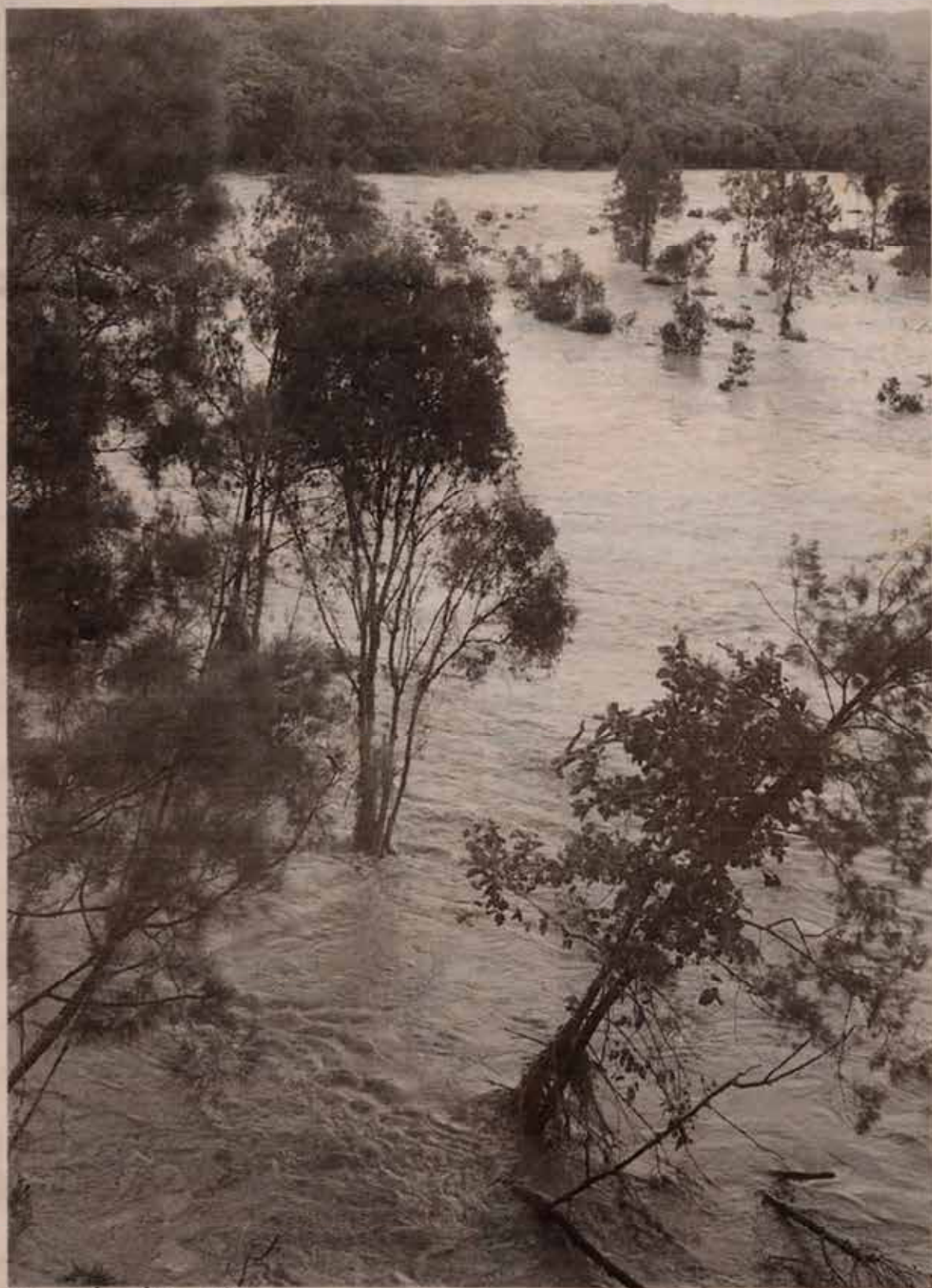


The Kuranda Paper

Issue 87

March 1999

50c



Rona's Wrath.

Photo K Buhler

Looking up river from the Kuranda Bridge in the aftermath of February 11th Cyclone Rona. Only the tree tops are visible on the submerged Sandy Island, as the water rushes down from Lake Tinaroo towards the spectacular Barron Falls.

What a Dampener!



RAINFALL

26.1.99
to
22.2.99

722 mm

Recipe for Damper

Take a large bowl, throw in 5 handfuls of self raising flour and a couple of pinches of salt to taste. Add water until a workable dough is achieved. Place on a cake rack in pre-heated very hot Dutch oven, maintain heat for 15 minutes. Lower heat and cook for a further 30 minutes or until wooden skewer comes out clean. Eat immediately.

COMMUNITY LETTERS

PO BOX 66 KURANDA 4872

PLEASE NOTE: The Kuranda Paper attempts to print all letters received. Please keep yours to the point and under 200 words. All are subject to editing. We do not publish anonymous letters or those of doubtful origin. Please ensure your correct signature, name, full street address and phone contact are submitted with your letter. Opinions expressed are not necessarily those of the Kuranda Paper.

Dear Kuranda Paper,

A great big thank you to all the wonderful men and women who worked in dangerous and unpleasant conditions to ensure the safety and comfort of Kuranda during Cyclone Rona and its aftermath. How very lucky we are to have such skilled and dedicated people living amongst us, and there when we need them. I will certainly remember their importance when the raffle tickets and cake stalls re-appear. My own very special thanks to the Kuranda Fire Brigade who came so speedily to my rescue and acted with great focus and professionalism to secure my home. I would like to make my gratitude tangible so I'm making a small donation to the Kuranda Fire Brigade to assist them in hosting the Qld. Auxiliary Firefighting Championships here in Kuranda in May. They do need assistance in any form from residents and businesses. As the saying goes - "Please Consider". Donations can be dropped in to the Kuranda Newsagency.

Sincerely yours, Gayle Hannah, Kuranda.

Dear Kuranda Paper,

Thank you everyone who helped and supported Monkami Steiner School over the last five years. The School began with a group of parents home schooling their children and developed into a School as more families were looking for alternative education. Unfortunately, we were unable to find permanent premises or a founding teacher with Steiner training, so we are once again a group of parents home schooling using the Steiner curriculum. Our efforts now are directed towards building a group who understand the philosophy behind Steiner education in order to support a future initiative. We have a fortnightly study group in Cairns where it is hoped the population is sufficient to support a School which can grow to a sustainable size. The past years have been rich in the coming together of families for festivals and workshops, fund raising and working bees. We hope that we have contributed and can continue to contribute in a positive way to the Kuranda community. Our focus as always will remain on providing an opportunity for our children to develop their full potential as thinking, feeling and willing human beings.

Monkami Steiner School

Dear Kuranda Paper,

To the residents of Myola in regards to the FNQ 2010 plan. We need to have a community meeting to discuss what is happening, how it will affect you and how you can get involved. We are prepared to hold this meeting at our place at the end of High Chapparral Road on Saturday 6th March at 3.00pm and discuss these issues over a cuppa. This is a very threatening issue to our lifestyles and concerns everyone of you so please come along and at least be informed.

Regards, Cheryl Tonkin, Myola

Dear Kuranda Paper,

I would liked to thank Kuranda SES for the excellent work they did during cyclone Rona. It was very reassuring for Querida and myself to have someone check to see whether we were okay or needed anything. Your efforts in helping this community through this crisis were very much appreciated.

Yours sincerely, Kay V. Loftes, Myola Rd.

This edition No.87 of the Kuranda Paper was produced by a volunteer team including: John Woodbridge Saddhen, Krishna Buhler, Ian Whittaker, Joan Dods, Norma Woodbridge Tonia Whittaker. Thanks to The Paper Folders. Thanks to Ann Downey and her staff at The Green House who receive the Ads. and contributions. Photographs to be collected from the Green House after publication MASTHEAD by Janef "The Greening Season"

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Please collect items for return from The Green House.

THE KURANDA MEDIA ASSOC.

Inc. is a VOLUNTARY association. A five member committee deals with the running of the Organisation and a production team is in charge of producing the paper.

To remain viable the Association depends on the money collected from advertisers, who would like to see the newspaper continue circulating. Our stated objectives are to "PROVIDE MEANS OF OPEN COMMUNICATION IN ORDER TO PROVIDE THE SPIRIT OF COMMUNITY INVOLVEMENT AND REFLECT THE ONGOING ASPIRATIONS OF THE RESIDENTS OF THE KURANDA AREA."

Address your mail as follows:

The Sec., Kuranda Media Assoc., P.O.Box 66, Kuranda 4872.

Please state clearly if the letter is for "Management only", "The Media Association" or "The Kuranda Paper".

The Kuranda Media Association does not authorize reporters or photographers on the Kuranda Paper.

CONTRIBUTIONS TO THE GREEN HOUSE ENVIRONMENT SHOP 26 COONDOO STREET.

CABINETMAKER

Solid Timber Furniture
Antiques Restored
including Upholstery and Carving
Repairs to all types of furniture

Henk van Rath

Phone 4093 0330
Lot 25 Forest Cl Hidden Valley



Photo Gavin

The Barron Falls taken from The Lookout during the heavy rain caused by Cylone Rona. Newcomers are amazed at the way the riverscape has changed. It has been 20 years since we had a good flush out of our beautiful Barron River.





The Kuranda Village Promotion Program hopes that Nature's Little Pruner "Rona" didn't cause too much hardship to the Kuranda community. Although we were all affected in some way, the sight of the Barron in full flood was truly amazing. On the first day of business this office faxed all the Queensland Travel Centres, as well as other tourist organisations, to let them know the sun was shining and we were still in business. The effect of a cyclone can extend well beyond that of wind and rain. Those of you that were lucky enough to attend the State Development Forum speaker Peter Kenyon held at the Rainforest Resort 8th February could not fail to have been inspired. Several important points came from that meeting and the Kuranda Village Promotion Program is keen to assist these very worthwhile actions. Anja Bakker will be conducting a Skills Audit - and with our support it should be possible to identify all the talented people we know exist in Kuranda. Please support the audit by both contributing to the database and by using local trade's persons and companies. On a practical level The Rainforest Resort is host to a large number of conferences that often require unique skills for short periods. An ideal opportunity exists to utilise local talents and the resort recognises this possibility. When you are considering using outside organisations, check first if a similar service is available locally. Simply supporting local restaurants can be both enjoyable and a good community decision.

