and email).

#### Deadline: midnight Friday 15 March 2024. LATE ENTRIES WILL BE DISQUALIFIED.

#### **TERMS AND CONDITIONS:**

Open to all current residents over the age of 18 living in the Kuranda district (postcode 4881). Entries from writers outside of the Kuranda district are not eligible. All entries MUST BE original, the work of the person submitting and must not have been previously published. All entries must be 1500 words or less.

The winner will be notified in person. Winning entries will be published in *The Kuranda Paper* March 2024 edition. Members of the Kuranda Media Association Management Committee and their direct family are not permitted to enter.



#### **Cover Masthead**

Our masthead this month is a drone photo by Steven Nowakowski of the Barron River in Kuranda on 18 December 2023 – the day after the flooding peak from Cyclone Jasper. Steven Nowakowski is a local Kuranda photographer who specialises in nature photography. You can following him on Facebook @Steven Nowakowski Panoscapes, Instagram @panoscapes or at www.stevennowakowski.com



### **Vale CLIFFORD TIMMINS** Cliffy the Kuranda 'Ice Cream Man' 21 MAY 1943–13 DECEMBER 2023

It is with my deepest sorrow that I need inform my father's many friends and admirers of the death of my beloved father, and beloved grandfather to Keely Bridges.

Dad you can rest in peace now that you are with your beautiful wife, my mum Betty Timmins. I miss you both with all my heart, not a day goes by without thinking of you both.

As Dad often said to me "old sailors never die they just sail away" Bon voyage Dad. *Michelle Timmins* 

*Cliff Timmins. Photo: Graham Nicholson from the October 2021 edition of The Kuranda Paper.* 

# STRUGGLE OVER FOR CHUCKLES



Just after Cyclone Jasper blew through in December, a bewildered young Chuckles was found sheltering under a car at the Top of the Range. A small juvenile Papuan Tawny Frogmouth, Chuckles was motherless, soaking wet, cold and hungry.

With much tender loving care and hand-fed nibbles from Kuranda wildlife carer Carrie Bies since, Chuckles (due to the sound he/she makes) has not only survived, but thrived, and is now ready to fly.

Photo: Eve Stafford

#### KURANDA MEDIA ASSOCIATION

#### **ANNUAL GENERAL MEETING**

**10am Monday 5 March 2024** *The Kuranda Paper* office Shop 2, Red House Arcade, 24 Coondoo St, Kuranda.

Kuranda Media Association Annual Memberships \$10. Applications for membership to mail@kurandapaper.com

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# a **MIGHTY** effort

Thank you to all the SES volunteers who worked countless hours in the rain and wind during the recent cyclone and flooding event in Kuranda.

The Kuranda SES received over 140 requests for assistance over a two week period. Jobs ranged from chainsawing, tarping roofs, sandbagging and attending to washouts with fellow volunteers from the Rural Fire Brigades. This meant that we also had to call in additional crews from Atherton, Mareeba, Mt Garnet and Brisbane.

The Kuranda crew worked tirelessly, leaving their own jobs, family and homes to support the community during the disaster. However, all volunteers were pleased that they were able to help many people and proud of their contribution.

The Kuranda SES always welcomes new members. If you are interested in joining, please go to the Queensland Fire and Emergency Services website www.qfes.qld.gov.au.

As we continue with storm season, please take precautions for potentially more strong weather. For more information visit www.qfes.qld.gov.au/prepare/cyclone.

Caitlin McHugh Kuranda SES, Acting Local Controller







Kuranda SES crews working to clear roads and assist residents during the extraordinary rain and and flood event resulting from Cyclone Jasper in December 2023. Photos: Kuranda SES.







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# **MAREEBA SHIRE COUNCIL - COMMUNITY UPDA**

#### WORKS REPORT FOLLOWING TROPICAL CYCLONE JASPER, ASSOCIATED RAINFALL AND FLOODING

Tropical Cyclone Jasper and the associated rainfall and flooding impacted large portions of Mareeba Shire, particularly in the Eastern and Northern areas.

Mareeba Shire Council received advice from the Queensland Reconstruction Authority (QRA) that Disaster Recovery Funding Arrangements (DRFA) has been activated for the Tropical Cyclone Jasper, Associated Rainfall and Flooding event.

The event saw several roads temporarily cut off by flood water with three roads, namely Black Mountain Road, Emerald End Road and Mt Lewis Road all suffering serious asset failures that caused residents to be completely isolated for several days.

Other major damage includes a number of landslips in Kuranda, significant riparian damage at the Barron Esplanade in Kuranda, the loss of a causeway on Carman Road, Arriga and the total destruction of several sections of unsealed road in Mt Molloy, Julatten and Arriga areas.

While we are now in the recovery phase, I would like to acknowledge that this event saw significant damage and we will continue to feel the impact for at least the next 18 to 24 months.

Council hosted 11 Disaster Recovery Hubs in the month of January. These hubs were attended by close to 400 residents. The hubs have ended; however, assistance is still available to residents, businesses and industry impacted by TC Jasper and the subsequent flooding. Please visit Council's website for further information.

Council would like to thank the residents of Mareeba Shire for their continued understanding while we rebuild and recover from the extensive damage caused by these events.

Thank you to all residents who continue to support each other. It has been amazing to witness how residents have rallied around those who have been severely impacted. .



Visit Council's website for a gallery of images that shows the significant impact of this weather event.





#### **AUSTRALIA DAY CELEBRATIONS**

Thank you to all residents who joined Council at the Australia Day Celebrations this year and congratulations to our Australia Day Award winners.

Council would like to recognise the 44 community members, organisations and community events that were nominated for an Australian Day Award.

Congratulations to our Citizen of the Year, Natasha Srhoj and the Young Citizen of the Year, Nicholas Brammer. Visit Council's website for the complete list of award recipients. Mareeba

Shire is one of great diversity and inclusion and we welcomed eighteen citizens to the Shire on the day of the event.

Mareeba

Alongside the ceremonies, Council hosted Great Australian Bites, sponsored by the State Government, at the International Club. The event saw food vans, a jumping castle, live music and face painting. Council would like to thank residents who came out and supported the event, although the rain did hamper some of the activities planned for the outside.



Citizen of the Year - Natasha Srhoj, and Junior Citizen of the Year, Nicholas Brammer represented by his brother Henry.







1300 308 461 🔄 info@msc.qld.gov.au 🌐 www.msc.qld.gov.au 🚺 MareebaShireCouncil

# **NEW RECYCLING INITIATIVE FOR KURA**



For Council, it made sense to choose Kuranda as the first town to receive a bag drop, operated by Mareeba Recycling. Kuranda residents are conscious about the environment, and residents can either cash in on the recycled containers or donate the proceeds to their chosen charity. The container has a unique design featuring the iconic cassowary.

The Kuranda Men's Shed Containers for Change drop-off point will remain at Arara Street if residents wish to continue donating your containers to them.

Public recycling bins will soon be installed in the Kuranda CBD and a bulk recycling bin will be installed at the Kuranda Waste Transfer Station. Proceeds from these will be donated to the Mayor's Christmas Appeal to help people in the community.

Visit Council's website for further information and a video to see how the process works Containers for Change Bag Drop in Kuranda – Mareeba Shire Council (msc.qld.gov.au).





# **REPORT YELLOW CRAZY ANTS**

# CALL: 1800 CRAZYANT

p | 4241 0525 e | yca@wtma.qld.gov.au

w | wettropics.gov.au/yellow-crazy-ants facebook | @ycawettropics





# Crawford's Corner

It has certainly been an interesting and memorable start to 2024. I know that Kuranda residents felt the brunt of Cyclone Jasper and the flooding event.

Firstly, I really wanted to thank the community for their efforts in coming together to provide support and assistance to each other. Friendships have been borne out of hardship, and it is heartening to see the community pull together in times like this. Thank you also to the many volunteers who have dedicated their time and efforts to help others.

I'd like to assure you that as we move into the recovery phase, I'll continue to support the community in our efforts to rebuild, better. We're fortunate that the Queensland Treasurer and Premier have been able to visit the area. It has been important to for them to evaluate the scope of devastation firsthand, which will be helpful as we collectively advocate for additional recovery resources.

I recently attended a Roundtable forum with heads of government and the Insurance Council of Australia, seeking their assistance to expedite claims and assessments. The exact number of claims lodged isn't yet available – although early estimates from the Insurance Council of Australia suggest about 5,000 claims have been lodged across Kuranda and Cairns. I have asked for additional support to be provided to adversely impacted residents and will keep the community updated.

The Community Recovery Hub is open seven days per week at Tjapukai Aboriginal Cultural Park – if residents are unable to access transport to the Hub, please reach out to my office. The Community Recovery Hotline is also available on 1800 173 349. Also – the Marlin Coast Neighbourhood Centre provide great support to the community and may be able to provide residents with localised support.

As a former paramedic, I am familiar with the grief and emotion associated with traumatic events. Lifeline has established a dedicated Disaster Hotline, staffed by a specialist team of counsellors. Please, don't go it alone – there is help available and it will be important to make sure you're getting the right support.

As always, my friendly team are happy to provide assistance and are available on 4229 0100.

I look forward to working with you as a partner in recovery in 2024.

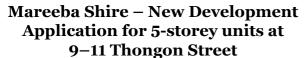
Craig Crawford – Member for Barron River Phone – (07) 4229 0100 Email – barron.river@parliament.qld.gov.au Social Media – @CraigCrawfordMP



Craig Crawford inspecting damage to Kuranda Rail with Treasurer, Cameron Dick and Minister for Transport and Main Roads, Bart Mellish. Photo courtesu of Craig Crawford



# MAREEBA SHIRE – NEW DEVELOPMENT APPLICATION 5-Storey Units at 9–11 Thongon Street, Kuranda





(opposite Cornett's IGA supermarket)

#### Some points for consideration:

- Kuranda desperately needs accommodation for workers in our tourism industry.
- Kuranda desperately needs social housing accommodation so our young people and retired folks can stay in their own town.

#### The Planning Scheme allows:

- 1. A maximum building height of 8.5m and 2-storeys above the ground for our village centre. This building is 3–5 storeys high.
- The land area is 2024 square metres (1/2 acre). The developer who is Melbourne-based, has applied for 56 units on this site. The planning scheme allows 16.86 units within the rules being Code Assessable.

Source: Streetscape elevation from the Development Application document dated 22 December 2023 page 22

#### Things to consider:

- 1. Is this the best place for such a large development in its current form? Located in the centre of our tourism village, this development is larger than the Code Assessable rules in the Mareeba Shire Planning Scheme 2016.
- 2. When a new development is allowed to 'break the rules' it sets a precedent for many other developments to continue breaking the rules. Do we want 3–5 storey buildings multiplying along Coondoo Street?
- 3. How will this building be managed for rubbish, gardening, noise, car parking. How will these issues affect the tourism village activities?

ACCOMMODATION IS NEEDED. BUT SHOULD RULES BE BROKEN TO INCREASE THE ALLOWED DENSITY OF 16 UNITS TO 56 UNITS?

So, if you are reading this, and think there are some valid questions here, you can email Mareeba Shire Council at info@msc.qld.gov.au and express your concerns.

Submitted by Kur-Alert Inc.



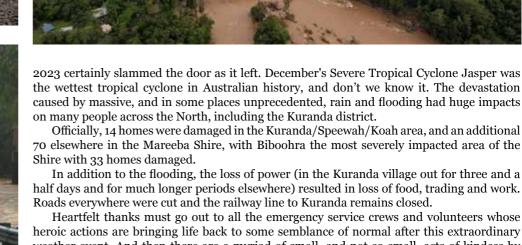
Damage at Kuranda weir. Photo: Craig Crawford

**4417** 









weather event. And then there are a myriad of small, and not so small, acts of kindess by "ordinary" citizens which have been a glimmer of light for some, in a very dark time.

#### RAINFALL RECORDED AT THE KURANDA RAILWAY STATION

**4417.2mm** of rain was recorded at the Kuranda Railway Station for the 2023 year, making it the second highest annual rainfall total since records began being kept there in 1896. The highest annual total ever recorded there was 4921.9mm in 1911.

December 2023 was however the highest December total ever. 1951.1mm and the highest ever December day rainfall, 517mm on 18 December. The majority of December's rain was recorded from 13 December (60mm) as Cyclone Jasper crossed the North Queensland coast at Wujal Wujal, 14 December (450mm), 15 December (229mm), 16 December 125mm ... and then the real sting in the tail 17 December (510mm) and 18 December (517mm).

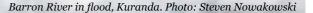
December 2023 is a month we will never forget, for its chaos and destruction, the effects of which may take years to mend, but also for the many ways in which compassion and generosity manifested within our communities.







Dr Dave Cuming: dermatology, paediatrics, minor surgery –





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HIIT TUE 6am THU 6am Monday, Wednesday (am), Friday (am)

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Dr Cat Heiner: specialises in women's health and aesthetics – Monday and Wednesday Iron Infusions are available on a Monday afternoon – \$250 (rebate of \$77)

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Dr Stephen Haig: specialises in family medicine and minor surgery – Monday and Friday

Dr Miranda Hamilton: specialises in women's health and family medicine – Monday and Tuesday

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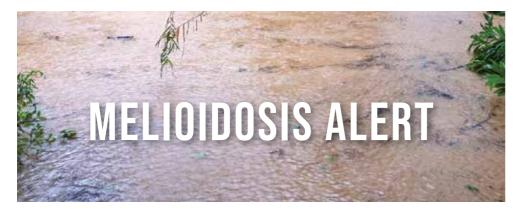
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Health officials are advising residents to be cautious when coming into contact with soil and muddy water, following a spike in cases of a dangerous disease in the Cairns region after the heavy rain and flooding.

There have been nine confirmed melioidosis cases reported since the beginning of January. This is a high number of cases for the time of year.

Melioidosis is a serious disease found in ground water and soil. It causes death in up to 50% or more of untreated cases and up to 20% of treated cases. Early recognition and treatment is important.

Tropical Public Health Services Cairns director Dr Richard Gair said the disease occurred when skin abrasions or wounds came into contact with wet soil or water contaminated by the bacteria Burkholderia pseudomallei.

"Melioidosis is very uncommon in healthy adults, and rarely seen in children, but can occasionally occur in people with diabetes, kidney problems, lung problems and people on medication that lowers their immune system," he said.