Bed and Breakfast While our resort, caravan park and backpacker hostel serve us well, the Kuranda Village Promotion Program is hoping that the rise in Bed & Breakfast and boutique style accommodation will encourage longer stays in the area. This office would like to have contact with those who operate such accommodation or who are considering a move into this area. We have copies of the relevant regulations, the address of supporting organisations or perhaps just some words of encouragement are needed.

Supporting these small accommodation operations with marketing resources and information will be a focus for us and hopefully by encouraging each other this type of accommodation will flourish. **Busking:** To all our talented locals, if you've got it show it, and make some money at the same time. The Mareeba Shire policy and auditioning arrangements are in place, please call for an application form. Any ideas or thoughts on these or any other subject? Call or fax the KVPP on 4093 7593 or write to PO Box 860, Kuranda, 4872.



KVPP Co-ordinator Sue Marshall with speaker Peter Kenyon and Lesley Clark MLA taking a break during the Forum.

Community Skills Register

The Kuranda Village Promotion Program has offered to co-ordinate a community skills register. The register will be available to all members of the community, anyone with a skill or a service to offer is encouraged to register - including all service businesses operating in the greater Kuranda area. Registration costs nothing. Accessing the register will cost nothing. Payment is to be negotiated between the parties. This is purely a community service seen to benefit both the residential and business communities alike by keeping the local economy healthier and creating a stronger community loyalty. It's a "Buy Australian" campaign on a smaller scale. **Buy Locally and Utilize Local** We've all been in the position where we have needed a helping hand, some expertise in a field we have scant knowledge in. We've probably also all had the experience of being surprised at the expertise some of our friends have in trades or professions that they have abandoned since 'retiring' to Kuranda. We all know someone who is disheartened because they cannot gain even part time employment within the profession they have trained and studied for. We all can see the benefit in supporting our immediate community - Kuranda - by utilising all the skills available here.

KURANDA SPRING ARTS FESTIVAL

SAT 20 MARCH 10.00am At Frogs Restaurant

A PUBLIC FORUM

Come and participate in a general discussion on
The who and where and what details of the

1999 Kuranda Spring Arts Festival

Bring your ideas and comments on last years event.

Be positive

An Initiative of the KVPP Phone 4093 7593 for more details

The Residents

Association for Regional Kuranda

This is a summary of the minutes of the first meeting for 1999 held at the Kuranda High School. **Apologies:** Brian Smith, Yvonne Carrick **Secretary's Welcome:** Charlotte welcomed those who came with the hope that during the year we would have a greater participation from other concerned residents **Treasurer's Report** - Tabled by Farzad Minutes of Special Meeting: held 12th August 1998 were tabled **General Business:** 1. Letter of apology from Brian Smith, President, with the request that he be replaced as president of the association due to his continuing ill health. Placed on the agenda for next meeting. 2. It was decided to move the date of the meetings from 1st Tuesday of the month to the second Wednesday starting at the later time of 7.30pm again at the high school. 3. State of the Barron River, 'which is becoming a drain' was brought up by Ken Harley. Discussion centred on the fact that the river was being plundered viciously by the electricity board leaving the river very low at times. It was felt the river should be for all users and not only the electricity board. 4. 'Overkill' in the refurbishment of the Barron Gorge Lookout. Lesley Clark indicated that the overpass being constructed to link the railway side lookout with the road side lookout was recommended by the coroner's report on the death of the youngster who fell into the gorge. 5. Integrated Transport Study of the Kuranda Range. A representative of the Association is invited to participate in the study. Has been placed on the agenda for the next meeting. 6. Circulation of Minutes. The condensed version of the minutes will be circulated in the Kuranda Paper to save postage. Copies of the minutes will be available at the following meeting. 7. Power surges. Ken Harley brought up the problem that surges are having on the equipment. Gail Hannah suggested that it might be time to request an update and possible improvement of the services from FNQEB. Also to invite a representative to a subsequent meeting. 8. Community Hall for Kuranda High School. Ken Harley informed the meeting that interested persons would be working towards a community hall for the High School 9. Kuranda Advisory Committee, Works Sub-Committee. John Carrick advised his need to step down from the committee. Maintaining the structure of the committee was seen as important. The meeting moved that Lesley Clark request an update on the current status of the project, funds available, etc. The meeting closed at 9.15pm. The next meeting is to be held at the Kuranda State High School on Wednesday March 10, 1999 at 7.30pm. Items for the agenda are invited. **Association for Regional Kuranda and the people of Kuranda and District need each other so show your support.** Secretary: Charlotte Doger de Speville Phone 4093 0248.

Register by filling out the form below and dropping it off at either our local Post Office, BP Service Station or the Kuranda Foodstore. Queries to KVPP Ph.4093 7593

Community Skills Register

Registration Form

Name _____
Contact Number _____
Skill(s) _____

Available(hours, days) _____
Payment: \$ _____ per hour or on application or to be negotiated

Kuranda Library News by Kath Raward



Jazmin Pulli in her Rare Books Shop looking forward to getting to know the locals.

SOUTHERN ★ CROSS FINE AND RARE BOOKS

Australia ★ Oceania ★ Asia

The Middle East ★ Africa

Travel & Exploration

Mountaineering & Alpinism

Natural History ★ The Arts

Metaphysical

Antiquarian & Fine Bindings

SEPPO & JAZMIN PULLI Ph/Fax: (07) 4093 8555
Shop 2, Upper Level P.O. Box 599
19 Coondoo Street Kuranda, QLD 4872
Kuranda, QLD 4872 Australia

Inside a Kuranda Bookshop

"The gods do not deduct those hours from a person's allotted span, spent in bookshops". If this is true, then a visit to Southern Cross Fine and Rare Books (Upstairs, Post Office Building, 19 Coondoo Street) might be just what you need. From its opening in June last year, the local response to date, according to proprietors Seppo and Jazmin Pulli, has been excellent. The requests for titles not in the shop have been varied and interesting - from Aardvarks to Zymudrgy". If a title cannot be found from the approximately 8000 in the shop, a free search service is available. The shop's main strengths are in The Arts, Metaphysical, Natural History and Travel & Exploration. For the full-on collector there is an interesting section on Antiquarian Books (some dating back to the 16th century) and fine bindings. Other sections include Anthropology, Asia, Culinary, Mountaineering, Self-sufficiency, Sport, Transport. Although most of the stock is non-fiction, there are sections on literature and general fiction including Fantasy, Science Fiction and Western, in paperback or hard cover. An estimated 80% of the books offered in the shop are out of print. A recent addition to the shop's pleasant ambience is air-conditioning which assures a relaxed browse. Gift certificates are available, and the shop is open 9.30 am to 4.30 pm Tuesday to Friday, and 10 am to 3 pm Saturday to Sunday

Well so much for the Grand Opening of the Library scheduled for the 13th February. Cyclone Rona's presence not only rearranged the landscaping a little but also forced the postponing of the Official Opening and Open Day. The new date is Saturday March 6th 1999 and we will start the Official Opening at 10am as previously planned. Open Day celebrations follow the opening with body art from Rachael Martin between 11.30 to 1.30 and songs from Peter McCabe between 12.30 and 1.00. there will also be story telling from Finlay Grogan at 12.00 noon and from Mark Both at 1.00. The winner of the "Name the Library Frog" contest was Jacinta Beattie and she will be presented with her prize at 11.30. The day promises to be a fun way for locals to celebrate the new facilities, so if you haven't joined yet bring along your rates notice or other identification to borrow books/videos/Cd's etc on the day. The hours for borrowing will be 11am to 2pm on the Open Day with normal Saturday hours being 9am to 12 noon. Speaking of Rates Notices the council office in the same building has recently been inundated with Rate payers. Thanks to Lois Blakeney for her help during that period and a reminder for the next Rates period that the Kuranda office takes Rates during library open hours except Saturdays and after 5pm Wednesdays. The second half of this year will see the Library and the Council Office open from 9am to 5pm on the two days prior to the discount deadline.

A quick note on what's new in the Library. We now have Craft Arts magazine for loan and for those unfamiliar with our magazines we also have Two Wheels, Motor, Australian Photography, Dolly, Gardening Australia, National Geographic, House and Garden and Home Beautiful. With new books arriving all the time I'll highlight just a few this time. Firstly, Harry Oakman's "What Flowers When". This is a great garden guide for tropical gardens divided into the months of the year the plants flower to make garden design so much easier. This compliments our other classic Harry Oakman book, "Tropical and Subtropical Gardening" that has proven such a comprehensive guide to gardening in the tropics. Still on gardening, two new additions to the collection are Nan and Hugh Nicholson's superb "Australian Rainforest Plants" Volumes 1 and 2. Beautifully illustrated these books make identifying the plants around you and choosing those for the home garden so much easier. Still on the home front we have received the popular "Working with Emotional Intelligence" by Daniel Goleman. This is a well written guide to developing the crucial needed to handle ourselves, manage conflict and build teams and is a useful tool for both home and work. Also in an attempt to sooth the senses, new to the shelves is "Healthy Home". This is a beautiful book full of practical ideas to nurture an eco friendly environment fit for body, mind and spirit. All the books above will be on display until the 15th of the month and reservations can be made at the counter. Don't forget the book reviews for the paper, mentioned last issue. I'd love to see a few more folks involved with sharing their stories of the books they love and hate. Also on that note I have had a few enquiries for a book club in Kuranda. Anyone interested in forming one or who has had experience with one please drop by the library and see me. They are a great way to share the experience of reading and the library would be happy to support it by keeping a register of interested people, providing the room for meetings and assisting with resources. I hope to see you all on the 6th March for the Open Day.