"Symptoms of acute Melioidosis may include fever, and difficulty breathing; cough the effects can be very severe and often require hospitalisation for antibiotic treatment. Sometimes the disease presents as superficial skin infections or abscesses in various part of the body. "If anyone has noticed non-healing wounds or persistent fevers over several weeks, then they should be seen by their GP and checked for this infection, as it can require prolonged antibiotic treatment."



# PARTING GIFTS FOR **LOCAL NOT-FOR-PROFIT GROUPS**

Kuranda Traders Association

As part of the disbanding of the Kuranda Traders Association and the dispersal of our remaining funds, we put a call out to local not-for-profit organisations seeking expressions of interest for a financial hand-up. We received many applications and considered each of them carefully.

We are pleased to announce the following groups who were successful in securing some much needed funds and/or donated goods for their organisations:

- Kuranda Conservation \$5800
- Batreach \$2000 printer and signage
- Kuranda Historical Society \$500 office equipment and IT pack
- Kuranda Rangers Football Club \$1500 signage, balls, laptop
- Taekwon-Do (Kuranda) \$900 competition PPE sets •
- Kuranda Horse and Pony Club IT pack •
- Kuranda Justice Group \$1000 computer and printer •
- Kuranda CWA \$5000 new fridge and repairs •
- Kuranda Recreation Centre \$1000 lights, flags, laptop
- Tiger Lodge Wild Care \$2500 aviary repairs
- NQ Wildlife Trust data projector
- Koah Hall \$500 furniture
- Kuranda District State College P&C Colour Fest equipment
- Kuranda 8 Ball \$500 laptop
- Kuranda Envirocare \$5500 imagery for Kuranda walking app
- New town entry sign for Kuranda \$2885
  - Mareeba Shire LTO \$8000 marketing video
  - Mareeba Shire LTO \$3000 social media support

Dei Gould Former KTA President and Administrator





The Kuranda Paper | February 2024 9

#### **Prevention of Melioidosis**

There is no vaccine to prevent melioidosis. During the wet season, northern Queensland residents, particularly those with an underlying medical condition, should take the following precautions:

- · Wear protective footwear when outdoors
- Wear gloves while working in the garden, on the farm etc.
- Cover abrasions and sores with waterproof dressings
- Wash thoroughly (preferably shower) after exposure to soil or muddy water, and after working outdoors
- Diabetics should maintain optimal foot care, with help from a podiatrist if necessary.

Source: Cairns and Hinterland Hospital and Health Service



#### The Speewah District Residents Association

Happy New Year to everyone! We're looking forward to another year and would like to welcome Speewah and Cardinia Estate residents to the next Speewah District Residents Association (SDRA) meeting at 6pm on 11 March, 2024. This will be held in the lovely airconditioned Speewah Rural Fire Brigade training room at Roscommon and will finish by 7pm.

While our meetings are simple and respectful for all, we feel that they provide an opportunity for consultation with your local Mareeba Shire Councillors, including Mayor Toppin and Councillor Danny Bird, who specifically represent us at Speewah.

We thank everyone who has supported this association through attending meetings and liaising with Council and each other. We are also grateful for the support that we receive from our local Mayor and Councillors.

As per usual, if you would like to discuss anything, please contact our secretary, Jo Garbellini at jgarbell15@gmail.com so that she can add it to our meeting agenda.

SDRA Management Committee -Jo, Annie and Charlotte.



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# **BEAUTIFUL SHROOMS**



Spied on the path to the Barron Falls/Din Din, Fairy Ink Cap mushrooms (Coprinellus disseminatus). Photo: Magnolia Brooks, 26 January 2024.



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# A Grinter's Tale

I felt a surge of relief this week, when I realised that when people say to me "Shut the 'f' up" they're referring to my frogs. Amazing! Who would have thought this well bandied phrase actually originated from yours truly's frogpond!

Whose stupid idea was it to build a fishpond right in front of my verandah, anyway? You guessed it without Googling, didn't you?

Geez, I love the rain, but enough is enough. I don't think God or the universe are the ones to ask for mercy though. I never thought I would wish time away, but I can't wait for the end of March. That's not to say that we won't get a cyclone in May. Picture a screwed up face emoticon here.

I have to say, as I get older, I have grown to dread summer and this one has been a killer and we're only in January. I sit in my office and until I just can't think straight any more, I refrain from putting the airconditioner on, because I won't know what the horses are suffering. It's like drinking a bottle of water or feeding a toddler a sandwich in front of a Muslim during Ramadan. No disrespect intended, it was part of life annually for 7<sup>1</sup>/<sub>2</sub> years living in sunny Abu Dhabi. There were times I could have sucked the perspiration out of my long sleeved blouse in desperation.

What a desperately sad entry into 2024 for so many. My heart goes out to all those who lost property, their livelihood, worldly belongings and family pets or livestock. Please don't tell me that was just a normal weather event here in the tropics, or for that matter, the behaviour of Cyclone Kirrily, which entered as tentatively as someone arriving late at a music concert.

I know that one, although not a music concert. Several things come to mind. Creeping into church as a kid while the priest's back was turned towards the altar to avoid the ungodly withering look cast upon the sinners, or tripping over people's popcorn, or standing on their Gucci handbag while squeezing your way into seats after the pre-movie lights go down. That one doesn't happen anymore, because the world's just about your smoked oyster at the movies these days. Pick a seat, any seat. Maybe if they showed more decent movies it might be different.

Many years ago, a friend and I were somewhat late arriving at the Melbourne International Comedy Roadshow (I think that was what it was called) here in Cairns as my flight home from Singapore had arrived late because of all the SARS checking pre-flight from memory. Of course, it was the one time I had booked seats near the front. I knew it was never wise to sit right in the front at such a show, but walking in late is even more hazardous when a comedian is on stage.

I think it was Wil Anderson. There was no mercy. He had been in the middle of a skiff about SARS, that is, the SARS of 2002-2004, the "blame it on the bat" one. The one that a Singaporean brought home and infected hundreds of people and which unfortunately resulted in the death of her mother and father. What a different scenario that one was to the ensuing monkey malaise.

He sniggered, not unkindly, but in the form of a secret "Ha, victim number one" pact he had forged with the audience, that is, his new buddies, the people who cared enough to be on time. Then he walked to the edge of the stage, microphone in hand, and I froze.

"I suppose you are going to tell us your flight was delayed?" He glanced up at the audience conspiratorially and grinned wickedly. Someone coughed nervously, as if to break the tension. Suzy Grinter was about to be hung, drawn and quartered and it wasn't going to be pretty. "Well yes, it was. I just flew in from Singapore," I said. I swear he blanched, and those on either side of me shrank away slightly.

"Ha ha, you're a one," he said. "I think you had better join our team." I didn't add that I wasn't joking, as I settled in to my now more spacious seat, took possession of two armrests, and the show went on.

The year hasn't started superbly, I have to say. I'm nurturing a broken nose and a very bruised posterior and leg thanks to a rodeo display from my youngest horse. Not satisfied with throwing me off, he bucked over the top of me before coming to a standstill, fortunately not on top of me. He had the nerve to look at me as if I had just jumped off a diving board into an empty swimming pool. I felt like I had. Face first.

No-one ever mentioned that sand arenas turn to near concrete after a few years of sun and rain.

But there is always a silver lining and a week later the ENT surgeon at Cairns Hospital, rather than risk manipulating my proboscis under local anaesthetic, has opted to fix an old break and my three decades of blocked nose to boot. General anaesthetic was a very astute move on his part, in that it would not require PPE for him and hand and feet shackles for me. I don't think I could have managed a head butt in my current state.

So, on the bright side, I'm going to save a fortune in nose sprays and the necessity to move from pharmacy to pharmacy to avoid the doom and gloom warnings that accompany the prolonged use of decongestants. It occurred to me that no-one ever gives me warnings when I buy supermarket prawns with no use by date on

the wrapper, or my bottle of chardonnay. I don't mean about sticking either up my nose, you understand.

I've made a note to remember this young surgeon in my will. I wonder if "Ryan the perceptive surgeon with the cute forelock and appealing smile" will identify him so he can be the beneficiary of the contents of my medicine cabinet and my 2005 copy of New Medicine edited by Professor David Peters?

Someone is sure to show this to Ryan, I suppose, but he won't be operating on me, so he can't block my airways. Anyway, he should be flattered, even if I am from a completely different interglacial period than him. But perhaps wait until I am out of surgery. Thanks heaps.

Happy new year folks. Blindfolds off, eyes open!

"Multinational corporations do control. They control the politicians. They control the media. They control the pattern of consumption, entertainment, thinking. They're destroying the planet and laying the foundation for violent outbursts and racial division." – *Jerry Brown* 

"...individuality will not follow like a sheep. Individuality has the quality of the lion; the lion moves alone.

And every one of you is born a lion, but the society goes on conditioning you, programming your mind as a sheep. It gives you a personality, a cozy personality, nice, very convenient, very obedient.

Society wants slaves, not people who are absolutely dedicated to freedom. Society wants slaves because all the vested interests want obedience." – *Chandra Mohan Jain ("Osho")* 

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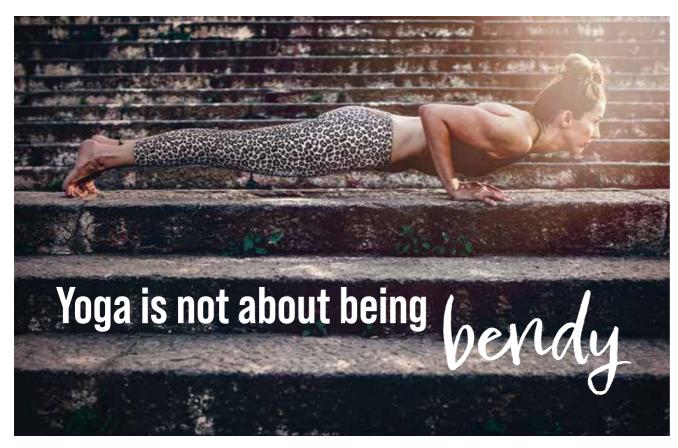
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While flexibility and strength are undoubtedly beneficial byproducts of a consistent yoga practice, the true essence of yoga extends far beyond the physical. The misconception that one needs to be flexible or fit a particular mould to practice yoga has deterred many from reaping the myriad benefits. The more and more I learn about the physiological benefits of yoga from improving our blood pressure, to improving heart rate variability, to toning the vagus nerve and more, it is quite honestly one of most beneficial things we could do for our overall health. In addition to the physical benefits of yoga, below I have listed some of the benefits that I have found in my experience...

# Yoga is about getting out of our heads and into our body

Beyond the shapes formed in yoga postures, yoga is a profound journey of reconnecting with our bodies. Evidencebased research highlights how a regular yoga practice fosters a visceral reconnection, encouraging practitioners to be present in their bodies. It is a conscious effort to move beyond the constant chatter of the mind and attune ourselves to the sensations and needs of our physical being.

# Yoga is about taking responsibility for how you show up in the world

Yoga is a transformative practice that extends far beyond the mat. It is about taking responsibility for our actions, reactions, and how we present ourselves to the world. Through self-reflection and mindfulness cultivated on the yoga mat, practitioners develop a heightened awareness of their impact on the world around them.



# Yoga is about learning to be with the uncomfortable

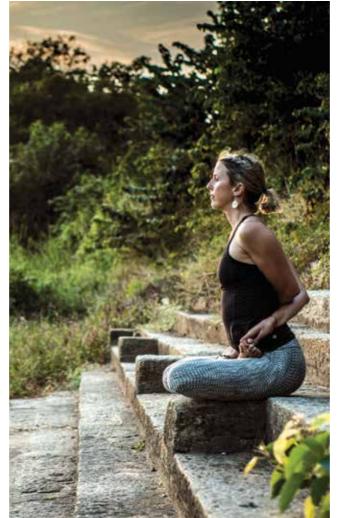
The practice of yoga is an invitation to confront discomfort, physically and emotionally. It teaches us to sit with the uncomfortable, breathe through challenges, and build resilience. This newfound tolerance extends beyond the mat, equipping individuals to navigate life's uncertainties with more grace and space.

### Yoga is about connecting back to the most amazing resource we have available to us - our breath

At its core, yoga is a conscious reunion with our breath – a life force often overlooked in the chaos of modern living. Through intentional breathwork (Pranayama), practitioners tap into a profound source of vitality, calming the nervous system and fostering a sense of centeredness.

### Yoga is about overcoming fear

Yoga challenges individuals to confront their fears, whether they be physical limitations or mental barriers. It is a practice of courage, stepping onto the mat with an open heart and a willingness to explore the unknown. As we learn to be with our fears within the safe confines of our yoga mats, we gain the tools to confront challenges beyond the mat.



### Yoga is about building strength

While physical flexibility is a common association with yoga, the practice equally emphasizes strength-building. The various poses and sequences engage muscles, promoting physical resilience and stability. Yoga is an holistic approach to wellbeing, cultivating strength in both body and mind.

# Yoga is about bringing our awareness to patterns of behaviour

Yoga encourages self-reflection, prompting practitioners to become aware of their patterns of behaviour. Whether on the mat or in daily life, recognising habitual responses provides an opportunity for growth and transformation. The practice becomes a mirror, reflecting patterns that can be examined, understood, and consciously altered.

## Yoga is about being part of a community

Practising yoga extends beyond the individual experience; it's about being part of a community. Yoga classes create spaces for like-minded individuals to come together, share their journeys, and support one another. The sense of community adds depth to the practice, fostering a supportive environment for personal and collective growth.

# Yoga is about being kind to yourself (and others)

Yoga emphasises self-compassion. It is about being kind to oneself, acknowledging individual limitations, and appreciating the uniqueness of each journey. This kindness extends beyond the individual to create a culture of compassion and understanding within the broader yoga community.

In essence, yoga is much less about moving the body into impressive bendy shapes and far more about a holistic journey of self-discovery, self-improvement, and connection.

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# KURANDA

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#### Happy New Year!

#### Welcome to Kerry Geck

We are happy to welcome a new ceramic artist to our team. Kerry Geck is a long-time resident of Kuranda who makes quirky ceramic sculptures.



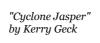
"I am beyond delighted to have been accepted into the Kuranda Arts Co-op! My love is clay, clay and well clay. The more colourful and funkier the creation the better.

I was privileged (and inspired) to learn about hand-building and clay work from the late Sandy Williams (aka Beach/Hablewaith), and I know this will be a lifelong love for me as well.

Another inspiration for me is Kuranda's Peter Potter whose recent book talks about Koah Clay and wild

clay. As a result, I am now creating pieces with clay sourced from my backyard in Koah.

Looking forward to meeting a few clay-mad locals and visitors." *Kerry Geck* 



#### Artist Profile – Ron Clark

Our profiled artist this month is Ron Clark and he describes below how he applies the culture of wabi sabi to his art.



"The ancient Japanese culture of wabi sabi filters through all aspects of Japanese living, including their art. A vital lesson of wabi sabi is that 'things are what they are, not what we would like them to be'. Wabi sabi brings our life into sync with the true nature of the universe and the world we inhabit. All things that exist are imperfect, incomplete, forever evolving and impermanent and much of human suffering is the result of us fighting against this truth. Through wabi sabi our way of thinking changes, allowing us to feel more accepting and peaceful inside, and to see beauty in things that have imperfections, roughness, irregularities, and things that are rustic, simple, natural, intuitive, irregular, humble and modest. Our body itself grows old and transforms, like shiny iron that exchanges its lustre for the rust that lends it another kind of beauty.

Watercolour art is so beautifully aligned to the wabi sabi culture. The natural materials and equipment that we use are water, plant fibre paper, earth pigments and animal hair brushes with wood handles. The flow of water and pigment on

paper cannot be fully controlled, often with accidental, unexpected and surprising outcomes. By combining wabi sabi principles with watercolour painting I have found it very easy to break free from the rigid thinking that normally stifles artists when attempting to produce good quality artwork. Now I greatly enjoy a more intuitive and creative process. Wabi sabi

invites the artist in me not to conform, instead to be loose, irregular, imperfect, to keep things simple and incomplete, to take risks and most of all to enjoy the sublime beauty of watching water and colour flowing and blending freely on paper. Wabi sabi and I have become very close friends!" *Ron Clark* 



*Above: "Kuranda Kallway Station"* by Ron Clark. Left: "Secret Garden" by Ron Clark.

### Ellis Rowan Exhibition extended until 18 February at the Cairns Regional Art Gallery

This exceptional exhibition features works by Ellis Rowan (1845-1922) and pays tribute to a remarkable woman who pushed the boundaries of what women could achieve in the traditionally male areas of art, exploration, travel and science. Among her many research expeditions, Ellis travelled by train to Kuranda and took a railway trolley to the Barron Falls in 1892. She was also known to have painted insects and butterflies from the F.P. Dodds collection in Kuranda. In this exhibition, you will see many recognisable wildflowers, butterflies and birds found in Far North Queensland. The exhibition has been extended until 18 February.







Cairns Art Gallery Open 7 days. Free entry.

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Peter North 2013. Photo: Graham Nicholson

### VALE PETER NORTH

Peter North, well known to many Kuranda residents passed away in Cairns on 29 October, after a long illness. A memorial service was held for him on 18 December.

The following is taken from a profile of Peter written by Graham Nicholson for The Kuranda Paper, and published in the October 2013 edition

"Of mixed Irish, Scandinavian and German origins, Peter was born in Esk, Queensland, son to a crane driver father and a woodcutter grandfather, in a traditional but modest Catholic family of three sons, Peter being the eldest. By the age of three, the family had moved to Brisbane, where Peter grew up and received a Catholic education. He fondly remembers his grandmother very well, she being a gardener and wildlife lover, leaving impressions that still affect his thinking. Also influential was his father's political support for the Democratic Labor Party and for St Vincent's De Paul charities. But most influential was his Catholic inheritance.

Peter was, and is, an avid reader. He topped the school He lectured in radical social work, becoming a supporter prizes in English and religious studies. After completing school, he worked for a year with the PMG (Post Master General) as a clerk, but the religious ties were too strong. He was drawn to Catholic activism. Then he felt a divine call to be a monk and joined the Cistercian Order Monastery at Our Lady of Tarrawarra near Healesville as a novice. The Cistercians monastic Order, or Trappists, is a Catholic Order of enclosed monks. They are sometimes called the Grey Monks, in reference to the colour of their habit. The emphasis of Cistercian life is on manual labour and selfsufficiency, and many abbeys have traditionally supported themselves through activities such as agriculture. It involved a strict religious life beginning with first prayers at 2.30am followed by six further spiritual devotions each day, hard work, no alcohol, simple meals, no politics, radio, TV or newspapers and with very limited contact permitted with relatives. No spoken communications were permitted.

After two years as a novice, Peter took vows for a further three years. Before taking his final vows after that, it was indicated to him that he may not have a vocation as a monk and was advised to think it over. He moved back home, knowing virtually nothing of the outside world. But the world had changed in the 1960s, with the Beatles and 'flower power', etc. He worked for a year with the State Department of Family Services and had his first gay relationship. But there was no 'coming out' in those days because of the prohibitions of State criminal law. And there was no going back to the Monastery. Instead he did well at his work and was offered a State fellowship at the University of Queensland, which he took up. He spent four years at Uni, obtaining a Bachelor of Social Work. In his spare time he was a student activist, marching for the right to march in opposition to the Bjelke-Petersen led Government. The result was two short spells in jail.

Peter then spent four and a half years bonded to his Department and acquired quite a reputation for going out of his way to help disadvantaged and sometimes difficult clients, which he visited on foot. This sometimes brought him into conflict with the Department. When offered a job as a tutor in social work back with his old Uni, Peter took it and worked there for five years. This was followed by 18 months with a Salvation Army residential care program as a team member. Returning to his old faculty at Uni, Peter spent the last 30 years of his working life in social work, first as a tutor, then sub-Dean and senior tutor and finally lecturer.

of Gandhian non-violence, and finished his masters degree by thesis, comparing Commonwealth and State responses to the AIDs epidemic.

It was in this time that AIDs became a major public issue. Peter was a spokesperson for the Queensland AIDs Council and its Secretary for 10 years. These were difficult years until the Bjelke-Petersen Government lost office, then the national Whitlam Government took office. Public attitudes were slow to change. He was particularly impressed with the support of Ita Buttrose."

Retiring at 60, Peter moved to Kuranda with his mother to look after her until her passing. He became Secretary of the Kuranda Media Association (KMA), and the Kuranda Neighbourhood Centre. His love of gardening (rare plants) led to writing a gardening column for The Kuranda Paper for years. He also assisted at a market stall, enjoyed classical music, reading, writing poetry (not published) and supervising a few students at JCU. His health deteriorated, but he remained an activist, although without any political label.

Garth Owen, who served as President to Peter's Secretary on the Kuranda Media Association says:

"After the death of KMA's founding president, Joan Dods, Peter was, in many respects, the glue that held the whole thing together. He then retired as Secretary in 2014 due to ill health and was sorely missed. Peter also did invaluable service for the Neighbourhood Centre and Kuranda Envirocare.

Peter was reclusive, irascible and opinionated, but very often correct in those opinions. He was passionate about social justice, and anthuriums. The first caused his hackles and temperature to rise and the second calmed him down. Unless of course he was contemplating the wreckage of a garden bed destroyed by Brush-turkeys. Peter hated Brushturkeus. To gain a measure of mental control over the beasts he took their taxonomic name, Alectura, as his nonde-plume when writing his monthly gardening column for The Kuranda Paper. Peter was known as an expert worldwide in the cultivation of anthuriums and those bits of his collection spared by the turkeys are wonderful to see."

The Kuranda Paper has been unable to find anyone who can fill Peter's gardening boots. Vale Peter North.





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### **DIVING INTO 2024**

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The Kuranda Conservation nursery bursting at the seams!

# Just as well it's a Leap Year because we need all the time we can get!

The nursery is overflowing with all the rain and heat we've been having, so we are having a \$1 plant sale!

Over the weekend of **10-11 February**, many of our plants, with a few exceptions, will go for \$1 each. We'll be open from 9am till dusk on both those days if you want to take advantage of this opportunity. See you at 1 Pademelon Lane. Now is a great time to plant - ground is well primed and there's more rain to come.

#### WHAT ABOUT DIRECT SEEDING?

Direct seeding is when you put your chosen seeds directly in their final resting place. It saves an awful amount of nursery sowing and potting.

Now is the time to harvest seeds from Lomandra, or Mat Rush, plants. If you've never harvested Lomandra seed, it's very easy to do yourself and sow the seed directly into place. Simply wait for the berries to dry and begin to split open revealing small white rice-like seeds. Next, cut the entire flower spike and put it head down into a tough bag. Over a week or two, all the seeds will fall into the bottom of the bag. Shaking the bag will help dislodge the grains from the flower spike. You'll now have a bag full of seeds ready to be scattered into their new home. It's that simple! If you want advanced plants, stop by our Nursery and get ahead of the game.

#### CASSOWARY ART TRAIL

Support continues to grow for this marvellous idea of Jurg Jutzi's. The Trail is now mapped to start at Mission Beach, with painted cassowary statues spotted throughout the Wet Tropics. They can be found at the Mamu Tropical Skywalk (Palmerston Highway), Hartley's Crocodile Adventures (Wangetti), Wildlife Habitat (Port Douglas), Rainforestation Nature Park (Kennedy Highway, Kuranda) and there are five located in Kuranda — The Heritage Markets, Terra Nova Gallery, Kuranda Village Centre and the Kuranda Visitor Information Centre.

#### CASSOWARY UPDATE

In spite of the extraordinary wet weather we've had over December and January, most of our cassowaries are accounted for. The only exception is Elvis's brood; he seems to have lost all his chicks. He's been seen crossing the Kennedy Highway at his usual spot without any chicks, and Dawn, the cassowary lady at this crossing, has reported that he is missing his chicks. There is no evidence that they have been hit by traffic so it is likely they have met with some natural fate.

There are lots of reports coming in of sightings of sub-adults in unexpected places. This is probably due to their searching for their own home range since they have separated from their father. If you are lucky enough to see a cassowary around your place, please try to get a photo and let us know. We've identified around 40 cassowaries in greater Kuranda and we think there are more to be counted.

#### AND THE RAIN, SO MUCH RAIN

The flood events one month past have had effects near and far. Everyone knows someone who has suffered the impacts. Thank you to those who have shown up to help clean, clear away, and raise the spirits of those who lost so much. **You know who you are.** 





We are proud to showcase the beautiful handpainted feathers by Kuranda artist



Elvis and chicks crossing at the top of the Kuranda Range on 24 November 2024. Sadly there have been no sightings of his chicks in recent weeks. Photo: Gerhard Hillmann.





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# **BLACK HONEY**



### We are often asked "Why is this honey so dark?" "Is it more healthy?"

There are several reasons why honey can be very dark or even black:

- The colour (and flavour) of honey is directly related to the nectar the bees were foraging from. For example, clover honey is very light with golden tints; avocado honey is very dark to black in colour.
- Honey does darken with age, both in the hive and once it has been extracted. As it darkens, the flavour also becomes more robust and the sweetness diminishes.
- Hive matured honey means the beekeeper has chosen to leave honey stores in the hive in case the bees require further food stores. For example, bad weather may be imminent which will impact the available nectar for the bees. To prevent starvation, beekeepers will ensure there is plenty of honey left for the bees own nutritional needs. Sometimes, the bees will not need to use this excess food and then the frames of honey are considered 'hive matured' as they have been left in the hive for more than one season. The darkening of the honey occurs due to natural oxidation.
- If honey has been extracted and stored, naturally occurring chemical changes take place which result in darkening of the honey.

#### What does black honey taste like?

- Black honeys are less sweet than lighter varieties.
- They tend to have a full, robust complexity with lingering aftertaste.
- They generally have tannic tones to the flavour palate.
- Flavours are often described as burnt caramel, coffee, chocolate or molasses.
- Often, they are more bitter than sweet.

#### So why is black honey good for you?

• Dark or black honeys have a much higher mineral

- Dark honeys have higher levels of antioxidants that contain enzymes, flavonoids and phenolic acids, all of which help to fight free radicals, particularly as we age.
- Dark honeys have a lower water content than lighter honeys. This increases the potency of the beneficial nutrients.
- Black honey contains many important vitamins such as vitamin C, vitamin B complex, vitamin B6, vitamin B5, vitamin B2, and vitamin B1.
- Black honey contains many important minerals such as iron, calcium, magnesium, zinc, copper, phosphorus, potassium, manganese and chromium.
- Black honey contains anti-inflammatory substances and flavonoids that help relieve inflammation and soothe pain. Improving heart health.
- Black honey is beneficial for heart health, as it helps reduce harmful cholesterol levels and enhance blood vessel health.

#### Floral sources for black honey

• The most common nectars that produce black honey in our tropical region are Tea Tree, avocado, many of the rainforest species, banksia, sugarcane, many bloodwoods and select eucalypt species.

#### Uses for black honey

- Black honeys are used as medicine or as part of a healthy diet.
- They are lovely in tea and can be used to replace sugar in any dish.
- As black honeys are less sweet than lighter honeys, you will have to adjust the amount to taste.
- Black honeys give marinades and glazes a deeper, more pronounced flavour.
- They are great as an ice-cream topping, particularly those with burnt caramel tones.

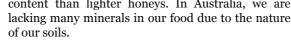
If you have never tasted a black honey, pop into the Honey House for a free taste – you may just discover a tasty, healthy new ingredient to add to your diet.



**66** INTEGRITY, TRANSPARENCY, RESULTS

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#### **BLACK HONEY Vinaigrette**

#### Ingredients:

Olive oil – about 50% of the desired amount of dressing 2 tbsp apple cider vinegar 2 tbsp of mustard of your choice 2 tbsp of black honey Optional: dry or fresh herbs of your choosing, garlic or chilli

#### Method:

Stir all ingredients together and drizzle over your favourite salad.

Store refrigerated in a closed container.



# shapely hunters





Spiders come in all manner of shapes and sizes. One group that breaks the 'standard spider' mould is the Triangular spiders (Arkys species). While not all members of this group are truly triangular in shape, they all certainly fall into the unusual spectrum of spider forms.

Triangular spiders are quite small and if it wasn't for their bright colours they would often go unnoticed, however, with bright red, orange and yellow adorning their bodies they often catch the eye.

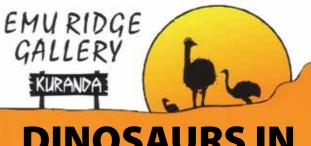
Like all spiders, Triangular spiders are predators with insects and other small spiders making up their diet. They are ambush hunters that do not use a web to catch prey, instead sit and wait patiently beneath leaves or hanging from silk lines for prey to come within striking distance.