Library Help for Rural and Remote Parents

Parents in Queensland's rural and remote areas have been invited to make full use of the Family Day Care and Child Care Services Library. The only cost for borrowing books and videos from the Brisbane-based service is forward and return postage. Resources are mailed to borrowers on request and include parenting, disabilities, nutrition, grief, child development and behaviour management. They are also available to childcare workers and students throughout the State. The Library is funded by the State Government's Department of Families, Youth and Community Care and sponsored by the Wavell Heights Uniting Church Parish.

For more information or be included on the mailing list for the Library's newsletter, telephone 07 3260 6000 or fax 07 3260 6525.

Book Review by Janet Liu Terry

"Buck OS '98" by Buck Richardson

Buck is to be congratulated! Here is an example of speed which the electronic age has dowered us: a book in a few weeks (68 pages of text -at least 25K words - plus half-tones, saddle-stitched, with an ISBN to boot) of his visit to two cities, Vancouver and Mexico City, is no mean feat as he and Eve did not return to Kuranda till November last year. I wish, despite his haste 'to get into print', he had allowed a friendly editorial eye over the manuscript, then the gems could be retained and the tailings thrown out. Instead, lovely, opalescent sentences are deadened by clumsy lines. Although 'for instance' is no proof, I will give you a few: "And the undergrowth is finery to these giants. Ground ferns. The magical levitation of vine maple leaves, fairy luminant dainties, back lit glow green against the darkness of massive trunk. And salmon berry vine. The added lift of duff underfoot. The ever present aural experience of water under the influence of gravity." The tone achieved by such a passage is totally destroyed when he writes "I'm getting very frustrated about not being able to get into my Chamberlain book." or "So the time difference is at present that we are seventeen hours behind Cairns time." or "Boy what an ending, tackier than a mouthful of rocky road." Nevertheless, Buck deserves a reading for the good parts and his unusual use of words which delights: "the first tease of the *magnificences* to come; three hours of harrow on the highways; all the little shells. . . grow feelers and start to move about, *soshellising*." Some editing, either by self or other, would result in a shorter book, perhaps an impressionistic summation to beguile us for a while.

This book may be perused at the Kuranda Library.

SHOP LOCALLY

COPING WITH CYCLONES

by B Asa Vivor

We are fortunate that we sustained minimal damage with Cyclone Rona. Fallen branches and trees created some access inconvenience which was remedied. Severe flooding of creeks and the Barron River meant many residents were isolated for several days until water receded from roads and bridges. This highlights the need to be well prepared and equipped in the event of heavy rain and storm surges. The level of planning is up to each person. It's up to you to determine whether you have basic survival provisions or are busy rushing around at the last minute. Or perhaps you're better organised and you are going to make the most of it - you've ample supplies on hand coupled with chilled champagne, tinned oysters, lots of candlelight, sitting watching the rain, listening to the radio, relaxing, taking time out. (Now... that's making the most of it!). Please be prepared. Which leads me to the SES Emergency Kit, Cyclone Action Guide and Cyclone Booklet - available from: Kuranda Post Office, Foodstore, BP Service Station, Speewah Shop, Shell Koah, SES Kuranda 4093 7188.

Cyclone Action Guide

Before the Cyclone Season *Check the roof and eaves of your home are secure. *Trim tree branches well clear of your home. *Preferably, fit window shutters or at least, metal screens. *Clear your property of loose material that could blow about to cause injury or damage during extreme winds. *Find out about 'Cyclone Watches and Warnings'. *Prepare an emergency kit containing: a portable radio, torch and spare batteries; stocks of fresh water and canned food; matches, fuel lamp, portable stove, cooking gear, utensils, can opener and waterproof bags and a first aid kit, manual and masking tape for windows. *Keep a list of emergency phone numbers on display.

Upon a Cyclone Warning *Store loose items inside. Put wooden or plastic outdoor furniture in your pool. Fill bins and boats with water. *Fuel your car and park it under solid cover. *Close shutters or board-up or heavily tape all windows. Stay inside, with pets. Draw curtains and secure doors. *Pack an evacuation kit of warm clothing, essential medications, valuables, papers, photos and mementos in waterproof bags, to be taken with your emergency kit. *Listen to your local radio/TV for further information.

When the Cyclone Strikes *Disconnect all electrical appliances and turn off gas. *Stay inside and shelter (well clear of windows) in the strongest part of the building, ie. cellar, internal hallway or bathroom. Keep evacuation and emergency kits with you. *If the building starts to break up, protect yourself with mattresses, rugs or blankets under a strong table or bench or hold onto a solid fixture (eg water pipe). *Listen to your portable radio for updates and advice. *Beware the calm 'eye'. If the wind suddenly drops, don't assume the cyclone is over, violent winds will soon resume from the opposite direction. Wait for the official 'all clear'. *If driving, stop - but well away from the sea and clear of trees, powerlines and watercourses. Stay in the vehicle. **After the Cyclone** *Don't go outside until officially advised it is safe. *Check for gas leaks. Don't use electric appliances if wet. *Listen to local radio for official warnings and advice. *If you have to evacuate, or did so earlier, don't return until advised. Use a recommended route and don't rush. *Beware of fallen powerlines, damaged bridges, buildings and trees, and don't enter the flood waters. *Heed all warnings and don't go sight-seeing. *Don't make unnecessary telephone calls. Note: Resorts, hotels, motels, and caravan parks* should ensure visitors are aware of the dangers and know what to do in the event of a cyclone. *(Free 'Protecting Caravans' pamphlets are available).

Easter Musical 1999

The Easter Musical, "Then Came Sunday", by Rodger Strader will be performed at various venues in the district by a Tableland Choir of 50 voices, drawn from Kuranda, Mareeba, Atherton, Yungaburra, Cairns, Mutchilba, Mt Molloy and many places in between. It will be conducted by Ruth Beasley. The musical, which includes many beautiful melodies and haunting harmonies, tells the story of the crucifixion and resurrection of Jesus. Kuranda residents will have the opportunity to hear this on Sunday evening, 28th March at 7.30pm in the CWA Hall. If this date does not suit then there are also performances in Cairns, in St. John's Anglican Church, Lake St., on Friday, March 26th at 8pm and in Mareeba in St. Thomas' Catholic Church on Wednesday, March 24th at 7.45pm. The choir will also be performing in Atherton and Mossman. There is no charge for admission but a donation towards expenses is appreciated. For further information phone 4093 0303.

Smiles of Fortune

Remember old folks are worth a fortune - with silver in their hair, gold in their teeth, stones in their kidneys, lead in their feet and gas in their stomachs.

Frankly, I have become a frivolous old girl. I'm seeing eight gentlemen every day. As soon as I wake up Will Power helps me out of bed. Then I go and visit Lou, and perhaps I'll see John several times during the day. Next it's time for Uncle Toby to come along, followed by Billy Tea. They leave and Arthur Ritis shows up and hangs around for the rest of the day. He doesn't like to stay in one place for very long so he takes me from joint to joint. What a life! Oh yes, I'm also flirting with Al Zymer. After such a busy day I'm really tired and glad to go to bed with Johnny Walker.

P.S. The Preacher came to call the other day. He said that at my age I should be thinking about the hereafter. I told him, "Oh I do, all the time." No matter where I am, if I'm in the parlour, if I'm upstairs, in the kitchen or down in the basement, I ask myself, "Now what am I here after?"

Article contributed by Gladys Jones.



The Kuranda Information & Support Centre Inc

*Invites you to come
and celebrate*

the International Year of
Older Persons

**With the launch of 'OUR STORY'
- A Community Link Project.**

Kuranda's unique contribution to the International Year
of the Older Persons

MORNING TEA

(tea, coffee & biscuits provided)

**10.30 am on Wednesday 3rd. March 1999
CWA Hall.**

Cnr. Thongon & Barang Sts, Kuranda.

It is intended that there will be a short program of guest speakers from various agencies highlighting the services they provide and issues facing the older person.

For any enquiries please telephone Kay Loftes on 40 937674

This project has been funded by the Department of Families, Youth & Community Care.

"Our Story"

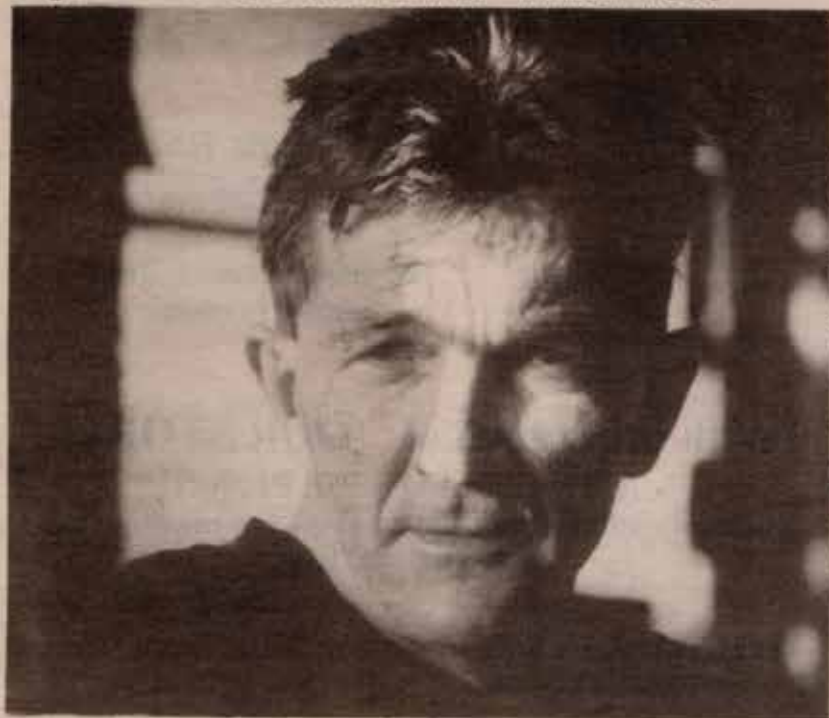
**Funds Boost for 1999 International Year of Older
Persons Community Projects**

The Kuranda Information and Support Centre has received a total of \$6,000 of Department of Families, Youth and Community Care funding to record older residents' memories of the local area for International Year of Older Persons. Minister for Families, Youth and Community Care, Anna Bligh said the grant was part of a total of more than \$390,000 being made available for 78 community projects around Queensland for International Year. The Kuranda Information and Support Centre will use the funds for the *Our Story* project, for which high school students and older people will work together to record local history and assist older people to gain computer skills. "This innovative community project will raise awareness about issues of importance to older people and improve community attitudes towards older people in 1999 and beyond." Ms Clark said. The next funding round for community groups interested in organising activities and events for International Year of Older Persons will be in April. For more information call the International Year of Older Persons Secretariat at the Office of Ageing, Department of Families, Youth and Community Care on 07 3224 7666.