When prey approaches these little hunters snatch them up with their powerful and spiny front legs. Once in their clasp, their prey is bitten and injected with venom. Like the vast majority of spiders, their venom works well on their invertebrate prey but has little or no effect on us.

Locally we have three species of Triangular spiders which are commonly encountered. The most common is *Arkys lancearius*, which is true to its name and has a distinctly triangular-shaped abdomen that is deep red and adorned with white and yellow spots. These little jewels become more common as the weather warms up and are often seen hanging beneath leaves and often remain in the same area for quite some time.

Another species here in Kuranda is *Arkys cornutus*. It is orange-red in colour with an abdomen that resembles an arrow head. Its deep red-coloured head has two horn-like protrusions that extend out at either side.

The third local species, *Arkys furcatus*, has an abdomen more like a lampshade than a triangle. It has enormous spines on its front legs which form a cage of sorts when it



# DINOSAURS IN KURANDA

Two-storey high, unique Dinosaur Skeleton, fossil and gemstone museum, gift shop, gemstones, crystals and jewellery. Located at the Original Kuranda Rainforest Markets – look out for the big Dinosaur out the front!

**FREE ADMISSION** 

7–11 THERWINE STREET, KURANDA emuridgegallery@bigpond.com

0408 728 711

Wed–Sun 9am to 3pm











captures prey.

#### Alan Henderson, Minibeast Wildlife

Top: Our most common Triangular spider (Arkys lancearius). Top left: The abdomen of Arkys cornutus resembles an arrow head.

Bottom left: Arkys furcatus with its lamp shade shaped body and enormous spines on its legs for catching prey. Photos: Alan Henderson



www.minibeastwildlife.com.au



What's Happening at the Amphitheatre

As we embark on 2024, recovering from Cyclone Jasper's impact at the close of 2023, our community has shown remarkable resilience and solidarity. Despite the challenges, the outpouring of support—from food and accommodation donations to acts of bravery—exemplifies the true spirit of our community.

Kudos to John Cawley and Carmen at The Billabong and participating artists for organising a successful New Year's Day event, raising essential funds for community recovery. The Amphitheatre, though affected by the cyclone with damage to the mainstage roof, perimeter fence, and merch stand, is actively seeking recovery funding for repairs.

**Future Planning Sessions** – The Amphitheatre recently concluded the first of three Future Planning sessions, concentrating on its physical infrastructure. This community consultation aims to identify priority areas for maintenance and innovation. The sessions gather community input to create a 10-year Master Plan, guiding major spends and funding applications.

Gratitude to those who participated. The valuable insights gathered will be compiled into the Master Plan, complete with professional architectural and landscape drawings.

The project received grant funding from the Australian Government in partnership with the Foundation for Rural and Regional Renewal.





Future Planning Sessions held in January.

**Amphitheatre AGM – Sunday 25 February at 3pm** – The Annual General Meeting (AGM) on 25 February at 3 pm invites community members to consider nominating for the KAS Committee. We hope to expand the committee with more members. Nomination forms are available at the Honey House in Therwine Street, Kuranda and on our website. Even if not interested in committee roles, community support is vital, as the AGM will discuss achievements, challenges, and plans for the future.

**Challenges and Proposed Changes** – The year poses licensing challenges due to incidents at Reggaetown 2023. Community expertise, experience, and energy are sought to navigate these challenges effectively. Additionally, the committee proposes to review longstanding policies, suggesting a shift from being entirely volunteer-run to a social enterprise model. This change aims to address increased compliance obligations and living costs. The proposal, not affecting Committee members, envisions the Amphitheatre remaining 95% volunteer-run, but moving towards key positions receiving paid employment.

**LOVE BOMB Kuranda** – **Membership Drive and Fundraiser** – LOVE BOMB Kuranda, akin to a miniature Bigsound, showcases the town's talent. KAS secured \$11k from Live Music Australia to cover artist fees and technical costs, allowing other funds raised to kickstart the 2024 season. Following the success in 2023, the event is set for 31 March (Easter Sunday), featuring local musicians and performers.

**Theatre** – A lot is happening at the Amphi this year, including lots of community theatre. There is huge passion and talent for theatre in our region, and a long legacy of memorable productions, and it's exciting to see this energy re-igniting at our beloved Amphitheatre. Please stay tuned for more details if you are interested in being involved.

As we navigate challenges and embrace change, the Amphitheatre remains a cornerstone of community engagement. The proposed innovations aim to ensure sustainability while preserving the volunteer spirit that defines our beloved Amphitheatre. Your participation, ideas, and support are crucial as we collectively shape the future of this vibrant community asset.

One love Kuranda,

Kuranda Amphitheatre Management Committee

www.kurandaamphitheatre.org
 info@kurandaamphitheatre.org



# Jeanette Wormald Trio at Frogs on Friday 15 March

St Patrick's Day shenanigans are on again at Frogs Restaurant this year with The Jeanette Wormald Trio and special guests. From reels and jigs to singalongs and ballads, there is something to delight everyone. Don't miss out.

Tables will book quickly for this annual event that has become a hit with locals in the know. Full Frogs Restaurant menu will be available.

Wear your favourite shade of green and join us!

Doors open 5.30pm. Music starts 6pm.

Bookings essential. Call 4093 8952 or 0407 937405 or email info@frogsrestaurant.com.au



#### f Kuranda Amphitheatre



9/25 Coondoo St, Kuranda





## **Community Nursery and Landcare**

**Caring for Kuranda's environment** "by standing on the shoulders of those who have gone before"

#### Our community and Cyclone Jasper

We are so very proud of our community and the support people gave each other during and immediately after the cyclone with the clean up. Some with houses by the Barron or on creeks have been displaced from their homes or fear further slips and slumps. Please be kind to them and recognise their struggle as they come to terms with losing their sense of safe place and of precious possessions. We are so grateful there was no loss of life in this community, the most precious thing of all.

And especially to those who helped organise people to provide support through hands on work and donated goods. Thank you. If anyone needs some planting done to help secure bank edges for now or replace fallen trees after the cyclone, please contact us for help at info@envirocare.org.au.

#### Plants for gardens and revegetation

Our nursery is bursting with young trees at good height for revegetation and for gardens as this rain and sunshine leads us to the peak growing month. Now is the best time to get plants in the ground while the soil moisture is high, making digging holes much easier and further rain is almost guaranteed. We reckon that after watering plants in, if we get 70mm during one rainy day in the Kuranda area wet season, the plants will be set up for the year (with maybe a top up water in October and November, if really dry).



Kuranda Envirocare nursery racks. Photo: Cathy Retter

#### Yellow Crazy Ant Community Taskforce (Kuranda) Coordinator vacancy

A New Year brings new opportunities and our two job-sharing YCA coordinators Ciara Bridgland and Sylvia Conway are moving on to other projects. We thank them for their enthusiasm and energy over the past seven years, supporting each other in the shared role.

See the job description in the advert below. Applications to be sent to Envirocare via email at info@envirocare.org.au

Applications close on Monday 19 February 2024.

### VACANCY Yellow Crazy Ant Community Taskforce (Kuranda) Coordinator

The Yellow Crazy Ants Community Taskforce coordinator will drive community outreach, run the Yellow Crazy Ants (YCA) volunteer programme and work towards the discovery of, and assist with the containment, monitoring and treatment of, the invasive ant infestations in the Kuranda area. This will be done in conjunction with the Wet Tropics Management Authority (WTMA) YCA Eradication Program team.

#### **Opening times** (others by appointment) Nursery – 284 Myola Road, Kuranda Monday and Thursday 9am-12 noon • Saturday 10am-12 noon

Cash, 'tap and go' or internet bank transfer available

4093 8989 (nursery) • 0419 624 940 info@envirocare.org.au • www.envirocare.org.au

Box trailers for hire. Pick up and return, 19 Kullaroo Close, Kuranda. All plugs catered for. Text or call Cathy 0419 624 940 to book.

#### **Plant of the Month** Glennie River – Gardenia psidioides

A mid-green prostrate form which cascades, acts as a ground cover, grows to less than 50cm, shaped by pruning and has a lovely star-like white flower in summer.

Another ground cover for shady area - Viola hederacea, a lawn substitute with round leaves and purple and white flowers held above the foliage, flowers eaten in salads.



L-R: Gardenia psidioides "Glennie River" and Viola hederacea. Photo: Cathy Retter

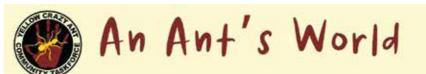
### Date Claimers

Thursday 8 February 7–9pm – Bi-monthly meeting at Kuranda Recreation Centre, Fallon Road.

Sunday 11 February 4-8pm - Frog Monitoring Training Workshop - Kuranda Recreation Centre, Fallon Road. Frog monitoring video Sound of Survival, frog call training quiz, a light supper and a field trip to a monitoring site. Free, family friendly. Book through info@envirocare.org.au

20-29 February - Monthly Frog monitoring. Fun starts at new time 6.30pm. Check Facebook or text Sylvia on 0409 647 714 to join the group texts and emails.

Late February – Tree plantings. Check Facebook and emails for our next session.



A look into the secret life of ants

## A free event Saturday 17 Feb 2024 10 am - 1pm Kuranda Recreation Centre Fallon Rd Kuranda

Contact : coordinator@communitytaskforce.org.au or 0474 560 700 to reserve a seat

# Ant ecology talk

Yellow Crazy and Electric Ant Program Update Odour detection dog demo Live ant displays and samples

#### The aims of the coordinator role are:

- to co-ordinate the community volunteer task force to undertake on-ground activities in alignment with the WTMA YCA eradication program
- to further engage the landholders and community in protecting their patch
- to raise awareness of this invasive species within the wider local and regional community

This contract position is funded for 25 hours a week and involves both weekday and weekend work. To obtain more information on the position and apply, please email info@envirocare.org with your contact details.

Applications close Monday 19 February 2024.





# Pop Quiz

**Free BBQ Lunch** 



# **KURANDA BRANCH**

20 Thongon Street

Email: kurandabranch@qcwa.org.au Booking Agent: Krishna Buhler 0427 937 348 President: Carol Jeanes

Kuranda CWA Branch works within the QCWA Strategic Plan framework – Focusing beyond: overcoming isolation, healthy QLD women and our local community needs.

# CYCLONE JASPER COMMUNITY RECOVERY HUB AT KURANDA CWA HALL

On 3 and 9 January, two Recovery Hubs were set up by Mareeba Shire Council in the CWA Hall. The Recovery Hubs involved various emergency agencies who came from around the region to meet needs of the many Kuranda residents suffering from losses caused by Cyclone Jasper and the subsequent heavy rains.

#### Thanks and Positive Changes in Kuranda

Many thanks to those who have generously gone out of their way to be supportive of the Kuranda CWA in the last few months. We'd like to thank the Kuranda Traders Association for their community donation, which meant a new fridge could be installed and urgent maintenance jobs initiated. Thanks to tradie Clayton Crowe and his crew from Nailed It Maintenance who have begun work on maintenance projects at the Hall. Clayton can also go ahead with the big project i.e. total clean, paint and further repairs of the Hall thanks to the recent approval of the Queensland Premier's Grant applied for last year. So keep an eye out for the new look. Also, thanks to 'Boz' and his crew from Community Corrections Services who have regularly mowed the lawns around the Hall. You are all appreciated.

#### New Members Welcome!

The small CWA Management team would be very grateful for interested persons to join up at this time of community distress due to devastating weather conditions. We need to build up a bigger team to keep the Hall functioning appropriately, and YES as well, facilitate community engagement. Membership can be paid online at QCWA website, or apply via email **kurandabranch@qcwa.org.au**. Apply before 1 April for a 15-month membership which gives you three months for free!

#### **Country Kitchens**

All welcome to join the Social morning on Wednesday 21 February. Would YOU like to be the volunteer who prepares a dish for next month's taste and evaluate session? Recipes can be accessed from the QCWA website under 'Recognised healthy recipe' – CWA membership not required to access recipes. Please contact Vicki Donovan on 0400 791 345 if you are up for the challenge.

CWA monthly Members' meeting – will be held on Wednesday 14 February 8.30–10am.

**Social Gathering** – Wednesday 21 February at 9am at the CWA Hall. Come and join us for a cuppa! All welcome.

#### WHAT'S ON AT THE CWA?

Contact the following hirers for any enquiries regarding their activities:

Yoga in Rainforest – Aileen 0419 726 955 Feldenkrais with Justine – 0408 735 309 Taekwon-Do – Jeff 0437 438 196 CWA Dance Group – Sandra 0447 737 415

**Hall Hire Available** – The Kuranda CWA Hall is a venue close to the village with a large safe space, air conditioning, kitchen, toilets, furniture, disability access, professionally cleaned, parking, and flexible hire times. Also a cheaper smaller space for up to a 4-person activity along the front of the Hall.

We currently have hire availability on Mondays after 11am. Tuesdays 1pm–5pm. Wednesdays (except on 2nd and 3rd week for CWA meetings 8am-12noon) otherwise day free to 5pm. Thursdays until 5pm. Friday and Sunday all day at present. Most Saturdays all day. Please enquire as bookings can change.





Left: MSC Community Recovery Hub at Kuranda CWA Hall providing support for locals after Cyclone Jasper which caused so much damage and loss.

Below: Early stages of the big maintenance project for the Hall. Clayton Crowe and Mick racing the rain.

Bottom: Clayton Crowe (Nailed It Maintenance) and Greg Hillman.







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It was so good to see so many families at our Welcome Day on 17 January.

Term one started on Monday 22 January and it was wonderful to see how excited everyone was to start learning through play.

At the Kuranda Community Kindergarten we follow the Queensland Kindergarten Learning Guideline (QKLG) learning areas, **Identity**, **Connectedness**, **Wellbeing**, **Active learning**, and **Communicating**.

This term we will be learning about:

- **Enjoying books.** Retelling the stories using the PaL project, felt- board stories, puppet shows, plays, dance and music.
- Recognising our **names**
- **Problem-based learning:** Our yard Caring for the plants and wildlife in our gardens.
- Recognising and naming shapes and colours
- Gross-motor skills Animal Fun movement program. Imagine, move, improve.
- Fine-motor skills building hand strength manipulating play sensory materials
- **Resilience and social skills** recognising facial expressions, body language and being able to name our emotions.
- Djabugay Language and culture with Ms Taha
- Soccer with John Moriarty football



Left: We use our imaginations in the mud kitchen.

Top right: We learn to be a team, be kind and celebrate being unique.

Middle right: Process art is all about exploring.

Bottom right: Puppet shows are so much fun



We will also have spontaneous learning happening as the children's ideas and interests shape the direction that we head in as the term progresses.

If you have a Kindy aged child and want to come in and see if our Kindy is the best place for them, please pop in and have a chat with our friendly Kindy team or send us an email at kcka@westnet.com.au or phone 4093 8087.







Locally owned and operated by Fay Allen BCom CA

# 9am-5pm Monday to Friday

#### Providing the following professional services:

Individual Tax Returns Business GST and BAS Preparation Partnerships, Companies and Trusts Self Managed Superannuation Funds Business Setup Advice (first consultation free) Entity Structure Advice Bookkeeping





Calling all Indigenous artists and creatives!



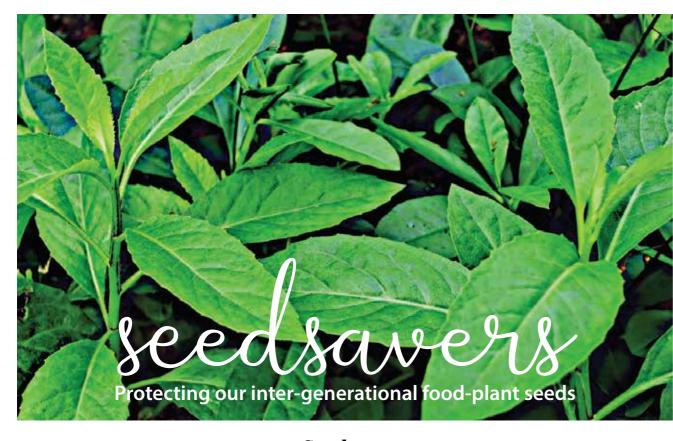
We are looking for Aboriginal art, bush foods and bush medicines, traditional cultural items, storytellers and tourism experiences at the Kuranda Indigenous Tourism hub — Kuranda's Indigenous-owned co-operative.

All sales go to the artist, no charge to participate. Come visit us and be a part of the team!

Contact William on 0411 798 772 or send email to info@kuranda.org.au



Building culture and creating economic opportunities in Far North Queensland



#### Sambung

Today we'll be learning some wonderful information about a plant that grows so easily in our area – sambung (gynura *procumbens)* in the asterasceae (aster) family, and its many and varied health benefits. It's also known as 'the diabetes plant' - with just six to nine leaves a day in a tea over months reported as having assisted some to reducing the need for insulin

Reported to have originally grown in coastal western Africa, the plant's qualities have taken it around the tropical areas of the world where it is well-utilised as a beneficial food and medicinal plant. Hence it has many names in many areas, including 'Leaves of the Gods' and Sambung Nyawa ('extending life'), Longevity Plant, and 'Insulin' Plant.

It is always good to have easy-growing tropical greens for use all through the year, and this is a reliable perennial green that tastes good and is easily eaten in many ways, e.g. add some to your morning smoothie, omelette, stir-fry, soup, stew, salad, pie or use as a fresh tea, perhaps mixing with lemongrass, lemon myrtle, cranberry hibiscus, or try some others

A lovely looking bright green sprawling plant, groundcover or one that can be grown over a fence or trellis, this plant also has very pretty orange daisy-like flowers that look similar in size and shape to thistle flowers and turn to fluffy seeds to collect on a dry day. The plant can also be grown in a pot or veranda garden and even as a house-plant in a sunlit area, or pick a handy bunch for an edible bright green kitchen vase.

Sambung is great for growing under fruit trees, and provides a nutritious, lush-looking edible mulch, which can be just trimmed and thrown back in to the garden, or the compost, going back into and building the soil over time. It doesn't require much attention either, is hardy and a very generous plant, with enough food for the family and neighbours and also chickens and other animals, so really you can't grow too much of this tasty crunchy fresh green, just keeping it trimmed to your liking.

This plant grows quickly from cuttings and can easily replace the more sensitive spinach plant, thriving in the tropical conditions that can wilt the cold-climate English spinach.

Renowned Australian herbalist Isabell Shippard wrote of sambung and it's health benefits that had been shared with her over the years ...

'The herb has been noted for anti-viral, antiinflammatory, anti-histamine, anti-pyretic, anti-oxidant, anti-cancer, anti-ageing, anti-allergy properties, and also actions as a blood cleanser, tonic, diuretic and pain killer. Some of its uses include: treating migraines, dyspepsia, constipation, arthritis, rheumatism, diabetes, dysentery, fevers, malaria, varicose veins, kidney stones, joint and back

pain, knitting broken bones and strengthening ligaments, stroke and cardiovascular conditions, high cholesterol, lymphatic diseases, cancers, leukaemia, hepatitis, detoxifier, coughs, colds, sore throats, halitosis, laryngitis, flu, sinusitis, depression, urinary infections, renal failure, varicose veins, and as a 'skin-care-elixir' for skin diseases, skin care and toning, acne, boils, bites. It supports male reproductive health and performance, including prostate function. Females have taken the herb for breast firming, menstrual cycle problems, and vagina contraction.

I came to hear of this herb from a man who called at the Herb Farm several years ago, who told me of his friend of 84 years, who had taken the leaves as a tea. He said, "His friend when 70 years of age was diagnosed with prostate cancer. He heard about the herb a few years after his cancer diagnosis and started taking the tea, and completely cleared prostate cancer. He has kept up taking the herb (five years now), and today he looks like a man of 60." He made the tea with nine large leaves, finely cut, placed in a saucepan with two cups of water, and brought to a low simmer for two minutes. The liquid was strained and drunk either hot or cool.

Many people from South-east Asia know the herb as 'life extender'. Fred who visited the Herb Farm asking for the sambung plant to grow, told me of his aged aunt, who started taking sambung daily since 1988 as she had been diagnosed with kidney and bladder cancer, and 20 years later Fred said, she is still alive and active; a 'life extender' for Fred's aunt.

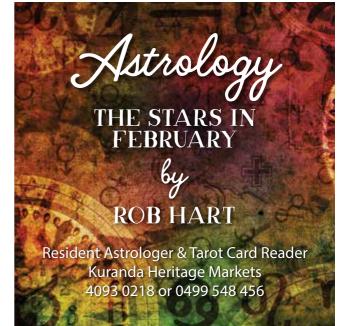
Sambung contains asparaginase. Asparaginase is an enzyme that has been found to lower levels of acrylamides in the body. Researchers say, acrylamides are seen as cancer causing substances, that are created when some foods are fried, baked, grilled or roasted. Acrylamides have also been found in foods, grown on mineral deleted soils."

Isabell Shippard's books are very respected for her wonderful experiential knowledge gathered and shared over the many years of her career as a much sought-after herbalist, so it would be wise to access and grow this plant.

Seedsavers usually has cuttings on the share-table and there are seeds in the local seedbank.

Sambung is related to another excellent perennial plant that grows quite similarly, Okinawa spinach, with the beautiful purple on the back of the leaves, and there is also a native gynura variety in North Queensland, although so far my enquiries to various sources have not been responded to. Let us know if you have any information.

Please email seedsavers@kurandaregion.org to find out about upcoming meetings in the region, and go to kuranda.tv for videos from seedsavers, permaculture, syntropic and other local content, happy gardening in all this beautiful rain!



Aquarius again rules the heavens during February. Sun, Moon, Mercury, Venus, Mars and Pluto all attuning to Aquarian energy during the month. The Water-Bearer? Well, that's an obvious one. Plenty water pouring down upon us, but with Aquarius also being the zodiac sign that 'rules' mankind, evolution, technology, unity and uniqueness (a paradox there perhaps) and the era we have entered: "The Age of Aquarius", there is a strong resonance here for all of for us all.

If your birth chart shows an Aquarian connection, particularly with Sun, Moon, ascendant or mid-heaven, or planet Uranus, than this is likely to be an exciting, go-forward month.

With Venus in Aquarius? - very individual creative expression. Mars and/or Jupiter in Aquarius? - really pushing the boundaries. Saturn in Aquarius? - very technological and scientific and carefully inventive. Or Neptune? - pushing beyond the outer reaches of images, fantasy and imagination - spiritual seeking. Then if you have Pluto in Aquarius you're part of the demolition crew – clearing the way for the new era and doing the rough stuff. So one way or another it impacts on us all.

The Mars-Jupiter conjunction at 5 degrees Aquarius on 21 February could be very exciting in the way love and relationships break new ground, and a wonderful time of inspiration in artistic or creative works.

The new moon on 10 February, with Sun and Moon both at 20 degrees Aquarius, kicks off a month that will be, to say the least, unusual, unique and setting new directions in motion for you individually and for the collective. Watch what it does to our political structures - big shifts happening on a local and global level.

Children born now are the avatars of the future shifting society in a big way as they mature. "Out of our way" I hear them saying. Technology, inventions and energy sources all moving rapidly into the future. Good or bad outcomes? That will depend on how we adapt and recognise that the Aquarian element is 'Air': the consciousness of humanity, which will ultimately transcend all machines and technology – infinitely more

empowered, and in a word 'divine' i.e the All that is, and the holographic unity of creation. We are now able to get a taste of this as we align with this powerful Aquarian flow.

Enjoy the ride.

Blessings



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**Certified Practising** Accountant PO Box 139 Kuranda Queensland 4881

Tel/Fax: (07) 4093 9770 Mobile: 0418 314 532 Email: barry@hodsonott.com.au



#### Get ready for the 2024 season!

Would you like your children to improve their endurance, agility, balance and coordination in the safety of a loving community? Kuranda Rangers Football Club (KRFC) providing access to one of the few team sports available in Kuranda and we would love to see your children come and join in the fun. We have teams for ages ranging from age five up to under 12.

We have football fun and games on the 15, 22 and 29 February from 4.30–5.30pm at the Kuranda Recreation Centre (KRC) on Fallon Road, Kuranda. Why not come along to try soccer and see if you like it?

Make sure you bring your shin pads to be able to take to the field. Official training will commence after these dates and games will start on Saturday 2 March. All games will be at Endeavour Park, Manunda.

#### Registration is now open!

ALL registrations for new and returning players MUST be paid and registered through Squadi. Squadi is the system used by Football Queensland to manage all aspects of the game including registrations, fixtures, scores etc. Please download the mobile app and register. We will have committee members at the KRC during the first three fun sessions in February to help with the registration process. Please also note that the Club can no longer accept direct transfers for registration fees.

Round 10 of the Queensland Government FairPlay vouchers is now open. If you are successful in acquiring a voucher it MUST be used/redeemed during the registration process. To be eligible, you must have a current pension concession or health care card with the names of your children. Successful applicants are provided with \$150 voucher to use towards fees. Apply at www.qld.gov.au/recreation/sports/funding/fairplay/apply

#### All players MUST be registered and paid by 1 March.

Players will need KRFC socks (\$15) and shorts (\$25) which will be available to purchase through the SQUADI app when registering, or at the fields on training days. Hats will also be available for purchase. KRFC jerseys are provided for registered players and returned to the Club at the end of season. It is compulsory to have shin pads for training and games, and players cannot take the field without them.

Training days and times will be provided by coaches and managers by 29 February.

Please keep an eye on our Facebook page for further updates.

#### Other news

In 2024, Football Queensland will be charging a gate fee for entry into Endeavour Park. All coaches, managers, committee members, players and children U15 will receive free entry. Gate fee will be \$5 for adults and \$4 for pensioners.

We would love to expand our committee and we have many roles available such as Facebook admin, writing newspaper articles for the Club, fundraising, sponsorship and more. If you feel you may enjoy helping out, please get in touch. Our Club is volunteer-run, so many hands make light work and we appreciate any assistance given – even if only an hour or so at times.

In December we were lucky recipients of some funds for a new sign at our grounds, a laptop for our committee, and 40 new soccer balls! We'd like to say a big thank you to Kuranda Traders Association for this generous gift – it is very much appreciated.

We would also like to thank Simone Titmarsh for the years of hard work and dedication she has given to the Club. Simone has handed over the reins and we would like to welcome Keira Nash as Club Co-ordinator, Niamh Murray as Secretary and Adric Rusch as Head Coach.

# We can't wait to see you on 15 February for our first fun day session of the year!

Enquiries: Please email kurandarangersfootball@ gmail.com or contact us via our Facebook page.

#### **Club contacts:**

Keira Nash 0437 778 849, Niamh Murray 0433 998 349 and Adric Rusch 0429 488 214.

# TASTY LIFE

Existing is so exciting at life's join in restaurant Where life's got a menu just for you You've got to bite the fun bun of life. It's got the spread on the bread that makes the food groove.

The mixed mince of memory, the hedonist lettuce, the mating call of the come and get me cheese, the sting of an onion ring, the bravado of a tomato all covered in devilish relish. Out to lunch to munch on the crunch of life with that not going to save you flavour.

> It's more than a snack, its life's bigger burger value pack It comes with its own bucket of highs and that effervescent can of hope. Yes folks it's life's BIGGER BURGER BONUS VALUE PACK

> > Because existing is so exciting

Christopher Headmesser





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OUR SERVICES: • Supply Cardboard Caskets • Information and Referral • Provision of resources e.g. Will Kits



*Hip Pocket Poetry Presents (on Facebook)* 



#### **ROOM FOR HIRE**

The Club has an air conditioned room available for casual hire at great rates. It would suit a variety of uses e.g. meeting room, massage or yoga classes. If you are interested in viewing the space or need any more information please email kurandahpc@gmail.com

Keep up to date with what is happening at the Club on our Facebook page. If you have your own horse and would like to join the Pony Club in 2023, contact us for more information by email at kurandahpc@gmail.com or via our Facebook page.

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#### WAYGAL-A-GALING BUWAL-WU



Djabugay Ngirrma language classes led by Bada Djaygul/Dennis Hunter, Djaanda/Taha Hunter) and Bina/Michael Quinn are held every week. See below for details. All welcome.