Contributed by Lesley Clark, MLA.



May Porteus celebrating her 84th birthday with Gladys Jones from Victoria at the Respite Centre at the CWA Hall. Enjoying music and games and getting to know your neighbours is the purpose of Respite. We meet every Thursday for a cuppa tea and a laugh!



Artist Profile Darryl Ely 'Boz' Art

A professional artist - metal worker, Darryl works from his studio in Mareeba. He uses iron as a base medium for design furniture, object D'art and sculpture. Darryl's idiosyncratic approach to an old craft, revamped to suit a new way of living and creating, ranges beautifully from the sublime to the ridiculous. His latest designs use stainless steel, although a harder medium to manipulate than mild steel, this mixture of steel and chromium does not rust, the finish is smooth flowing and very user friendly. The colour Darryl creates over mild steel is rust treated then automotive paints are used to create a metallic copper, brass and cobalt blue. Some of his pieces incorporate glass and or ceramics made by his partner Jana. In the past five years Darryl has exhibited with Kick Arts Collective "Forging North", which brought ten hot metal artists together creating spectacular functional and decorative hot metal works at the Tanks Art Centre, Baggage Transfer/Tranship Cairns domestic airport and Alice Springs airport. "Kicking Cans" an overview of major Kick Arts exhibitions, Queensland University Art Museum St. Lucia in Brisbane. Darryl presently exhibits his work in Kuranda Arts Co-op "Made Here" Kuranda, Helen Wiltshire Gallery Cairns and Tolga Woodworks.

Barmaids for north Queensland

Just Us Theatre Ensemble's major production for the 1999 season is *Barmaids*, a comedy to be staged at the Cairns Civic Theatre. Winner of the 1992 Australian Writers Guild AWGIE award and written by Katherine Thomson, *Barmaids* tells the story of Nancy and Val who know how a good pub should be run. "It is as much about resilience, humour and friendship as it is about beer, darts and the karaoke machine" said the director of the show, Mark Gaal from Sydney. A graduate of the University of Queensland and the National Institute of Dramatic Art (NIDA), Gaal is a freelance director of theatre and opera productions and has worked for some of Australia's premier performing arts organisations. *Barmaids'* two person cast comprises two of Jute's founding members. Susan Prince will play Nancy. Jute's artistic director, Suellen Maunder is Nancy's colleague Val, who doesn't mind telling the customers they've had 'one too many'. *Barmaids* runs from Wednesday 10 to Saturday 13 March at 8pm with matinees on 11 and 12 March at 11am. Tickets from Ticketlink are \$20, \$17 concession and \$10 for students. For information call Jute on 4031 0016.



"Jellyfish vase". Kiln slumped glass on Hand-forged stainless steel stand.

The Supper Club

The "Supper Club" in January at Kuranda Rainforest Resort kicked off 1999 in grand style. We had a wide range of players and styles from solo players, trio's, a Blues band and an African drumming ensemble. Our format is the same as before: "Open Mike" with the emphasis on acoustic instruments only. The night begins at 7pm sharp and we would like to see players and audience alike turn up early, so as not to miss out on playing or enjoying their performances. The role of MC is also open, so anyone interested can contact me for details. Our next night is on March 16, 7pm at the Kuranda Rainforest Resort. David Breeze.

Now There's No Excuse!

COURTESY COACHES EVERY FRIDAY TO THE RESORTS FAMOUS
200 CLUB

The Coach will also run Tuesday 16th March in conjunction with the **SUPPER CLUB**

CLOHESY SHUTTLE

STARTS 5:20pm from

- Clohesy River Rd & Highway
- Shell Koah
- Koah Rd
- Palm Valley Rd
- Kennedy Highway
- Douglas Track
- Veivers Drive
- William Smith Drive
- Speewah Rd to Cnr Ganyan Dr
- Speewah Rd
- Douglas Track
- Kennedy Highway



INNER KURANDA SHUTTLE

STARTS 6:05pm from

- Kuranda Rainforest Resort
- Kennedy Highway
- Butler Dr
- Gregory Terrace
- Salamore Dr
- Saddle Mountain Rd
- Kennedy Highway
- Rob Vievers Dr
- Therwine St
- Condo St
- Thongon St
- Wirramo St
- Barron Falls Rd
- Masons Rd
- Fallon Rd
- Kennedy Highway
- Kuranda Rainforest Resort (6:20pm)



MYOLA RD SHUTTLE

STARTS 5:55pm from

- Cnr High Chapparel Rd & Myola Rd
- Myola Rd
- Kuranda Caravan Park *****
- Kennedy Highway
- Kuranda Rainforest Resort (6:05pm)

Live Music

Hail & Ride

Return shuttle's at two convenient times; 8:30pm and 10:00pm Sharp
On the Supper Club night the return shuttle will be at 11pm Sharp

Kuranda Rainforest Resort
200 CLUB - Every Friday 6:30 to 7:30pm

Kuranda Rainforest Resort

Local's 200 Club!
Every Friday Night
6:30pm
Live Music



Supper Club

Tuesday March 16
7:00pm Show
Gold Coin Donation

Courtesy Coaches for both Supper Club and 200 Club, see timetable for pickup times

PHONE 4093 7555 FOR DETAILS

Lions News



KURANDA RANGERS SOCCER CLUB INC.



Wet!Wet!Wet!

Are your kids getting drenched waiting for the School bus? The Kuranda Lions Club wants to help! Our members are itching to provide the community with some more bus shelters. The Lions have previously provided bus shelters and want some more of the warm fuzzy feeling. We'll do all the hard yakka! All you need do is tell us where you feel a bus shelter should go.

Our address is: The Lions Club of Kuranda, PO Box 13, Kuranda, Qld. 4872.

Lions Roar Louder

With two new enthusiastic members the Lions Roar is definitely going to be louder. Robert and Mary Morrison deserve special praise for deciding to join our pride and surviving our fearsome induction. Welcome to our club - we look forward to your contribution.

Rip Roaring Christmas Party

Carol and Yvonne have done it again, cooking up a storm for our Christmas party much to our delight. We hope that our guests and members had an enjoyable time and wish everyone a happy and rewarding year.

Ken and Jodie Harley were among the guests, representing The Kuranda Branch of Riding for the Disabled. You only have to look at our local girl Georgia Bruce to realise how much the branch has achieved.

Since our last report Georgia represented our town at the Australian Riding for the Disabled Association championships near Noosa. Georgia competed on an international, Australian and state level - attaining excellent results in all. Lions club members are extremely happy to support the local RDA branch and look forward to assisting you further.

Who are the Lions?

Lions is a world wide body of men and women consisting of 1.5 million members in over 170 countries, with a firm commitment to assist their community.

A few of the many ways we help internationally:

1. "Hands on" help to community members and their families.
2. Assist with recreational and health services.
3. Health surveys - blood pressure, diabetes, etc.
4. Sight conservation and work with the blind.
5. Sponsoring children to various Lions Camps.
6. Drug awareness, and educational services.
7. World disasters.
8. Hearing, speech and work with the deaf.

Congratulations Tolga Lions

Several of our Club members visited Tolga Lions Club to celebrate their 20th year of community service. Along with over one hundred other Lions, friends and family they savoured Tolga's hospitality and re-lived the Clubs long and dedicated contribution to their area. Well done Tolga Lions.

Lions 100 Board Winners

Draw 124 - 6th February 1999

- | | |
|-----------|----------------------------|
| 1st Prize | W. Townrow (no. 28) |
| 2nd Prize | Gab Johnstone (no. 6) |
| 3rd Prize | Gio (Coffee Shop) (no. 72) |

Lions Christmas Cake Sales

Thank you to all members who sold Lions Christmas Cakes and to the following local retailers: * Kuranda Foodstore * Kuranda Butchery * Kuranda Newsagency * Shell Service Station Koah * Speewah Service Station. For those people who purchased Lions Christmas Cakes we appreciate your support and trust that you will help us again this year. The sale of Lions Christmas Cakes is a vital fundraising activity and allows us to better support our community.

After a successful sign-on many keen and willing young players are ready to take the field when the season begins in March. Training has started for the up coming season though we are still urgently in need of coaches in the U10 to U12 age groups. Accredited training for coaches is available and funded by the club if required. *No experience is necessary to coach*, though an understanding of organized activities is beneficial. Training times can be arranged to suit the individual coach and their work commitments. Coaches can also benefit their own fitness as well as help out a group of keen soccer players. The club already boasts many representative players, and a bunch of supremely fit individuals will be ready to take on the "99" season. Teams are being filled fast so any interested players are advised to sign on as soon as possible. The club registrar, Dian, will be at Bartley Park to take registrations and answer any questions on Tuesdays from 3.15- 5.30pm. For enquiries phone the Secretary 40937 816 or if you are interested in coaching come down to the field during training time and see Rohan.