G A M B A R R N G U M A W Q B L N Y M B D DIINBADIINBALDABAYING M D Y R Y B U G A D J A L A G A B A A N Y J B P B U Y B U R R I L D J A W A R R A Y D U M B A R R I L G I N Y D J U N B D X Y G G G D J U L A R R I W A L N G G A L M N A A A D I G A R R A D I I M B A R R A L BARNGBDGDJUDAYGUNDANG IRRGUUJIQYALUUYALUULT D R D G Y R A L M U R R B A T G U R R I L J A J A U R R I B I R A Y W A L I Y I N G IDAYRMRGYALUGULIYLGLB N B N Q R U I I B G A D | U L A L G | Y B LWUBUNYLNGUDAAWARABAD BARRINGIDIUMBUNDINDIN Y I N D I N W U R U U B A N A Q P N N J Q



GABIDJIN GADJULA GAMBARR GARRDJAN GILIGILI GINYDJUN GUNDAN GURRIL GUYURRU **MURRBA** NGUDAA NGUMA WALIYING WALNGGAL WARABA **WUBUN** WURUU YALUGULI YALUUYALUU YINDIN

. . . . . . . . . . . . . . . .

Din Din (Barron Falls) in flood after Cyclone Jasper December 2023. Photo: Steven Nowakowski

#### WORD MEANINGS

BANA: water/rain. Bana banggal garrang. Big water, flood, coming.

BARRING: flowing. Bana baygarr barring. Waters flowing fiercely.

BIRAY: march fly. Ngabi biray garrang galbal wungaynggu. Lots of march flies coming to drink blood. BUGAARRA: yesterday. Bugaarra ngabi bana

wandany. Lots of rain fell yesterday.

BUGADJALA: last night. Bugadjala ngawu djawarray bina ngundany. Last night I heard thunder. BURRMU: still, quiet. Bulmba burrmu wala djanang. The world is quiet now.

BUYBURRIL: to blow. Guyurru buyburril guwa-m. Wind is blowing from the west.

DABAYING: spreading. Gundan-du digarra dabaying waluu. The flood is spreading sand on the river banks.

DANGGAY: rapids. Bana djunggang dangga-nydja. Waters running in the rapids.

DIGARRA: sand. Gundan-du digarra wambany bagarra-la. The flood put sand down in the forest. **DINDIN:** waterfall/Barron Falls.

DJARRIY: to drown. Gari yungan gundii nyurra djarri-yabi. Don't swim there you could drown.

DJAWARRAY: thunder storm, the voice of Gudjugudju, Rainbow snake.

DJIMBARRAL: cyclone. Gunday djimbarral bagirr garrang. Maybe another cyclone is coming.

DJINBADJINBAL: to sprinkle. Ngudaa-nggu bana djinba-djinbal nganydjinda. The clouds are sprinking rain drops on us.

DJUDAY: to go down, descend. Gundan djudang ala. Flood going down now.

DJULARRI: cicadas. Djularri barribarring bagarra*la.* The cicadas are buzzing/shrilling in the forest.

DJUMBUN: lightning. Djawarranydju djumbun dabang. Thunder chucking lightning.

DUMBARRIL: to strike, to smash. Dumbun-du djulbin dumbarril. Lightning struck the tree.

GABAAN: heavy rain. Gabaan wanda-wandang. Heavy rain falling and falling.

GABIDJIN: mud. Gari wanirri gudji gabidjin munuu djawun-da. Don't bring that mud inside the house!

GADJULA: dirty flood water. Bana gadjula gundanmu. Dirty water from the flood.

GAMBARR: cloud, mist. Bunda gambarri. Misty mountains.

GARRDJAN: flotsam. Gundan ngabi garrdjan wanirril. The flood brings lots of flotsam.

GILIGILI: fine rain. Giligili djinba-djinbal djulbinmu djindaya. Fine rain sprinkling, dripping from the

#### **DJABUGAY** A guide to the pronunciation of Djabugay words

Vowe	l Sounds
/a/	is pronounced as the vowel in the (English) words
	"some, "come" e.g. <b>bama</b> (person)
/a:/	is pronounced like the /a/ sound in "father" but
•	longer e.g. <b>buda:dji</b> (carpet snake)
/i/	is pronounced like the /i/ in the word "bin" e.g.
	bina

is like the initial /n/ in onion, like an /n/ and a /y/ /ny/ pronounced simultaneously e.g. nyurra (you) as in the word "singer" e.g. bungan (sun) /ng/ when you see the n.g broken by a stop do not run /n.g/ the

two sounds together e.g. djin.gal (sky) is pronounced as the ng sound in the word "finger" trees.

GINYDJUN: wet. Bulmba ginydjun. Wet season, wet time.

GUNDAN: flood. Gari yungan gundan-da. Don't swim in the flood!

GURRIL: stormbird, channel-billed cuckoo, koel.

GUYURRU: wind. Guyurru-nggu banggal-ndu djulbin burral djinarra-m. Big wind pulling up trees from the roots.

MURRBA: under water. Burrindji murrba banaa djanang Mantaka-la. Bridge stands under the water at Mantaka.

NGUDAA: cloud. Djin.gal ngudaa-ying. Sky clouding up.

NGUMA: tomorrow. Nguma bungan badjilna. Tomorrow the sun will shine out.

WALIYING: dying down. Guyurru waliying- ala. Wind dying down now.

WALNGGAL: to float. Nalmal daba-daba-djada walnggal gundan-da. Logs and branches floating in the flood.

WARABA: creek. Waraba wuruu-djada badabagay djunggang. Creeks and rivers are running full.

WUBUN: frog, frogs. Ngabi wubun nulaying gabaanwu. Lots of frogs singing out for rain.

WURUU: river. Wuruu baygarr djunggang. River running fiercely.

YALUGULI: today. Yaluguli djin.gal garan-garan. Today the sky is clear.

YALUUYALUU: these times. Gabun-gabun galin yaluu-yaluu. Go carefully in these times.

YINDIN: cricket (insect). Yindin bina ngunda nulaya. *Listen to the crickets singing out.* 



(ear)

/i;/

/u/

word

the vowel sound is lengthened and pronounced like the vowel sound in "heat", "beat", "feet" e.g. biri: (again)

is pronounced as the vowel sound in the English

"book" e/g. mudu (back)

the vowel is lengthened and pronounced as the vowel /u:/ sound in the words "good", "tool", "rule" e.g. djungguu: (behind)

#### Consonants

The sound is like a /d/ and a /j/ pronounced /dj/ simultaneously e.g. djulbin (tree)

/g/ is pronounced as in the word "gun" e.g. gindan (moon)

a trilled, or rolled /r/ as in Scottish pronunciation of /rr/ the word "sporran" e.g. burra-y (to fly)

as in the American pronunciation of /r/ in car /r/ e.g. biri (fire)

e.g. nyinggarra (eel) /ay/ is generally pronounced as in the English word "eye" e.g. Djabugay

#### Stress

.....

When saying Djabugay words which syllables should we stress?

In words of two syllables, the first syllable is stressed e.g. bina (ear).

In words of three syllables, the first syllable is stressed e.g. ganyarra (crocodile).

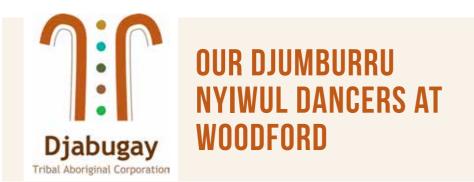
However, if a long vowel occurs in the second syllable of a word of three syllables, it is stressed e.g. bud<u>a:</u>dji (carpet snake).

In words with more than three syllables, stress falls on the first syllable and on the syllable before the last one e.g. ganvarra – nggu (crocodile).

Language classes every Wednesday 6–8pm at Nyuwarri Estate (old Ngoonbi farm).

Djabugay Djabugay Language Classes will start again on Wednesday 7 Feb 6-8pm

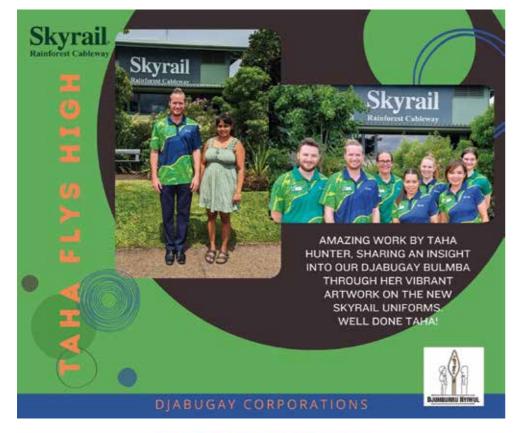
#### Any queries call the Djabugay office on 40 938 116



While Far North Queensland was celebrating the New Year, our Djumburru Nyiwul Dancers were performing at the Woodford Folk Festival in South-east Queensland.

Special thanks goes out to Queensland Rail Travel for supporting our Dancers on their trip from Cairns to Caboolture and back. An amazing experience to travel our state by train! Thanks for your support!





# **NOTICE OF**

2023 ANNUAL GENERAL MEETINGS (AGM) OF DJABUGAY NATIVE TITLE ABORIGINAL CORPORATION (DNTAC) DJABUGAY TRIBAL ABORIGINAL CORPORATION (DTAC) BUDA:DJI ABORIGINAL DEVELOPMENT ASSOCIATION A/C (BADA)





#### Fun Facts About Libraries

- One of the most well-known libraries in the world is the Library of Alexandria in Egypt, which was the biggest library in the Ancient World.
- In France, you can visit The Osmothèque—a library of smells! It's dedicated specifically
  to collecting perfume and is an archive about the history of perfume-making.
- The record for longest overdue book is 122 years. The book was checked out in 1889 and was returned in 2011 ... and it happened in Australia!
- Did you know there is also a Library of Water? The Library of Water is a constellation of 24 glass columns containing water collected from ice from some of the major glaciers around Iceland.

#### Fall in love...with the library

Find your perfect match this Valentine's Day at Kuranda library. Joining the library is **FREE** and your membership will give you access to more than just books. We have a wide range of fiction and non-fiction books for all ages and interests, plus audiobooks, magazines, DVDs and an extensive Language other than English (LOTE) collection is also available.

Keep track of your loans with our mobile app, or download eBooks, eAudiobooks and eMagazines on one of the many apps available for on-the-go reading.

Library membership also gives you access to online learning resources through our website. Your library card opens you to a world of possibility, including:

- FREE Wi-Fi access
- Public computer access
- Printing, photocopying and scanning
- Technical assistance with Smart devices
- Fun activities for children of all ages, and
- Programs for groups and adults

#### Head to Kuranda library, 18-22 Arara Street, and join today!

#### Ever had a blind date with a book?

While most people know 14 February as Valentine's Day, did you know it's also Library Lovers Day?

It's a day dedicated to celebrating libraries, and to raising awareness for all the services libraries offer their communities. However, at Kuranda library, we have decided to spread the love for the entire month. You'll be able to drop in anytime throughout the month and go on a blind date with a book.

Never been on a blind date with a book before? Don't worry – there's a first time for everything. For the first timers out there here is how it works:

Your friendly librarians will pick a selection of titles and wrap them up to disguise the covers. Then they'll write clues about the book on paper.

From there, it's all in your hands—you pick the book that piques your interest by using the clues, and then go on a date by borrowing it out and reading it.

It's a great way to discover a book you may not have heard of before or picked up on your own while browsing the aisles. And because February is the month of love, why not tell us what you appreciate the most about the library by leaving us a little love note?

We'll display your love notes so we can all learn what our community appreciates the most about libraries.

We can't wait to see you at the library!

#### **Book Review**

Fourth Wing by Rebecca Yarros.

It's not a love story...yet! Did you love Hunger Games and do you remember the Dragonflight series?

**Publisher's blurb:** Welcome to the brutal and elite world of the War College, where everyone has an agenda, and every night could be your last . . . Once you enter there are only two ways out: graduate or die. Even then, dragons don't like fragile humans; they incinerate them!

#### **Review:**

Violet's life is torn apart when she is commanded to join the hundreds of candidates striving to become dragon riders. Her previous ambition was to become a scribe, more suited to her small stature and high intellect. One does not,

however, disobey the Commander General—especially when she is your mother.

This story is full of action and suspense: the competition to bond with a dragon is fierce and deadly, and we can only admire Violet as she hangs in there by the skin of her teeth with only her wits to rely on.



There is treachery and rare loyalty. Allies are hard to come by and cannot be relied on. Enemies are everywhere! And then, Violet begins to suspect the war is going badly—there are many secrets and hidden agendas—so why is she attracted to the deadliest person of all: Xaden Riorson, who has every reason to hate her and her family?

The second book in the series *Iron Flame* was released in November. There will be a total of five books so do not expect a quick resolution to the war...or to any romance. By then you might find yourself hooked! *Enjoy. Helen B* 



# **KURANDA MEN'S SHED**



#### ROUND IT (2023) UP BOYS (and GALS)!

It's hard to believe that nearly a full year has gone by since I took on the task of authoring this article for the Kuranda Men's Shed (KMS), and yet...here we are! So much has happened during that time, but let me catch you up on the events of the last few months (I haven't been able to contribute for a while due to personal circumstances).

As most on the Tablelands know, last October saw Savannah in the Round held at Kerribee Park in Mareeba. What some people may not know, is that KMS collaborates with the Mareeba and Atherton Sheds to take care of all the recycling for the event. Now, this isn't simply collecting the cash at the end, it's actually lots of hard work for the volunteers involved. Sure, they get to listen to the music, but it also involves 5am or 6am starts to empty recycling cages from Friday through until Monday, sorting and packing cans and bottles into bags, and taking it to the recycling centres. Not a clean or tidy job at all! So, we would definitely like to thank the volunteers from all the Sheds for giving their time and sweat, and the (then) Mareeba Shed President, Kent Duffield, for organising this service. As anyone who has attended the festival can attest to, collecting all the cans and bottles is no small task, and it definitely contributes to a clean and welcoming atmosphere at the venue.

In November, the KMS was approached by a local community organisation asking if some of our members would have time to create some Christmas toy presents for local children. Of course our members were up for the challenge, and I am extremely pleased to say that a number of different toys were made and donated. Everything from toy cars to dinosaurs with actual moving parts were designed, crafted and painted by any members who had time. The photo attached to this article shows a few of those kind souls and some of their clever creations, which I am sure continue to provide great enjoyment to the lucky kids who received them.