Pre-season Training Times

Under 7&8 combined: Tuesday; 3.15 - 4.30pm. Coach: Peter Billam

Under 9: Thursday; 4.15 - 5.15pm. Coach: Mike Mabbutt

Under 10: Tuesday; 3.15 - 4.15pm. Coach needed. Temporary coach: Norman Guy

Under 11/12: Wednesday; 4.30 - 5.30pm. Coach needed. Temporary coach: Rohan Rusch

Under 13/14 Tuesday & Thursday; 4.15-5.30 pm. Coach R.Rusch

Senior Colts: Tuesday & Thursday; 4.30 - 6pm. Coach: Norman Guy

Thanks to our sponsors: LJ Hooker Kuranda, Harvey Norman, Cairns, Kuranda Foodstore, Ramskull Press, Kuranda Tree Service.

Proudly supported by: Gaming Machine Community Benefit Fund.

Koah Sports and Social Club News

Koah Dance

Saturday, February 27, 7.30pm.

Popular Tableland band "Klockwork" will set the time period with songs from the 60's, 70's & 80's, including all the popular hits, some slow numbers and a spattering of reggae. Something to suit everyone!!! With keyboard, bass, guitar, drums and sax "Klockwork" is sure to get those dancing feet moving. The Koah Sports and Social Club's regular monthly dances have proved very popular and thanks to the support from the community we are able to continue to offer a variety of live bands of a very high standard. KSSC is able to boast the "best dance floor in town" and the *only* venue offering monthly dances with live music. Families are welcome, the food is always great and a licensed bar is available. Get a group together and come to Koah for a night of fun and dance.

8-Ball competition start

The Kuranda 8-Ball Association will be starting their full competitive season on Tuesday 2nd February and are hopeful of having ten teams playing in our region. The games will be played at the Sports Club, Speewah Tavern and Fitzpatrick's Tavern every Tuesday starting at 7.15pm.

Past members have received their newsletter and their membership renewal reminders. More players are always welcome and anyone who is interested is asked to contact Mark Freeman at the Post Office.

Darts and 8-Ball Champs

The annual 8-Ball Champion of Champions and the Best of the Best in Darts has been decided. Players invited to vie for the top trophy must have come either first or second in the singles knock-outs held throughout the year. This ensures that the play offs are very tight games where one mistake frequently means loss of the game. In 8-Ball, Ken Alderdice finished as Champion beating Glen Hunter in the best of five games final. This is a fitting result as these two players have been the best players in Kuranda throughout the past year and they finished in reverse order in the rankings ladder from the weekly team competitions. Ken was especially pleased as he was defeated in the finals for the 1997 Championship.

Lester Cannon defeated Ralph Riley to take the first ever Best of the Best Darts trophy. The elimination games and the finals displayed brilliant dartsmanship, with scores of 100 being almost common place and 180 being scored several times. Lester took an early lead of two games in the best of nine series, but Ralph fought back and leveled the score. Lester then hit his stride and closed out the final by winning the next three games. The knockouts will again be held this year at the Sports Club every third Thursday of the month starting at 7.15pm with entry fees being \$5 for 8-Ball and \$2 for darts. Prize money depends on the number of entries.

Cyclone Survival Party

Friday 5 March 6 pm - 11 p.m. At the Kuranda Sports and Social Club, Fallon Road. Menu Roast Dinner (choice of meat), Vegetarian Dish. Sweets. Adults \$10 and Children \$5 Bookings Essential Ph. 4093 0130 or 4093 7188 Bring along YOUR funniest Survival Story - win a prize. What will you do while Queen Rona rained. Tall Tales Welcome!! Party with your hard working Emergency Services Volunteers. A SNAP. survival package of carefully chosen items is to be raffled. Also a door prize. Come.....Enjoy



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Sat	8.30am - 3.00pm
Sun & Public	
Holidays	9.00am - 3.00pm

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Telephone 4093 7480

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 Cassowary House,
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Organic Gardening

by Marjorie Spear

We have escaped the brunt of the cyclone but many folk like me have leaves and branches that require cutting and making into mulch. I dread the task ahead.

Fortunately years ago I was given many coloured leaf shrub cuttings. They never need the hose and stand up to the drought. Some are quick growing and need trimming sometimes, others like my favourite crotons are mostly colourful. You are welcome to cuttings of crotons, hibiscus, coloured leaf hibiscus are in this category. I never grow annuals but some perennial shrubs can get leggy and fall over with their shallow root system. I shall have to trim them well and mulch the branches. I do not own a mulcher. They are too much work.

The garden has been full of birds since the cyclone departed. Their vocal joy from eating umbrella tree berries only stops during a heavy shower. The fruit eaters are eager for the bananas I put every hour on their tray. When the sun shines the Birdswing butterflies are prolific and at night between showers many strange animal and bird noises waft from my patch of regrowth scrub.

My glorious purple orchids in the trees near my house are a joy and so is the pink blossom of the Pride of India which usually flowers at Xmas. Perfumed gingers and heliconias galore are available for anyone wanting to dig tubers to hold banks.

The deluge and winds devastated my bananas some 25 trees with semi mature fruit (though staked well) now lie on the ground for the rats and perhaps pigs to enjoy.

Vegetables fortunately have not been planted yet. My perennial Ceylon spinach, lemon grass, basil, parsley and chives feed me. Fruit from Abius has been good and so have the yellow passionfruit and jack fruit. Edible ginger plants are growing very well. They enjoy lots of mulch, moisture and leave no space for weeds. Weeds are a big nuisance elsewhere. Monstera are fruiting everywhere and anyone wanting fruit give me a phone call on 4093 7205 and you can have a plant - they are easy to grow and decorative

The Burning Issue.

I'm a Firey

Welcome back to the Burning Issue after a very eventful and wet February. Cyclone Rona had us busy along with all the other emergency services in Kuranda. There were a few problems with the fuse boxes in peoples homes catching alight when the power came back on. This can be avoided in the event of a black out by switching the main off in the fusebox immediately the power goes off. Once the power has been restored the main can be turned back on. Captain Ray received the National Medal of Australia during the Australia Day awards at the end of January. This was for 15 years of service to the QFRA. Ray joined the service in July 1982 after being a volunteer firefighter for some time. He became Auxiliary Captain in July 1992 after Tom Punch retired. Congratulations Ray!

The 1999 Regional Firefighters Championship arrangements are progressing well. I would like to thank all those in Kuranda and elsewhere that have supported us by sponsorship and/or the donation of prizes - it all helps toward making this a successful weekend. Thank you to all who submitted tenders for the catering - a decision on this will be made on the 25 February and you will be advised of the outcome early in March. We have 4 of our crew doing courses over the next few weeks Robert Lindsay - ATEP (Basic Skills). Andrew Kokoschko - Breathing Apparatus, Debbie Tansey - Breathing Apparatus and Janine Boatfield - Breathing Apparatus. We wish all four of them the best of luck.

Until Next month - stay fire safe.

"You will always find the freshest fruit and vegetables at

The Speewah Store"

This weeks Specials*

Jap Pumkin



39¢

Tomatoes



\$1.69/Kg

Onions



69¢ /Kg

*Effective 1st March to 6th March

Groceries Fuel Stockfeed Friendly Service

The Speewah Store

Speewah Road Speewah

Phone 4093 0099



KURANDA

EnviroCare

INC.

PO Box 494 KURANDA 4872 Tel: 4093 7570 Fax: 4093 8338

Welcome to the Green Corps Team

Ten young local people have been selected to undergo training over the next six months to equip them with a range of skills which will enhance their job prospects in the future. Their training, which is Federal Government funded, will centre around the *EnviroLink* Wildlife Corridor project. They have been decked out in new trousers, shirts and steel-capped boots, boys and girls alike. We took them up to Big Sands to show them the huge task that lies ahead, but supervisor Carl Loeskow was undaunted, confident that they'll soon have the guinea grass and lantana replaced with Black Beans, Candlenuts, Northern Olives and Laurels.

The Green Corps team and local residents working side by side, will help to get many thousands of trees back into the Kowrowa to Speewah wildlife corridor as we move into Year 2 of this ambitious project.

Crises in the Corridor

The concept of a wildlife corridor is complex. A great deal of planning is done once and redone as new information surfaces. Advice is needed from experts in many fields. Fortunately we have been able to call on some of the best and, at our March meeting (3/3/99), we will hear what they have to say.

- Dr Jon Nott will talk about the stability of the sand dunes at Big Sands and give his opinion as to the future of sand extraction there.
- Dr Bruce Wannan, member and Kuranda resident, will discuss how trees are selected and how to set up ways of measuring the effect the reforestation is having on plants and animals - the demise of weeds, the rate of tree growth, the movement of wildlife into the area.
- We will report on the plants, tools and facilities we have acquired, which will ensure that the conservation ethic developing within the community due to the *EnviroLink* project continues in perpetuity.
- A report will be given on the progress of the Planning & Environment Court appeal against Council's decision to approve an intensive housing proposal within the *EnviroLink* corridor.

Training while you Work

KURANDA *EnviroCare* has a job for a young person who is registered with Centrelink and has been receiving dole support for over six months. See our advertisement under Classifieds.

The next meeting of KURANDA *EnviroCare* INC. will be at 7pm on Wednesday 3rd March at the Kuranda Rainforest Resort.

This meeting will be our Annual General Meeting, followed by words and illustrations from the experts on the *EnviroLink* Wildlife Corridor. This will be a great opportunity to find out more about this project and your part in it.

Come along and enjoy light refreshments with us.

EnviroCare is coping with Corridor crises

All our news in *EnviroNews* available at the Kuranda Newsagent



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Garden Group

By Marjorie Spear

The cyclone cancelled our Feb meeting. Ramona had to move her furniture to higher ground. I am sure she will have her lovely garden back to normal when we visit next on Saturday March 13th, we shall meet at 2pm at 550 Speewah Rd. That is at the home of Pip Yenchen, approximately 4 1/2 kms from the Kennedy Highway on the right side of the road just past the gravel pit. All are welcome - no charge but please bring a plate for smoko. Also bring questions and useful advice to pass on as we sit and enjoy a cuppa. Ph. 4093 7205

KISC Drug & Alcohol Bulletin

From an article in "Good Medicine" January 1999:

Weight Loss Drugs

One third of Australians are overweight, and an increasing number of these people struggling with the stubborn kilos are popping pills as an answer to their prayers. But do the fat metabolisers, metabolism boosters and appetite suppressants actually work? Experts say "No" - people are looking to a quick fix for obesity, which is so much linked to lifestyle factors that a pill simply cannot achieve weight reduction. Many over-the-counter products are at best useless and at worst dangerous according to nutritionist Rosemary Stanton, who says - Beware of the following:

Chitosan: there is no evidence that this product of crushed mollusc shells absorbs fat. If it did, it would also remove fat soluble vitamins and other valuable nutrients from the gut, and it may cause faecal urgency and anal leakage. **Hydroxycitric Acid (Brindle Berry):** while HCA is involved in the production of energy, taking extra serves no purpose. It's a bit like pumping more petrol in your car when it's already full. **Carnite:** another naturally present chemical involved in the transport of fat. The body makes carnitine as required and any excess is not used. **Chromium, Chromium Picolinate:** involved in the body's utilisation of insulin (which converts glucose into energy), it is possible diabetics may be chromium deficient. However these supplements are of no use to healthy overweight people with normal chromium levels. **Kelp/Iodine-based:** involved in the manufacture of thyroxine (which the thyroid gland uses to control metabolism). More will not speed up metabolism and in some people may inhibit thyroid production. **Vitamin B6:** while this vitamin plays an important part in the body's utilisation of proteins, fats and carbohydrates, taking more won't burn them up any faster. **Gums/Fibre Pills:** these swell up in the stomach giving a feeling of fullness. However many people don't overeat from hunger but in response to subtle psychological cues. At least one product has been withdrawn from the market because too rapid swelling caused choking. **Herbal Preparations:** often marketed with vague promises ("May curb appetite"). These are not required to prove any weight loss properties, they only need to prove they are safe, not that they work. **Non-Pill Products:** appetite curbing scents, patches, earrings, belts, clips, etc. None of these have ever been proven.

So, the consumer of these products may find themselves out of pocket and as heavy as ever. The weight loss industry on which we spend an estimated \$1 million a day, is largely unregulated. What makes it easier for scam merchants is that slimmers tend to blame themselves when they don't lose weight. But if you've paid good money for something that hasn't worked, complain to the Dept of Fair Trade/Consumer Affairs in Qld, or the Australian Competition and Consumer Commission (02) 9230 9133.

Kuranda Information & Support Centre

Our AGM was held at our new premises in the old library room at the CWA Hall, and the Management Committee for 1999 is: **President:** Chris Wright **Vice President:** Inge-Lise Narup **Secretary:** Irene Colefax **Treasurer:** Gabrielle Alderton **Committee member:** Querida Loftes. Many thanks to our outgoing committee member Betty Wilson for her on-going commitment as a volunteer for our Centre. Exciting news was recently received - KISC was successful in gaining funding for its Community Link Project "Our Story" (see separate article). Not only will the project appropriately celebrate the International Year of the Older Person, it will also contribute to preserving the unique experiences of Kuranda residents. Our very reasonably priced **Book Exchange** is well stocked - come in and have a look. All money raised goes toward providing emergency food parcels to our community.

Counselling

Motivation - It Does Make a Difference

I was looking out my window recently at a magnificent palm tree, and realised what a wonderful symbol it was for growth through adversity. It is often said that the tree that grows the strongest is the one exposed to the strongest winds! I feel we can draw an analogy from this directly to counselling issues. Often people with strong counselling skills have grown through adversity in their lives, offering strength and empathy to others. This ability to help others is motivational in itself, because we genuinely feel that we can make a difference in people's lives. When we study counselling, motivation is extremely important - it is the energy, the drive, that keeps us going, enabling us to reach our goals. In counselling we talk about a response to a 'stimulus'. The sight of a sunset often brings a feeling of calmness and peace. Our attitude towards a stimulus generally determines how we feel about it, bringing our emotions into play. If our emotions feel good then we strive to increase our contact with the stimulus. Conversely, if our reaction feels bad, then we will likely reduce, or cut off our exposure to it. Hence, **attitudes** are essential in building and maintaining motivation. Motivation is closely tied to a term called "self-efficacy" that is, our belief in ourselves or our attitude to ourselves. If we build up and nurture our belief in ourselves, then we stay motivated and achieve our full potential. There are a number of ways we can build self-efficacy, or self-esteem. **Being Aware of our Successes in Life -** Make note of those small achievements. Be careful with 'self talk' - anyone can talk negatively to themselves. Those that build and grow use positive self talk. **Modelling Successful People.** Choose your model(s) carefully, understand their successes and visualise their rewards. Ask for help. **Having Courage.** When you are breaking new ground have courage and give it a go. Break down the new task into small parcels and note your achievements as you complete each task. **Keep Fit and Healthy.** Maintaining a healthy mind is critical for any success in life. Stress management is as necessary for the mind, as water is to the body. **In general, then, motivation is largely about the way we think, or our attitude to life.** Remember, the palm tree grows strong, not because it has led a sheltered existence, but because it has had the challenge of strong winds. Joy Loosemore (Member of the Australian Institute of Professional Counsellors) Phone 4093 8600



Cooktown Ironwood top and inserts. Iron with black finish, by Darryl Ely.

Happy
Saint
Patrick's
Day


Wednesday March 17th

How To Be Healthy though Elderly

by Marjorie Spear

Reading has become a lot easier since I bought, via the Hospital Clinic, a very strong magnifying glass sold by the Lions Club and also a recommended very powerful table lamp with a halogen globe sold by Target at the Cairns Central Shopping Centre on the ground floor. I find the escalator and the staircase very difficult to use and never use them - my walking stick helps on the ground floor and is great in my garden. Organically grown greens and fruit help to keep my body healthy. I do miss my grapefruit but pawpaw is excellent. Fruit should always be eaten before a meal so that it is properly digested. That applies to raw tomatoes too as they are a fruit. Organically grown fruit may be a little more expensive but it is much better for you.

Kuranda Butchery



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**News from
St Saviour's Church**

St Saviour's Church is to sponsor another alpha course starting in April. Alpha is all about learning about the Christian faith and making friends. During Lent (the period of preparation for Easter) there will be additional services at St Saviour's on Wednesdays at 7.30pm and on Sundays at 5.00pm. On Saturday the 6th March St Saviour's will have its first garage sale of the year. It will be a monster sale this time with mountains of new goods for the household and plenty of new books plus of course, cakes and jams. St Saviour's Sunday school has now restarted and is run in conjunction with the family service at 9.30am every Sunday morning. On Sunday the 7th February 30 new pew bibles were dedicated at the morning family service all of whom were given by generous worshippers.

A Thought for March

Fr Chris Wright

This month our bible reading comes from St Matthews Gospel, Chapter 4, Verses 1-11. Our Lord was tempted almost immediately after he had undergone a great spiritual experience - his baptism by John the Baptist, together with the coming of the Holy Spirit, one of the greatest happenings of his early life. The time also was just when Jesus was about to begin his mission of preaching, teaching and healing. He would have been planning for the future and full of hope for the success of his ministry. Both these reasons would make it a time when he felt elated and exalted. How often this is the kind of time when we may be sorely tempted too. We also may have undergone some experience, which has deepened our spiritual life, and made us keen to serve God and this is the very moment when Satan strikes, because we are over confident and over sure of ourselves. Or we have done well at our business or profession or work - and then some weakness or indulgence takes over, and our future is destroyed.

Our Lord was tempted while spending a long time alone, in an uninhabited piece of desert. Often we hear people talk of the temptations offered by big cities, and it is true that there are many places in towns to attract people into sin. On the other hand, do not plenty of ways of doing wrong exist in the depths of the country? The truth is that there are temptations in every kind of surroundings - some are obvious, others less apparent but more subtle. Jesus conquered temptation when he was without human aid in the desert. He did not despise the help of friends when it was available. For instance, he sought support and companionship from three of his apostles in the Garden of Gethsemane, when he was tempted to turn back from the suffering that lay ahead, although on that sad occasion he did not receive the help he sought. In our temptations, we may be able to get help from friends and loved ones; and we too may sometimes be able to give strength and support to others in their struggle with evil. But remember Our Lord, isolated in the desert, fighting against temptation. The help he had there came from the Holy Spirit; and by the Holy Spirit's Power and by his own strength of will, Jesus conquered. Whether we have to do so alone, or have helpers at our side, we will seek to fight the evil around us and within us in the same way that Jesus did, by resisting it with all our human powers and, far more important still, by seeking the Holy Spirit and using this help against our enemy, to support our own all too human efforts. Pray this short prayer: God of compassion, through your Son Jesus Christ, you have reconciled your people to yourself. As we follow his example of prayer and fasting, may we obey you with willing hearts and serve one another in holy love through Jesus Christ our Lord.

WORLD DAY OF PRAYER

Friday, March 5, 1999

"God's Tender Touch"

Service prepared by the Women of Venezuela



INTERDENOMINATIONAL - INTERNATIONAL - INTER-RACIAL. A WORLDWIDE FELLOWSHIP OF WORSHIP AND PRAYER

Friday, 7pm.

St. Christopher's Catholic Church
Barang Street, Kuranda
ALL WELCOME

It is nearly 13 years since I travelled by camper van with my husband and two children through Venezuela during our South American trip. What an amazing landscape, not unlike Australia, with its mountainous coastal tropical areas and vast inland dry lands. The majority of the 30 million population are urbanised and live in poverty due to a poor distribution of its great wealth, mostly derived from oil. Due to widespread family breakdown, women are heads of a quarter of urban families. In the liturgy prepared by the Christian Women of Venezuela we can experience how they feel "God's Tender Touch" in their daily struggles.