Christmas toy creations donated by KMS to community charity organisations. L-R: Daryl Douglass, Ayumi Tatami, Greg Sutton

It is also now crucial to mention the changes to the Kuranda recycling area on Arara Street. As of December, Containers for Change has placed a large collection receptacle within the recycling area alongside the usual KMS recycling cages. This means that we from KMS need to ask for the continued support of the community, as the majority of our operating budget is drawn from the recycling money we receive from gathering Kuranda's empty bottles and cans. The new collection bin has 'chutes' (like those at Lifeline or Vinnie's bins), and the proceeds from the recycling thrown into some of those will go directly to the KMS. Other chutes are for people who would like to collect the funds themselves or donate to a specific charity (done by labelling bags with the charity ConEx code). To the best of my knowledge, the signage plainly identifying the KMS drawers is yet to be applied, however, the KMS drawers are identifiable. Again, we ask for everyone's support to help maintain our funding, to help keep what is a vital part of this community operating.

And well, now that the New Year has rolled around again, it means that KMS is gearing up for our 2024 AGM. Rather than keeping this as a dull meeting, we have decided to make this our first social event of the year. KMS members are invited to attend the AGM at 12 noon on 24 February (at the Shed), and friends and family (as well as interested members of the community) are very welcome to join us for a bring-a-plate BBQ event after the meeting – good motivation to make the meeting short and sweet!

Oh, and before I forget – a change to our scheduled opening sessions. We will now be opening the Shed for a Mixed Session (i.e. male and female members) on Tuesday afternoons, 12–3.30pm, starting from 30 January. This will be in place of the Saturday afternoon mixed session (the Saturday morning Men's session remains unchanged).

Remember... if you have an itch in your fingers and want to start picking up some tools;

# **RECRUITMENT & OPEN DAY** at the Kuranda Fire and Rescue Station

Saturday 10 February



For over four decades, Kuranda Fire and Rescue Station has been a steadfast pillar of safety at its current location at 10 Coondoo Street, Kuranda. During this time, numerous community members have selflessly devoted their time responding to calls for assistance. From house fires and road crash rescues to severe weather events, Kuranda Auxiliary firefighters have been instrumental in these front-line responses.

Our diverse Auxiliary firefighters are united by a singular goal: to provide our community with an essential emergency service.

Today, we turn to you for assistance. We are recruiting community-minded individuals who can operate effectively in challenging environments.

Auxiliary firefighters are casual, paid firefighters responding to emergency incidents as needed. As a member of the QFES team, you will be an integral part of the front-line emergency and disaster response in Queensland.

Whether you're called upon to manage a bushfire emergency or to aid in recovery after a major flood, your role is essential in protecting Queensland's people, property and the environment. This is your opportunity to contribute to your community and earn a respected position among your peers.

If you or someone you know is interested in becoming an Auxiliary Firefighter or an Auxiliary Support Officer, we invite you to our open day at the Kuranda Fire and Rescue Station on **Saturday 10 February 2024**. A follow-up information session will be held on Friday 16 February 2024.

For more information, please visit our website at qfes.qld.gov.au/auxiliary.

Join us, engage with our crew, and discover what we do in the community. We look forward to welcoming you!



The Focus on Kuranda Photography Group is a Facebook group for photographers of all levels. Photos featured here have received the most 'likes' for the previous month (at the time of going to print).

DECEMBER "Din Din after Jasper" Jill Melody (16 December 2023)

if you have a specific project in mind and want help to turn your vision into reality; or simply if you or a loved one need to get out of the house and spend some time in good, supportive company while keeping your hands busy – the Kuranda Men's Shed is the place to be. Young or old, male or female, local or visitor, everyone is welcome.

Julia Ayliffe (KMS President)

#### **Session Times**

Mixed Shed (male and female) • Tuesday 12–3.30pm Men's Shed • Wed & Sat 8.30am–11.30am She Shed • Friday 8am–1pm

116 Kuranda Heights Road Contact: Julia (President) mensshedkuranda@gmail.com

f Kuranda Men's Shed



### **ANGLICAN CHURCH OF AUSTRALIA** ST SAVIOUR'S **KURANDA**

#### **SUNDAY**

8am Holy Communion 9.30am Sung Eucharist 5pm Evening Prayer

#### **TUESDAY**

9am Holy Communion

#### **ASH WEDNESDAY**

9am Holy Communion and the imposition of Ashes

#### **ACTIVITIES**

Home Groups Alpha A Life Worth Living Sunday School

#### **POSSUM CORNER OP SHOP**

8.30am to 12.30pm Monday to Saturday 

#### ST CHRISTOPHER'S CATHOLIC CHURCH 20 Barang Street, Kuranda Serviced by the Northern Beaches Parish

Sunday Mass: 5pm

P 07 4057 6055 **E** northernbeaches.parish@cairns.catholic.org.au W cairns.catholic.org.au/parishes/northern-beaches

Wednesday Mass: 6pm





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### St Saviour's Thought for February

This month we read from St John's Gospel Chapter 2 verse 1-11. The passage introduces us to a wonderful, beautiful, and mysterious moment in the life of Jesus. Perhaps it would be most helpful to see the wedding at Cana as a symbol of our own lives. After all a wedding is very much a symbol of life. Lives are joined; life and love are celebrated. Meetings take place, sometimes after many years; relationships are recovered, sometimes even begun. Families are bonded; new life is anticipated. A wedding is an immensely rich mixture. So let's look at the wedding in Cana as a symbol of life itself. If we do that, what follows?

"The wine gave out." At an eastern wedding that happening was a social catastrophe; it brought shame on the host and on the family. But, for us, what might it mean. There are times in all our lives when, in many senses, the wine gives out. If wine is celebration, joy, love, happiness, and then we know only too well that for many reasons wine can run out. It can run out of relationships, either between men and women, or among friends, or among parents and children. Sometimes the wine of satisfaction with our job can run out. Life then can become meaningless and joyless.

At such times it becomes very important whether or not we have invited a certain guest to the wedding of life. John tells us that "Jesus was invited to the wedding"; we need to be sure that Our Lord's name is on our guest list! If it is, then we have someone to turn to when "the wine runs out."

"Jesus said...Fill the jars with water." Notice what Jesus does. He doesn't tear off frantically looking for new wine; he turns to the supply of water that is already there. What is the

> **Enquiries to Chris Wright** Phone: 4093 8735 Email: wrightc@iig.com.au

water at the wedding of our lives? Perhaps it is the taken-forgranted things in our lives, the things we have always thought of as ordinary, everyday, run-of-the-mill. Jesus suggests that we look at those things again. The ordinary person we are married to, the ordinary friends we have, the ordinary job we have, and the ordinary life we lead. Jesus tells us to check out if by his grace they can be turned into wine, into more than the ordinary, into joy and satisfaction.

The wedding at Cana can be a portrait of our lives: a lot of ordinary things are waiting to be changed by Jesus presence.

#### News from St Saviour's

Christmas was a joyful time at St Saviour's with wonderful joyful services. The Carols by Candlelight for Children on Christmas Eve was very special.

St Saviour's' Children's program happens every Sunday 9.30am with Nikki and her helpers. Children start in church then go down to the room under the church for about 30 minutes for the lesson. Children then return for the last part of the service.

Possum Corner re-opened for 2024 and there are plenty of treasures to be found! The Op shop is open Monday to Saturday 8.30am to 12.30pm.



Words of wisdom from my Grandmother... My husband asked if he had any annoying habits. He then got annoyed during the PowerPoint

# presentation.

# THOUGHT OF THE MONTH FROM THE BAHA'I FAITH

"The spiritual brotherhood which is enkindled and established through the breaths of the Holy Spirit unites nations and removes the cause of warfare and strife. It (Abdu'l-Baha) transforms mankind into one great kfamily and establishes

and lasting happiness will not be attained by man. This is the century of new and universal nationhood."

# in company/beyondblue



Wirramoo Street, Kuranda

Services held every Saturday ALL WELCOME

Sabbath School (all ages) 9.30am **Divine Service 11am** 

the foundations of the oneness of humanity. It promulgates the spirit of international agreement and insures Universal Peace. Therefore we must investigate the foundation reality of this heavenly fraternity. We must forsake all imitations and promote the reality of the divine teachings. In accordance with these principles and actions and by the assistance of the Holy Spirit, both material and spiritual happiness shall become realized. Until all nations and peoples become united by the bonds of the Holy Spirit in this real fraternity, until national and international prejudices are effaced in the reality of this spiritual brotherhood, true progress, prosperity

Meditations/Reflections: all welcome to meditations on the sacred writings of the great religions, also discussion evenings in Kuranda and Mareeba.

Morning prayers: each Thursday at 8am, in lower Therwine Street, Kuranda followed by coffee - come and join us.

Study Circles: by arrangement, please feel free to enquire.

Also regular events in in Cairns, Atherton, Mareeba, Malanda, Tolga and other places. Open for all those interested.

All enquiries welcome. 0419 632 286 | 4093 9571 | bahai.org.au The Baha'i Community of Mareeba/Kuranda

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Acrylic Pour Painting art classes. Unique personalised creative sessions, small group setting. Call Leah 0403 335 508

Clothing alterations & dressmaking in Speewah. Karen is professional and reasonably priced 0459 184 223.

COMPETITION TIME! Help us pick a new name for the Kuranda Recreation Centre bar and restaurant. Winner takes home free membership and a Centre Voucher for \$50. Submit entries to our email krc488@gmail.com Competition closes on 5 March.

Gift Vouchers for Framing. Perfect gift for the artist in your life. Terra Nova Gallery, 15 Therwine Street. Call 0.412 387 557 Guitar Lessons. Long-time local offering guitar lessons. Beginners to intermediate players. Blue Card. Dave Breeze 0404 290 060.

FREE Aqua Classes for Seniors. Running until April 2024. Bookings can be made by calling 4092 1691 or moveitaqua@mcsf.com.au

JOB OPPORTUNITY. Yellow Crazy Ant Community Taskforce (Kuranda) Coordinator vacancy. Applications close 19 February. If interested please email info@envirocare.org.

Join our Pilates & Fitness classes in Kuranda. We also offer Personal Training. Call 0415 559 722 fnqpilatesandfitness.com.au

Marriage Celebrant – Cheryl Tonkin. Local, regional & remote. Phone 0407 670 954 Mum's n Bub's Yoga on Thursday mornings at 9.30am. Bring a few toys. Located at Soul Temple Kuranda studio. soultemplekuranda.com.au

Picture Framing Free custom framing quotes at Terra Nova Gallery, 15 Therwine Street. Call 0412 387 557

Résumés. In Speewah, Cairns longest-running resume writing business — over thirty years' experience. Résumés, Employment Applications, web text, all forms of copy writing, editing and proofreading. Word Factory (Suzy Grinter) Phone 4093 0449.

RIDESHARE Call 1300 74 33 74 or book on the App. We operate 8am–7pm Mon to Sat and Sun 8am–6pm. Prebook for out of hours. Airport/Cairns bookings accepted. Singing Lessons, classically trained teacher with 30 years teaching experience. Absolutely all styles, sing the music of your choice. 0429 090 476

Street Pantry is located at the Kuranda Neighbourhood Centre on Rob Veivers Drive (next to Butterfly Sanctuary). Open 24/7 for donations of nonperishable food or for others to take items as needed. Will also receive food items and toiletries to distribute.

Valentine's vouchers – we will happily post your Valentine's a gift voucher from Just Gorgeous. Call 4093 7508 to organise it.

Vegan-friendly shoes ideal for wet weather from \$39.95 at Just Gorgeous. Open daily 10am-3pm. WANTED: local firing service for small ceramic pieces, bisque and glaze firings. Flexible about time so my pieces might help fill your empty kiln spaces. Please phone 0447 088 651.

Women's Sexual Assault Survivors Group Alternative fortnights at Atherton and Mareeba. Contact 4091 4036.

### 🛨 30 WORDS MAXIMUM

Forsale, lost/found and outdated entries will be deleted after one month. Repeat advertisements will be deleted at the discretion of the paper. Existing *Kuranda Paper* advertisers and community groups will be prioritised for repeats depending on available space. Submit classifieds via email mail@kurandapaper.com

# YOUR COMMUNITY PAGES



### WILDLIFE

Wildlife Rescue 4053 4467 (24 hours) - recommended to contact first

Batreach 4093 8858 TigerLodge Wildcare 4093 0761 (24/7 phone service) Kuranda Vets 4093 7283 DES CASSOWARY HOTLINE 1300 130 372 (rapid

response including road strikes 24/7)

**SNAKE REMOVAL** 

Jax Bergersen (non-venomous only) 4093 8834 Miss Hiss Reptiles (all reptiles) 0447 888 872



Kuranda Men's Shed end of Kuranda Heights Road Kuranda Pharmacy cnr Coondoo and Thongon Sts Kuranda Medical Centre cnr Thongon and Barang Sts Kuranda Ambulance Station, Fallon Road Kuranda Swimming Pool, Myola Road Steiner School, Boyles Road Kuranda SES on board vehicle

Envirocare Nursery 284 Myola Road

DEFIBRILLATORS

Defibrillator locations in Kuranda region.

## WATER AND SEPTIC

Water Delivery: Grego's Raw Materials 0419 705 005

Septic Tank Emptying: Paul Jennings 0417 632 688

### LAUNDROMATS

Gurii Gambi 5C Coondoo Street

# **FNQ Wildlife Rescue Assoc. Inc.**



(Established 1994)

Caring for the region's native wildlife. Wildlife carers are all volunteers. Tax deductible donations appreciated. New members welcome.

#### Tel: 07 4053 4467 (24 hrs)

Email: fnqwr@bigpond.com



## RECYCLE

Kuranda Transfer Station 2186 Kennedy Hway, Koah MSC Recycle Station - Arara Street, Kuranda



# **ROAD REPORTS**

**Council EMERGENCY** number for local roads 1300 308 461

Kuranda Range/ **Kennedy Highway** 



Australian

Men's Shed

Association

SHOULDER TO SHOULDER

#### **KURANDA MEN'S SHED** RECYCLING C10055234

Connecting our Community

We welcome recycling from Kuranda residents at our Arara Street drop off point. We accept:

• glass beer bottles aluminium cans • plastic soft drink bottles aluminium cans

Help your local Men's Shed to keep operating.

\*\*No milk bottles please\*\*

### Tree Roo Rescue and Conservation Centre Ltd

We are a non-profit organisation that rescues and rehabilitates, orphaned, injured or displaced tree kangaroos.