Dios to bendiga - God bless you.
Contributed by Krishna Buhler.

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ST SAVIOUR'S
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 8.00am Holy Communion
 9.30am Family Eucharist
 and Sunday School
 5.00pm Holy Communion (Mar 7th)
 5.00pm Evening Prayer (all other)
 Midweek Services
 Wednesday
 7.30pm Holy Communion
 Thursdays
 10.00am Holy Communion
SPECIAL SERVICES
 Monday 1st March (St David)
 6.30pm Holy Communion
ACTIVITIES
 ALPHA
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 Study groups
 Sunday school
Monster Garage Sale
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 Enq Rev'd Chris Wright
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Wednesdays at
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Small Charge:
For Further Information - 4093 8229
Everybody Welcome



JUST ASK Counselling



If you are having a hard time with any problems that might be messing up your relationships, getting in the way of family life or making you feel bad about yourself (in other words - just about any hassles), then you need to talk to one of the counsellors at JUST ASK

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UNITING CHURCH IN KURANDA

Methodist, Presbyterian, & Congregational Churches, joined together in 1977.
Informal style of service.
ALL WELCOME

Sun. Mar 7th 9am. Barang St.
at St. Christopher's Church.
ph. Pr. Don Cracknell 4092 1175.
K. Buhler 4093 7348.

Words of Wisdom

No 54 Arriving Home!

I love to quote a Baul mystic, Chandidas, because that man, in a simple statement, has condensed my whole religion: *Sabar upar manus satya; tahar upar nahin*. Above all is the truth of man, and above that there is nothing. This man, Chandidas, must have been an authentically religious man. He is denying God, he is denying anything above human flowering: *Sabar upar* -- 'above all, above everything'; *Manus satya* -- 'the truth of man'; *Tahar upar nahin* -- 'and beyond that I have travelled long -- there is nothing'.

Once you have reached to your human potential in its total flowering, you have arrived home.
Osho Information Centre. Saddhen. 40 93 0291

**St Christopher's
Catholic Church**
Barang St

Our Sunday Mass will be held
at 6pm
Wednesday Mass
7.30pm



GREAT FOOD

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Kuranda High School News

Student Leaders Sworn In Student leaders for 1999 for Kuranda State High School received their Badge of Office and took their Leadership Oath recently. The school has continued to promote the concept of "teamwork" by electing a Leadership Team, rather than School Captains. All staff and students went to the Ballot Box on Monday, February 15th and the successful candidates were: Ben Jones, Leigh Fischer, Briana Enoch, Helen Coleman, Tessa McCulloch, Adam Harvey, Tammi Fyfe. Member for Barron River, Dr. Lesley Clark presented the Badges at a special ceremony which was attended by students, staff, parents and community members.

International Flavour at School Kuranda High has welcomed two international exchange students for the 1999 school year. Yuta Ito from Japan is being hosted by Leigh Fischer and his family and Diego Zamorano from Chile is the guest of Eddie and Lyn Blythe. Both of the students are in Year Eleven and are already 'settled in' and enjoying their stay.

Newshounds on the Job Kuranda High's Journalism students are on the lookout for news. This semester they are learning about the techniques of good journalism and have already started their careers as young reporters.

New Staff on Deck As Kuranda grows each year, staff numbers are increasing. This year the school welcomed new staff members:

Teachers: Jenny Ferguson, Jeannie Walsh, Julia Brant, Mark Davis, Angie Chapman

Teacher Aides: Carol Kassis, Jeremy Richards



Local Musos Showing the World

Over 150 local musicians and associated organisations are creating a whole new music industry with the vision of taking the region's talent to the world. They've responded to the universal problem that new artists face in gaining exposure through public performance and airplay.

Cairns Songwriters and Musicians Network (CSMN) founding member, Kieran Moran, said that the recently formed dynamic association, whose members represent a wide range of ages, musical styles and aspirations are in the process of establishing performance venues, referral services and a regular publication, "The Bandwagon", which is relevant to all involved in the far north Queensland music scene.

A rapidly growing database of musicians, composers, songwriters, festival organisers, venue operators, accountants, solicitors and other professionals with an interest in the industry, is being updated daily as more people become aware of the association and its goals. National and local radio stations have been extremely supportive and encouraging of the association's initiatives, as have Q-Music (Qld's major music association), APRA (Australian Performance Rights Association) as well as local, state and federal politicians. Mr Moran has been overwhelmed with the response from the community and their recognition of the need for the association. People are very aware of the potential opportunities that networking can give musicians, venue operators, event organisers and their agents. The main focus of the association is to give the public every opportunity to enjoy new talent from local songwriters, composers and performers. World famous Australian bands like AC DC, Little River Band and Savage Garden battled locally for years for recognition, and many were forced overseas before being acknowledged. Within our local area, there is tremendous talent that is also just waiting to be recognised. Several events are planned. **The first of a regular Original Music Night, "Subterranean Culture", will be held on Friday, March 12th.** Association members will showcase their talents at City Place during special performances where each session will feature a number of bands. CSMN is also coordinating work opportunities for buskers who are in high demand at shopping centres, markets, corporate events and festivals.

For more information, contact Kieran Moran on 4032 3042 or Bob Oshand-Vidler on 4058 0020 or Toni Wynne on 0418 745 492.

"Adolescence"

Programs with Janette Bailey

Throughout March there are two new Programs being held in Kuranda. The first titled **The Highs and Lows of Adolescence** has been developed to assist parents in gaining an understanding of adolescent issues through role-playing, information sharing, support and techniques to deal with many problems. The parent course will be held in Kuranda throughout March. The 5 weekly sessions will be on Mondays commencing 1st March 1999 (from 12:30pm to 3:00pm). 'Let's Talk' with Adolescence is the second program, which will be held at Kuranda High School throughout March 1999. There will be 5 Weekly Sessions on Mondays commencing 1st March 1999 (11:00am to 11:50am). This program has been developed with adolescent issues in mind and aims to assist adolescence in gaining an understanding of issues like **Trouble, Criticism, Anger, Self-Doubt and Personal Safety** through role-playing, peer support and individual techniques to deal with many problems. The programs are being run by Janette Bailey. Janette is a psychologist with experience working with young people and families. She is the Family Therapist/Counsellor for the **Just Ask Program**, Cairns. **Just Ask** is a not-for-profit community based program, auspiced by Youth Service Providers Inc., Cairns (operating as Youth Link) and funded by the Federal Department of Family and Community Services. **Just Ask** program aims to assist in the enhancement of the family unit by helping to sustain the development of safe, supportive and nurturing family relationships.

If you would like to put your name down for one of the programs or if you would like some more information please call Rebecca Wells (receptionist) at **Just Ask** Counselling on 4051 7350.



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WORLD NEWS March 1949



50 YEARS AGO

- 5th** Moscow: Stalin appoints Andrei Gromyko First Deputy Foreign Minister replacing Molotov.
- 5th** Adelaide: In his final innings, Sir Donald Bradman, playing for South Australia against Victoria, is bowled for 30 by Bill Johnston.
- 6th** London: The UK has succeeded in manufacturing plutonium for the first time, at Harwell.
- 10th** Canberra: The Papua-New Guinea Act is passed, formally merging the two territories.
- 11th** Rhodes: Israel and Jordan sign a cease-fire.
- 12th** London: The King has an operation on his right foot.
- 16th** Canberra: A bill is passed extending voting rights to Aborigines who served in the armed forces.
- 18th** US: Eight Western countries, including Britain, agreed on a new peace alliance to be known as the North Atlantic Treaty Organisation, or NATO.
- 19th** Warsaw: The Government asks the US to recall its Ambassador for having described Poland as a Soviet satellite.
- 19th** Rome: The IOC begins a meeting to select the city to host the 1956 Olympic Games.
- 25th** Hollywood: *Hamlet* today became the first British film to win an Academy Award for best picture. Sir Lawrence Olivier won an Oscar for best actor. He also directed the film.
- 26th** Melbourne: A block of land in Toorak sells for £7,706 or £120 a foot.
- 31st** Greece: Communist rebels begin an offensive in Thrace and Macedonia.

Shep



THE KURANDA PAPER COMPUTER CLUB

REPORT: Get ready for the Intel marketing blitz of the decade. With AMD and Cyrix nibbling away at Intel's legendary market share and profit margins, Intel is counting on the Pentium III chip to drive up sales and profits. Leaving little to chance, the company intends to make sure we know all about the many and wondrous benefits of the Pentium III chip. The ad dribble started last night with commercials on USA TV's *Frasier*, *Friends* and *ER*. But the dribble becomes a flood a couple days after the February 26 rollout of actual chips in actual PCs. One of the ways Intel spends its marketing dollars is by underwriting the ads of PC vendors. That's how they get that "Intel Inside" logo on all the computer ads you see. Here's a little context.

- * Amount spent by Microsoft to launch Windows 98: \$10 million
- * Amount spent by Microsoft to launch Windows 95: \$200 million
- * Amount to be spent by Intel to launch the Pentium III: \$300 million!
- * Intel's share of costs for PC ads touting Intel Inside for previous chips: 50%
- * Intel's share of costs for PC ads touting Intel Inside for the Pentium III: 75%
- * Increase in the size of the new "Intel Inside" sticker: 5mm.

TIPS OF THE MONTH FOR Win95/98 Do you get tired of the time taken to create a new folder in Windows Explorer? Click *File wait*, Click *new wait*, Click *folder etc*. Here's a new fast way. Try it: **ALT F** then **Enter**, Then **Enter** again. For those of you that use System properties and Device manager try selecting "My Computer in Explorer and hit **Alt** and **Enter**. Also in Explorer hit **End** to go to Recycle Bin and **Home** to go to Desktop. Finally **SHORTCUTS TO SHORTCUTS**. Let's say you don't have much need for those number keys on your numeric keypad but you do have certain applications that you use a lot and have placed a shortcut on your desktop. For an even easier way to get to them, make sure your Num Lock key is on. Right click on the shortcut and select Properties and Shortcut tab. click on the Shortcut Key field, press the number key you want to associate with that application and click OK. From now on, with your Num Lock on, a touch of that number from the numeric keypad will bring up the application. Now you can see why this might be good only for those who have little use otherwise for that keypad. *Have fun, Saddhen*

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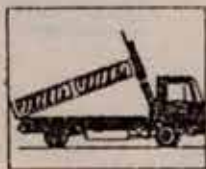
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| * SHOT ROCK | *CON MIX 20MM | *POTTING MIX |
| *GARDEN ROCK | *CEMENT [BAGS] | *PEAT |
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Editorial	Thurs 18	Mar
Advertising	Thurs 18	Mar
Classifieds	Mon 22	Mar
Paper Out	Fri 26	Mar

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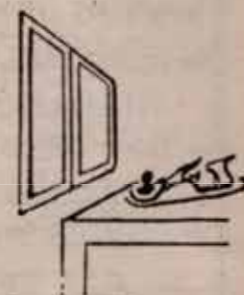


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Free Live Entertainment every Sunday at the Original Kuranda Markets Upcoming Events!
Sun 28th Feb - Clair de Lune - aerialist, amazing acrobat from England, show 11am and 1pm. Plus Rachel the Face Painting Fairy.
Sun 7th Mar - April Shelton - Solo Artist and Rachel the Face Painting Fairy

Sun 14th Mar - Ascendents - featuring Nikki from Funky Love Tank and Frank from Thelonious Funk.
Sun 21st Mar - Gudju Gudju - local band.
Sun 28th Mar - Danny alias Charlie Chaplin comedy, mime and magic.

GENERAL

Plant Sale - Palms, various up to 2m. Natives and exotics, lilies, broms, ferns. Indoor and outdoor plants. Bushtimber displays. Hanging static. Some crafts. Sat 27th. Sun 28th March. Lot 6 Green Lane, Kuranda

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House and Flat to Rent at 62, Pioneer Close, Freedom County. House \$160, Flat \$120 Ph. 4093 0260

"Social Basketball" 6-7 p.m. Kuranda High School. It's fun, social and it's exercise. All skill levels welcome. Ph. 4093 8246 or 4093 8263 (am) for details.

Kuranda Library Official Opening and Open Day. NEW DATE IS MARCH 6 at 10 am at 4 Thoree Street.

For Sale single bed \$95, wicker shelf unit \$65, coffee table \$45. Ph: 4093 8751.

Garage Sale Sat 27 Feb 8am. 9 Fairyland Road. Ph: 4093 8751. Furniture, carpet, curtains, books, toys, crockery, clothes. Plus lots more bargains.

Pool Table for sale \$700. Call 4093 9555

For Sale one exercise bike \$20 + A.P. sports treadmill \$100. Both on Ph. 4093 7969.

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20 March to 1 April
If you can help please contact Tom Punch
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Mareeba Shire Council Kuranda Branch Library

Council Office

4-12 Thoree Street

Phone 4093 9185

OPENING HOURS

Monday 9am - 12noon
Tuesday 1pm - 5pm
Wednesday 3pm - 7pm
Thursday 1pm - 5pm
Friday 9am - 12noon
Saturday 9am - 12noon

No Council services available Saturday

KURANDA LIBRARY COUNCIL OFFICE OFFICIAL OPENING AND OPEN DAY

Saturday March 6, 1999
10am to 2pm

4 - 12 Thoree Street, Kuranda
ALL WELCOME

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Editorial	Thurs 18	Mar
Advertising	Thurs 18	Mar
Classifieds	Mon 22	Mar
Paper Out	Fri 26	Mar

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or 40921044

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CONTRIBUTIONS TO THE GREEN HOUSE ENVIRONMENT SHOP 26 COONDOO STREET.

COMMUNITY CALENDAR

March

- 3 Wed Community Link Project launch CWA 10.30am.
- 5 Fri World Day of Prayer St Christophers Church , Barang St 7pm.
- 6 Sat Library Opening 10am.
- 13 Sat Garden Group, Yencken's 550 Speewah Rd, 2pm
- 17 Wed St Patricks day
- 20 Sat Arts festival meeting Frog's 10am.

Date Claimer

September 22-26 Kuranda Spring Festival

REGULAR MEETINGS IN KURANDA

- Every Sunday Soft Ball Hunter Park Fallon Rd. 2.30 pm Ph.4093 9035
- 1st Sunday R.S.L. 5 pm Sports & Social Club.
- 1st Sunday Family Service, Uniting Church, St.Christophers
- Every Monday Life Span exercise CWA Hall 9.30am
- Every Monday Venturers 5 pm 4093 7288
- 1st Monday Pensioners, 1.30 pm, CWA hall Ph 4093 7170
- 1st Monday Rangers Soccer Club. 7.30p.m.Ph.4093 7816
- 2nd Monday KISC 7.30 pm, 17 Thongon St. Ph.4093 8933
- 2nd and 4th Mon Kuranda Lions 7.30 pm S & S club, Fallon Road. Ph.4093 7187
- Every Tuesday Play group. St Saviours, 9.00 am-11.00 am Ph.4093 0146
- Every Tuesday Cubs 7 pm. Ph.4093 7288
- Every Tuesday Al Anon 8 pm Anglican Church.Ph.4093 0462 or 4093 9294
- Every Tuesday Weight Watchers. CWA Hall. 6pm Ph.4093 9079
- 1st Tuesday 8 Ball 7.15pm at Speewah Tavern, Fitzies Tavern and S & S Club
- 2nd Tuesday Pony Club 7.30 pm Mantaka
- 3rd Tuesday Koah Sports & Social Club 7.30 pm - meets club hall
- Every Wednesday High School P & C 7pm
- 1st Wednesday K. Primary School P & C 7.30 pm Ph.4093 7201
- 2nd Wednesday Craft classes at CWA Hall 9.30 am.
- 3rd Wednesday Social Basketball High School 6pm
- 4th Wednesday Play group. St Saviours, 3.00pm-5.00 pm Ph.4093 0146
- 5th Wednesday Kuranda EnviroCare, Rainforest Resort 7 pm
- 6th Wednesday Chamber of Commerce, 5pm. Frogs Resturant
- 7th Wednesday Q.C.W.A meeting 1.30 pm
- 8th Wednesday ARK Ratepayers and Residents, High school 7.30 pm.
- 9th Wednesday Sports & Social Club meeting 7.30 pm.
- 10th Wednesday Respite Care, CWA Hall, 9 am-3pm
- 11th Wednesday Rotary, 6 pm for 6.30 Rainforest Resort. Ph.4093 7428
- 12th Wednesday Ambulance, 7.30 pm. Ambulance Centre, Fallon Rd.
- 13th Wednesday 8 Ball Comp:S & S Club 7.15pm
- 14th Wednesday Scouts. Ph.4093 7288



The flight of steps leading to Coondoo Street links the library and car parking to the shops. St Saviour's Church and it's gardens may be seen on the right Photo R Dods



The new Committee
 President- Mike Mabbutt
 Secretary- Jan Stephens
 Treasurer- Lex Briginshaw
 Grounds- Rene
 Bookings- Annie Dobson
 Stage- Liza Dewey
 Bar- Mark Gibson & Leith.

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CONTRIBUTIONS TO THE GREEN HOUSE ENVIRONMENT SHOP 26 COONDOO STREET.

PLEASE CHECK IF, THE DAY, TIME AND PH.NUMBER ARE CORRECT.



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RAVENSHOE		8:00am		2:15pm	4:00pm				
HERBERTON		8:35am		2:40pm	4:30pm				
MALANDA		9:20am	10:05am				8:35am	9:20am	
YUNGABURRA		9:30am	10:15am				8:45am	9:30am	
ATHERTON	6:30am	9:15am	10:45am	3:30pm	4:50pm	6:30am	9:15am	10:45am	
MAREESA	7:00am	9:45am		4:00pm		7:00am	9:45am		
KURANDA	7:30am	10:20am	12:45pm	2:10pm	4:30pm	7:30am	10:20am	8:30am	10:25am
CAIRNS (AM)	8:15am	11:15am		5:15pm		8:15am	11:15am	9:15am	11:15am

FROM CAIRNS:	MONDAY TO FRIDAY (Except Public Holidays)				SATURDAY (Except Public Holidays)		SUNDAY AND PUBLIC HOLIDAYS		
DEPART									
CAIRNS	8:30am	9:30am	1:30pm	2:15pm	5:30pm	8:30am	1:00pm	8:30am	1:00pm
KURANDA	9:05am	10:10am	2:10pm	2:55pm	6:05pm	10:05am	1:40pm	10:10am	1:40pm
MAREESA	9:40am		4:30pm		6:40pm	10:40am	2:15pm		2:15pm
ATHERTON	10:15am		5:00pm	7:15pm	7:15pm	11:15am	2:45pm		2:45pm
YUNGABURRA			5:30pm				3:05pm		3:05pm
MALANDA (AM)			5:45pm				3:15pm		3:15pm
HERBERTON	10:30am		5:30pm	7:35pm			3:15pm		3:15pm
RAVENSHOE (AM)	11:00am		5:00pm	7:00pm					

* School Days Only * MUST Book Ahead
 AIRPORT/TRINITY WHARF DROP-OFF AVAILABLE ON MOST SERVICES UPON REQUEST (Additional fare applies)
 HOSPITAL & DOCTORS STIPENDS DROP-OFF (Eastern side of Sheridar St only) AVAILABLE ON SELECTED SERVICES (Additional fare applies)
 N.B. NO SERVICES OPERATING ON CHRISTMAS DAY OR GOOD FRIDAY

Dead Lines	Editorial	Thurs 18	Mar
	Advertising	Thurs 18	Mar
	Classifieds	Mon 22	Mar
	Paper Out	Fri 26	Mar