Donate now and help us care for tree roos today

www.treeroorescue.org.au Visit us on 📑



# Upeyeling Kuranda www.facebook.com/groups/583458973949832/

A group created to connect people with excess stuff

with local artists and craftspeople that could use it.

No selling and buying - just free stuff.

In a town where the council doesn't properly recycle, the locals are taking it upon themselves to re-use.



# RAINFAL

December 2023 1951.1mm 2023 Annual Total 4417.2mm January 2024 525.8mm

. . . . . . . . . . . . . . . . . .

# **Report an Incident** 13 19 40 (24/7)

#### HELP GROUPS



kidshelpline Anvtime Anv Reason

poppers

#### **Kids Helpline** 1800 55 1800 kidshelpline.com.au

Kids Helpline is Australia's only free, private and confidential 24/7 phone and online counselling service for young people aged 5 to 25.



Al-Anon Family Groups Help and hope for families and friends of alcoholics

If someone in your family has a drinking problem, you can see what it is doing to them, but can you see what it is doing to you?

#### Al-Anon can help you! Meetings in Kuranda, Smithfield and Cairns. Contact Kate 4093 9668 or 1300 ALANON



# **Community Services**

#### **KURANDA LIBRARY and COUNCIL OFFICE**

### Monday to Friday: 10am–5pm

(No Council business after 4.30pm weekdays) **Kuranda Community Precinct** 18-22 Arara Street, Kuranda 4093 9185 kurandal@msc.qld.gov.au msc.qld.gov.au/libraries SERVICES NOT OPEN PUBLIC HOLIDAYS

#### **KURANDA VISITOR INFORMATION CENTRE**

Open 7 days from 10am 4093 9311 kurandavic@msc.qld.gov.au

### EMERGENCY MANAGEMENT DASHBOARD

Mareeba Shire Council's online Emergency Management Dashboard provides real time emergency information. The Dashboard provides live emergency news, information about road closures, power outages and river heights, weather warnings and fire feeds, emergency contact phone numbers and social media links. Notifications can also be viewed via an interactive map. Mareeba Shire residents can register for the Early Warning Network to receive email and SMS alerts for potential emergencies and severe natural disasters and weather events. Go to www.emergency.msc.qld.gov.au

### TRANSPORT



Rideshare 1300 743 374 Trans North 3036 2070

Bookings 1300 743 374

**KURANDA TRANSFER STATION** 

**OPERATING HOURS** Tuesday & Thursday: 9am-4pm, Saturday & Sunday: 9am–5pm 2186 Kennedy Highway, Koah 0418 282 542 msc.qld.gov.au/water-and-waste

65 Rankin Street, Mareeba PO Box 154, Mareeba Qld 4880 1300 308 461 info@msc.qld.gov.au msc.qld.gov.au

### **Emergency Contacts**

Emergency – Police, Fire, Ambulance	000
Flood and Storm Emergency Assistance (SES)	132 500
Ergon Energy – Report Dangerous Electrical Emergencies	131 670
Mareeba Shire Council	1300 308 461
Poisons Information	131 126
13HEALTH – Health and Hospital Information	134 325

### **RURAL FIRE BRIGADE WARDENS**

First Officer Kuranda Baz Child 0437 746 601 First Officer Speewah Mick Dub 0428 820 631 Warden Kuranda/Myola Duncan Blakey 0408 151 199 Warden Speewah Mick Dub 0428 820 631 4093 3181 **Davies Creek** 4093 7738 0428 820 631

> Permits required for fires larger than 2 metres in any direction

# Join your local SES

Koah

Speewah

**Kuranda SES Training** every second Tuesday 7pm at Fallon Road. Contact Caitlin 0476 772 500





Robin Anscomb – 0409 046 932 (Operates 24/7) Karen McLaren – 4093 8780 Please phone for an appointment



Atherton Tablelands to Cairns								
Route 850	Monday to Friday			Saturday, Sunday and Pub Holidays				
Departs Atherton	6.00am	9.15am	1.00pm	8.00am	1.30pm			
Departs Mareeba	6.30am	9.45am	1.30pm	8.30am	2.00pm			
Departs Speewah	6.50am	10.05am	1.50pm	8.50am	2.20pm			
Departs Kuranda	*7.15am	10.25am	2.10pm	9.10am	2.40pm			
Departs rainforest	-	10.30am	2.15pm	-	2.45pm			
Arrives Cairns	8.50am	11.15am	3.00pm	10.00am	3.30pm			
Colume to Athenton Toblelondo								

#### Cairns to Atherton Tablelands

### Cairns – Kuranda - Cairns

Route 851	Monday to Friday		
Departs Cairns	*3.00pm		
Departs Smithfield	3.30pm		
Arrives Kuranda	3.50pm		
Departs Kuranda	4.00pm		
Departs Painforest	4 05nm		

\*These services travel via Caravonica, Trinity Bay High and TAFE school days only Current as at 11 February 2022

\*\*No services operate Good Friday, Anzac Day and Christmas Day\*\*

Route 850	Monday to Friday			Saturday, Sunday and Pub Holidays	
Departs Cairns	7.00am	9.25am	3.30pm	10.30am	4.00pm
Departs Smithfield	7.20am	9.45am	3.50pm	10.50am	4.20pm
Departs Kuranda	7.40am	10.05am	4.10pm	11.10am	4.40pm
Departs Speewah	8.00am	10.25am	4.30pm	11.20am	5.00pm
Departs Mareeba	8.20am	10.45am	4.50pm	11.40am	5.20pm
Arrives Atherton	8.50am	11.15am	5.20pm	12.10am	5.50pm

Trans North services are "Hail & Ride". Please hail the driver anywhere enroute where it is safe for the bus to pull over. For a small surcharge passengers travelling to Cairns may also be set down at:

Cairns Airport (\$5), Cairns Hospitals (\$3), Greyhound Terminal (\$3),

Please advise the driver of required destination when boarding the bus and also note that Trans North services do not pick up from any of the above.

#### Bus stops are located at:

Cairns - Platform 1, Cairns Central Railway Station, Cairns Cairns T.A.F.E – Newton Street (7.15am & 3.00pm Services from and to Kuranda) Smithfield - Bus shelter near the traffic lights on Kennedy Highway at bottom of the Kuranda Range

Kuranda – 15 Therwine Street – opposite Visitor Information Centre

Speewah - Speewah Road bus shelter in front of tavern

Mareeba – Arnold Park, 171-179 Walsh Street (next door to Police Station) Atherton – 54 Main Street

#### **Ticket Sales:**

Purchase tickets from the driver as you board the bus or from Piagnos News at 142 Byrnes Street Mareeba. Phone 3036 2070 (office hours) Email: atherton@transnorthbus.com.au www.transnorthbus.com.au



#### WHAT'S ON IN FEBRUARY?

**10 & 24 February – DANCE & IMPROV WITH OLIVIA.** 4–6pm. 0466 134 424

**11 February – FROG MONITORING TRAINING WORKSHOP.** 4–8pm. Book via info@envirocare.org.au

**15, 22 and 29 February** – **KURANDA RANGERS** fun and games. 4.30–5.30pm. Keira 0437 778 849

17 February – ANT ID WORKSHOP. 10am–1pm. All welcome. 0409 647 714

18 February – PIZZA AND GAME DAY AT THE KRC. 3–7pm 0414 453 307

Kuranda 8 Ball returns in March on Tuesday nights!

April – Sunflower Fest emerges ... watch this space!

#### **COMPETITION TIME!**

Help us find a new name for the KRC bar and restaurant!

Winner takes home a free membership and KRC voucher to the value of \$50. Send your entries to **krc4881@gmail.com** 

Competition closes 5 March 2024.

# CONTACT US

**f** Kuranda Recreation Centre <u>()</u> krc4881@gmail.com

> JUMRUM BAR OPEN TUESDAY 6.30 PM

# WHAT'S ON

Come join us in our air conditioned classes!

**KURANDA 8 BALL – returns March** Competitive Pool Tuesday 6.30–10.30pm Bar open, affordable prices

KURANDA RANGERS – Training Thursday 4.30–5.30pm Keira 0437 778 849

#### **PILATES –** Monday 9.30am with Davini Wednesday 9.30am with Davini Thursday 9am with Davini Saturday 8.15am with Jaide Davini 0414 994 123 and Jaide 0488 229 700

TAI CHI – Monday 6pm Les 4093 8276

WING CHUN KUNG FU – Tuesday 7.30pm Grant 0414 966 823

# Venue for Hire

Are you having a party or celebration? Please email krc4881@gmail.com





Contributors please advise of any changes via email mail@kurandapaper.com



### SECOND TUESDAY

**Kuranda SES Training** 7pm sharp at Fallon Road. Paul 0448 008 087

**She Shed Kuranda** 1–5pm. kurandaSHEshed@gmail.com

### EVERY WEDNESDAY

Ashtanga Yoga 5.30am. Biannka 0407 634 116 Social Tennis 5pm Wednesdays and Sundays at the Kuranda Recreation Centre. Gidi 0448 480 200 Men's Shed Kuranda 8.30am–11.30am.

mensshedkuranda@gmail.com

Mah Jong 1–4pm Kuranda Neighbourhood Centre. Taekwon-Do & Self Defence 6.30–8pm Kuranda QCWA Hall. Jeff 0437 438 196



#### **EVERY MONDAY PILATES** with Jaide

**PILATES** with Jaide 6–7pm 0488 229 700

#### WEDNESDAY 7 & 14 FEBRUARY

**FELDENKRAIS WITH JUSTINE** – 9.30–10.30am. Justine 0408 735 309

#### EVERY THURSDAY

FIGHTING FIT (from 15 February) – 3.30–5.30pm Samantha Jurgens 0438 780 279

THURSDAY 1, 15 & 29 FEBRUARY WOMAN'S CIRCLE 7pm. Jane 0437 704 353

THURSDAY 8 & 22 FEBRUARY MANKIND PROJECT MEN'S GROUP 7pm. Open to all men. Simon 0459 755 553

#### EVERY FRIDAY

FISH & CHIPS 5.30–7.30pm or until sold out

#### DREAM BIG! CIRCUS CLASSES ARE BACK MONDAY 29 JANUARY

Bookings are essential. Please contact Sophie 0409 333 404. More info at www.dreamstatecircus.com on the Dream BIG! Circus School page.

MONDAY - Circus 1- 3.45-4.45pm. Age 5-9.

TUESDAY – **Circus 2** – 3.45–5pm, Age 10+ and **Show Class** – 5–6.30pm – Age 8+ **Adult Acro and General Circus** – 7–8.30 pm. All ages, abilities and genders welcome.

WEDNESDAY - Aerial Silks, Trapeze, and Lyra Various classes 5-6.30pm

#### EVERY SECOND THURSDAY OF MONTH

**Kuranda Writers Group** 10am–12noon, Kuranda Library. Rachael 0435 001 156

#### EVERY FRIDAY

**Ashtanga Yoga** 6am. Biannka 0407 634 116 **Kuranda Story Time** 10.30am, Kuranda Library. Every Friday, during school term.

**She Shed Kuranda** 8am–1pm. kurandasheshed@gmail.com

### EVERY SATURDAY

**Tree Planting** Kuranda Envirocare. Contact 0419 624 940 or check Facebook or website www.envirocare.org.au

Men's Shed Kuranda 8.30am–11.30am.

#### **HIRE FEES**

• 1 hour \$10

 24-hour only \$150 (community rates)
 \$200 refundable bond for one-off events (*if space is left as you found it*)

www.koahhall.com koah.hall@gmail.com Koah Hall

#### KOAH MONTHLY MARKET NO FEBRUARY MARKET

#### We will be back on Saturday 2 March 8am till Midday

Hey! The first Koah Monthly Market of the year is Saturday 2 March!

New stall holders and regulars are invited to join us for a brand new year in 2024!

SMS/Voicemail Nicky 0488 961 660 or direct message via Koah Monthly Markets Facebook page.

#### See you there!!

#### SATURDAY 11 MARCH KOAH HALL AGM

strength, and joy!

10am. Get excited! You're invited! The Koah Sports and Social Club Inc. invites you to be a part of the awesome team, building community connection,

 celebration?

 mail.com

 Bookings are ess

 Sophie 0409 33;

 More info at ww

 on the Dream B

For events at the Kuranda Recreation Centre or the Koah Hall please see details in their columns above. See page 20 for CWA listings for this month.

### EVERY MONDAY

Al-Anon Family Groups 11am–12pm hall under St Saviour's Church. Kate 4093 9668 or 1300ALANON

Yoga in the Rainforest with Aileen 9.15am (for 9.30 start) Kuranda QCWA Hall. Aileen 0419 726 955 Ashtanga Yoga 5.30am & 6pm. Biannka 0407 634 116 Kuranda Envirocare Nursery volunteering.

### 9am–12noon. Cathy 0419 624 940

#### EVERY TUESDAY

**Taekwon-Do** & Self Defence 6.30–8pm Kuranda QCWA Hall. Jeff 0437 438 196

**Kuranda Choir** 6–7.30pm Kuranda Amphitheatre Understage. Trish 0428 284 305 .....

**Djabugay Language Classes** 6–8pm Nyuwarri Estate (old Ngoonbi farm), 1496 Kennedy Highway, Kuranda. 40938 116

#### EVERY THURSDAY

**Kuranda Envirocare** Nursery volunteering. 9am–12noon. Cathy 0419 624 940

**Taekwon-Do** & Self Defence 6.30–8pm Kuranda QCWA Hall. Jeff 0437 438 196

Ashtanga Yoga 6pm. Biannka 0407 634 116

**Domestic Violence Help** Kuranda Neighbourhood Centre by appointment 4093 8933

#### Kuranda Rangers soccer

Keira 0437 778 849 for any queries.

**K.A.S.T.** (Kuranda Amphitheatre Stage Troupe) 6pm Kuranda Amphitheatre Understage. mensshedkuranda@gmail.com

### THIRD SATURDAY

Meditation with Horses 10am Koah. Kaya 0429 756 701

### EVERY SUNDAY

**Social Tennis** 5pm Wednesdays and Sundays at the Kuranda Recreation Centre. Gidi 0448 480 200

AA Group St Christopher's Catholic Church 9.30am 1300 222 222

**She Shed Kuranda** 1–5pm. kurandasheshed@gmail.com

### EVERY SECOND SUNDAY

Kuranda Amphitheatre Working Bee 9am–1pm. Email volunteers@kurandaamphitheatre.org